TAKING TO TIKTOK TO LIFT HEALTH TABOO PAGE 17

The Journal

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Donations boost for Trusts' bid to buy historic estate

£5.5m pledged as £30m appeal nears target

GRAEME WHITFIELD

A MAJOR plan to buy a historic country estate in Northumberland is within touching distance of success after donations of more than £5m were received in recent days.

The Northumberland Wildlife Trust and the national Wildlife Trust announced less than a fortnight ago that they had reached the £20m mark in a drive to buy the Rothbury Estate for £30m.

That has led to a number of large donations totalling £5.5m, meaning the fundraising total now stands at more than £26m. The boost comes ahead of an October deadline to buy the 9,500-acre estate from the family of the Duke of Northumberland.

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The Journal

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Find the latest information on planning proposals, traffic notices, goods vehicle operator licences, licences to sell alcohol and probate notices, **see classified section** or visit **publicnoticeportal.uk**

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Food support for families 'has not been withdrawn'

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THE Mayor of North Tyneside has reassured residents that school holiday support for low-income families has not been "withdrawn" following the final supermarket voucher payment.

In North Tyneside, low-income families in need of school holiday food support have received their last supermarket voucher, totalling £65, in July.

However, North Tyneside Council's Labour leader Karen Clark has said support for families will continue through the Holiday Activities and Food Programme (HAF) and its Crisis Support scheme.

Families requiring income-related free school meals had received a £15 supermarket voucher per child for each week of the school holidays.

Due to reduced government funding in summer 2025, this changed to two £65-per-year payments, with families receiving the final transitional voucher last month.

Mayor Karen Clark said: "We are committed to giving children and young people the best start in life and creating better lives for all in North Tyneside.

"Support for families during the school holidays has not been withdrawn. The Government ended the Household Support Fund and introduced the Crisis and Resilience Fund, which has different rules and a different level of funding. This means councils have had to change how they provide help during school holidays.

"North Tyneside Council issued a £65 supermarket voucher in July for families receiving income-related free school meals as part of the Government's transitional arrangements, in line with neighbouring authorities. The previous weekly voucher model was no longer sustainable under the new national framework.

> Karen Clark

"Families continue to receive support through the Holiday Activities and Food programme, which provides free activities, food and enrichment for children on income-related free school meals, and through our Crisis Support scheme for those facing sudden financial difficulty.

"The new arrangements allow us to support families in a more holistic and sustainable way, ensuring people get the right help at the right time."

Tory Preston and Preston Grange councillor Liam Bones said: "Holiday activities can be valuable, but they do not pay for the weekly food shop. Nor is forcing a family to apply for crisis assistance the same as providing a straightforward automatic support before they reach breaking point.

"The council should stop pretending this decision was unavoidable. The new government guidance still allows councils to provide supermarket vouchers, and other authorities have chosen to continue doing so.

"Labour has made a political choice to take this money away from North Tyneside families.

"The mayor must explain how many children will lose this support, what assessment has been made of the impact on holiday hunger and whether the council will reconsider this decision before the next school holidays in October."

Weather

Around the Country

	Thursday			Friday		
		°C	°F		°C	°F
Birmingham	tstorms	21	71	showers	20	69
Bristol	tstorms	23	74	showers	21	70
Cardiff	tstorms	22	72	showers	21	69
Carlisle	cloudy	23	73	showers	20	68
Exeter	rain	22	72	showers	22	71
Gloucester	showers	23	74	showers	22	71
Leeds	rain	23	73	rain	21	69
Liverpool	tstorms	21	70	showers	19	67
London	tstorms	24	76	showers	22	72
Manchester	tstorms	22	71	showers	20	67
Norwich	tstorms	21	70	showers	21	69
Nottingham	tstorms	22	72	showers	21	69
Plymouth	cloudy	22	72	showers	23	73
Swansea	showers	21	70	showers	20	68

Around the World

	Thursday			Friday		
		°C	°F		°C	°F
Amsterdam	overcast	31	87	rain	22	71
Beijing	cloudy	25	77	rain	23	74
Corfu	sunny	30	86	sunny	31	88
Majorca	pcloudy	38	100	rain	31	87
Mexico City	rain	23	74	rain	24	75
Moscow	cloudy	22	71	rain	19	67
New Delhi	overcast	31	88	overcast	40	104
New York	rain	28	82	rain	31	88
Paris	rain	30	86	rain	23	74
Rio	rain	26	79	sunny	28	82
Rome	pcloudy	33	91	pcloudy	39	103
Sydney	rain	17	63	pcloudy	18	64
Tokyo	rain	31	88	rain	31	88

Today's Weather

Skies will be mostly cloudy to cloudy today with scattered rain and thunderstorms. Afternoon highs will range from 18 to 23C.

Sun & Moon

Sunrise 6:03 a.m.
Sunset 8:06 p.m.
Moonrise 7:53 p.m.
Moonset 4:55 a.m.

Aug. 28	Sep. 4	Sep. 10	Sep. 18
Full	Last	New	First

Almanac

	Grimsby	Leeds	Newcastle upon Tyne
Yesterday's High (°C/°F)	24/75	25/77	17/63
Yesterday's Low (°C/°F)	16/61	22/72	15/59
Yesterday's Precip	0.00"	0.00"	0.00"
	Hull	**Middlesbrough**	**York**
Yesterday's High (°C/°F)	24/75	17/63	26/79
Yesterday's Low (°C/°F)	21/70	15/59	23/73
Yesterday's Precip	0.00"	0.00"	0.00"

Four-Day Outlook

Friday
Scattered light showers.
19°C/ 66°F 14°C/ 57°F

Saturday
Isolated light showers.
18°C/ 64°F 13°C/ 55°F

Sunday
Scattered light showers.
19°C/ 66°F 12°C/ 54°F

Monday
Isolated light showers.
17°C/ 63°F 11°C/ 52°F

High Tides

	Thursday				Friday			
Holy Island	4.5	3:02 a	4.5	3:33 p	4.7	3:33 a	4.6	4:05 p
Newcastle	5.0	3:48 a	5.0	4:19 p	5.2	4:19 a	5.1	4:50 p
Tynemouth	4.7	3:45 a	4.7	4:16 p	4.9	4:16 a	4.8	4:47 p
Sunderland	4.9	3:41 a	4.9	4:13 p	5.1	4:13 a	5.0	4:45 p
River Tees Ent.	5.0	3:58 a	5.0	4:30 p	5.2	4:30 a	5.2	5:02 p
Spurn Head	6.6	5:44 a	6.4	6:21 p	6.8	6:19 a	6.6	6:54 p
Grimsby	6.7	6:00 a	6.5	6:36 p	6.9	6:34 a	6.7	7:10 p
Wells	3.1	6:48 a	3.2	7:37 p	3.5	7:23 a	3.4	8:07 p
Dover	6.3	11:36 a	6.3	11:52 p	6.5	12:07 p	----	----
Liverpool	8.6	11:45 a	9.1	11:53 p	8.9	12:16 p	----	----

GRAEME WHITFIELD
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£5m boost puts plan to buy estate 'within touching distance'

> The Rothbury Estate in Northumberland

A MAJOR plan to buy a historic country estate in Northumberland is within touching distance of success after donations of more than £5m were received in recent days.

The Northumberland Wildlife Trust and the national Wildlife Trusts announced less than a fortnight ago that they had reached the £20m mark in a drive to buy the Rothbury Estate for £30m.

But that announcement has led to a number of large donations totalling £5.5m, meaning the fundraising total now stands at more than £26m.

The boost comes ahead of an October deadline to buy the 9,500-acre estate from the family of the Duke of Northumberland.

Opportunities for donations to be effectively doubled through match funding have been extended to the end of September, and the charities have indicated that they could if necessary take low-interest loans to complete the £30m needed to buy the land.

The trusts said they were within "touching distance" of meeting the estate's asking price.

The Wildlife Trusts want to create a 40-mile wide "nature corridor" linking the Northumberland Coast to Kielder Forest through the estate, as well as stopping the land being broken up into multiple ownerships.

They will focus on nature recovery and regenerative farming, with the possibility of re-introducing species such as beaver, bison and golden eagles as longer-term possibilities.

The trusts say they will work alongside local people and farmers on their plans for the estate.

They aim to improve the land's resilience to hot and dry summers by re-wetting the landscape, creating pools and ponds, restoring peat bogs, and creating healthier river corridors to help hold water back both in periods of drought and significant rainfall.

A two-year fundraising campaign has included local efforts including wreath-making workshops and selling Christmas trees to donations from around the world, including from Finland, Bermuda, the US and the Philippines.

The support of naturalist Sir David Attenborough – who called the estate a "very special place" – provided a boost to the appeal's visibility.

Mike Pratt, CEO of Northumberland Wildlife Trust, said: "It has been both heartening and humbling to see how many people have been inspired by this opportunity and are choosing to support our success at Rothbury.

"It is clear that stories of hope and positive action are resonating with people far beyond The Rothbury Estate's boundaries.

"Having marked the incredible £20m milestone moment only last week, it has been the most extraordinary few days for the appeal and we're really excited to now be within touching distance of the £30m needed to purchase the entire estate.

"This has been a remarkable collective effort and we're incredibly grateful to everyone that has supported so far – now let's make it happen, let's get this over the line."

It is clear that stories of hope and positive action are resonating with people
Mike Pratt

The latest local fundraising effort is seeing local businesses in Heaton, Newcastle, raffle a number of unusual items for the appeal.

Musical instrument shop Curvy Sounds is raffling a bespoke Tokai Les Paul guitar customised by founder Andrew Mills, and another guitar worth more than £1,000 has been donated by local singer-songwriter Nev Clay. Items have also been donated by local businesses and the band Maximo Park. Tickets can be bought by emailing the shop at curvysounds@yahoo.com

> Mike Pratt, CEO of Northumberland Wildlife Trust

More morning trains lined up to carry Great North runners

LNER has announced extra train services to help transport thousands for this year's Great North Run event, set to be the biggest ever.

On the morning of Sunday, September 13, those travelling to the region from across the country can benefit from more trains.

People travelling from places such as Edinburgh, Durham, Darlington, Doncaster and Leeds will be able to take full advantage of the additional services, ensuring that everyone who needs to be in the North East for the event can be here with plenty of time to spare.

The times of the additional trains are as follows:

- 0645 from Edinburgh Waverley, calling at Dunbar (0707), Reston (0723), Berwick-upon-Tweed (0734), Alnmouth (0755), Morpeth (0809), arriving at Newcastle at 0823;
- 0700 from Leeds, calling at York (0725), Northallerton (0745), Darlington (0759), Durham (0816), arriving at Newcastle at 0832;
- 0700 from Doncaster, calling at York (0722), Darlington (0750), Durham (0808), arriving at Newcastle at 0823;
- 0705 from Darlington, calling at Durham (0722), arriving at Newcastle at 0738;
- 0834 from Darlington, calling at Durham (0851), arriving at Newcastle at 0907.

David Flesher, commercial director at LNER, said: "Whether you're taking part in the run, cheering on friends and family, or soaking up the atmosphere, we want to make the journey as smooth as possible."

Book tickets at www.lner.co.uk

NEWS

State of A1 not up to standard, admits business secretary

DANIEL HOLLAND
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THE A1 in Northumberland is not up to standard, a senior Labour minister has admitted.

Business Secretary Jonathan Reynolds has insisted that the Government understands the mounting level of concern over the long-standing failure to upgrade the road, which has been described as a "national embarrassment" following a series of fatal accidents this year.

It comes after Andy Burnham opened the door last week to a renewed bid to dual the notorious route.

Previous plans to dual 13 miles worth of single carriageway on the A1 between Morpeth and Ellingham were cancelled by Labour in 2024, after it was deemed that the £500m scheme was not value for money.

After six people were killed in three separate crashes in May and June, there have since been renewed calls for the Government to commit to dualling the A1 up to the Scottish border.

As well as the major safety worries, local leaders have argued that the A1's lack of capacity is a major barrier to business growth and tourism in Northumberland.

Mr Reynolds, a North East native who grew up in Houghton-le-Spring, admitted on Tuesday that the state of the A1 "feels sort of inappropriate" – though he stopped short of promising Whitehall backing for the dualling vision.

The business secretary, speaking on a visit to County Durham, added: "There is a safety, an economic, and a business case. I know it feels, for people around here, so incongruent that such a significant transport corridor is not of a standard that we would expect.

"I really do, personally and from a ministerial point of view, understand the case here.

"The roads budget has come under some pressure because of the need to raise defence spending. That has put a lot of worthy projects into a difficult position.

"But I would echo what the Prime Minister said, we do understand this... when we talk about business and economic opportunities, infrastructure is a key part of that.

"The Government changed the fiscal rules to put more money into infrastructure, which we are starting to see the effects of.

"I would love to be able to be in a position to make promises, [but] I can't on that.

"I can say yes, from the prime minister downwards, people understand what this means – the concerns about the economic impact and the safety impact as well."

Northumberland County Council has complained that some £68.4m had already been spent on dualling preparations before the project was cancelled in 2024. The authority has also committed £20,000 to fund evidence gathering to support the case for dualling, as the number of accidents has continued to rise this summer.

The Journal, sister paper The Chronicle and companion website Chroniclelive are bringing together a coalition of political, business and community leaders to demand an end to four decades of inaction and has launched a petition calling for the dualling case to be re-examined.

Mr Burnham said last week that his No 10 North operation would work with the North East mayor Kim McGuinness to seek an "alternative way" to fund the A1 upgrades.

In a letter to the Prime Minister, Conservative county council leader Glen Sanderson described the A1 as "both a danger to life and a brake on our economic potential".

He argued that other planned safety improvements on the A1, the details of which are yet to be announced, would not "address fully the issues of overcapacity and lack of dual carriageway".

> *I know it feels so incongruent that such a significant transport corridor is not of a standard we expect*
> **Jonathan Reynolds**

TWO PEOPLE ARE INJURED IN TWO-CAR COLLISION ON A1

Two people were treated at the scene of a crash in Northumberland by paramedics after emergency services were called to reports of a two-vehicle collision on the A1 near Tritlington at 10.20am yesterday (Wednesday).

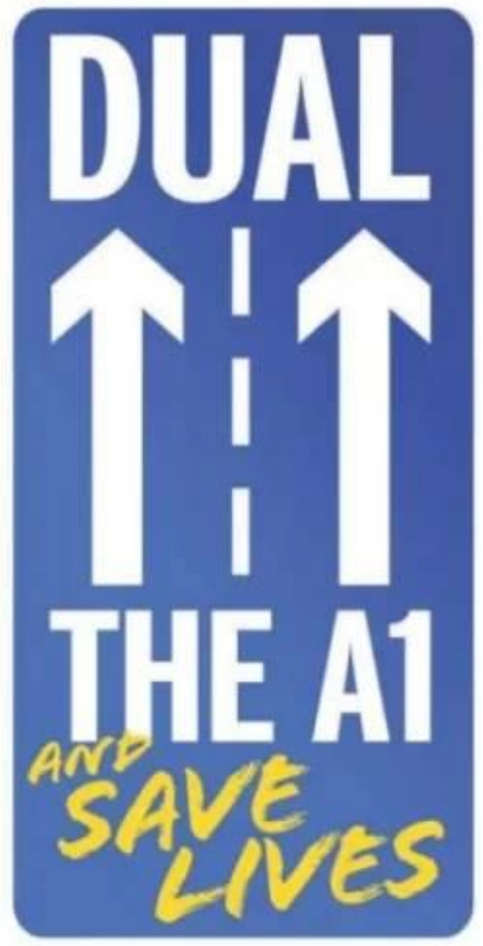
Following the collision the road was blocked in both directions with queueing traffic. A section between A697 Longhorsley turn off and Chevington Moor turn off was closed for several hours to allow for recovery of the vehicles involved by police. It has since re-opened to traffic.

Emergency services attended the scene and found neither of the two patients were believed to have been seriously injured, according to a spokesperson for Northumbria Police. A North East Ambulance Service spokesperson said: "We were called to a road traffic incident on the A1 near Tritlington in Morpeth on Wednesday 26 August at 10.40am.

"We dispatched one ambulance crew and two patients were treated and discharged on scene."

The collision follows renewed calls to dual the A1 up to the Scottish border after six people were killed in three separate crashes in May and June.

> Business secretary Jonathan Reynolds visiting semiconductor manufacturer Pragmatic in Durham on Tuesday



Parents of teenager killed in fatal e-bike crash pay tribute

> McKenzie Ratcliffe, 18, with girlfriend Olivia Dillon

THE parents of a teenager killed when the electric motorbike he was riding collided with a van have paid a moving tribute to a "young man who had his whole life ahead of him".

McKenzie Ratcliffe, 18, was on the bike when it was involved in a head-on collision with a Mercedes Sprinter van in Waterville Road, Meadow Well at 5.25pm on August 19.

In a tribute to McKenzie, who worked as an apprentice electrician, his parents said: "Our hearts are broken – nothing seems real.

"McKenzie was such an amazing young man – he had his whole life ahead of him. We want to thank each and every person for their love and support at this awful and sad time – nothing has gone unnoticed.

"We would also like to thank passers-by, especially the lady that didn't stop doing CPR on our boy until the emergency services attended and also thank the emergency services for doing their best."

The grieving parents added: "McKenzie leaves behind so many broken hearts, his brother Leighton, his two sisters Brogan and Bonnie, his nana, grandads, uncles, aunt and so many more and not to forget his friends.

"McKenzie also leaves his girlfriend Olivia. Olivia was McKenzie's world and she will always be a part of our family, even more so now.

"The love everyone is showing us as a family is unbelievable. We would ask that anyone taking part in memorial events to McKenzie does so respectfully."

The van's driver remained at the scene to assist with police enquiries. An investigation remains ongoing.

Sergeant Craig Bartle, of Northumbria Police's roads policing unit, said: "Our thoughts continue to be with McKenzie's family and we are continuing to support them during this extremely difficult time."

Anyone with information is asked to contact Northumbria Police quoting reference NP-20260819-0748.

Minister pledges tech jobs boost for region's youth

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A LABOUR minister has pledged to give the North East's young people a clear career path into hi-tech jobs that can "re-industrialise" our region.

Business secretary Jonathan Reynolds hailed the "world-class" innovation at microchip firm Pragmatic, on a visit to the firm's Durham factory on Tuesday.

The senior minister, who grew up in Houghton-le-Spring, said that the semiconductor maker offered "something really significant for what we need for the whole of the UK", amid promises from Andy Burnham to rebuild the nation's manufacturing base and overhaul the education system to promote technical skills.

Mr Reynolds, making his first visit since returning to the role of business secretary under Mr Burnham's premiership, told The Journal that science and tech jobs could help restore some of the "lost economic and political power" which once came from the North East's mines and shipyards.

He said: "When the prime minister talks about reindustrialisation, this is what we are talking about. I don't want people to think that is nostalgia, looking to the past, making the economy as it was in the 1970s."

The business secretary added: "What the prime minister really does understand, and I know this because Houghton is about half an hour from here, is that while people don't want those mines and shipyards back they do feel in many cases that their areas lost economic and political power in that time.

"That, I think, has been a real material influence in how people see their own lives and see the political system. The prime minister really does get that, I have seen it first-hand in Greater Manchester.

"What we have here [Pragmatic] is not only something that is world-class – if you work in this sector, this is one of the best places in the world to work and there is no doubt about that.

"But it also answers one of the persistent problems in the UK that you hear time and time again, examples of brilliant British science and innovation that were commercialised abroad and we didn't get the jobs. Pragmatic is challenging that and showing it can be done here."

Pragmatic, whose facility at the Meadowfield industrial estate was officially opened by Princess Anne in 2024, hopes to grow to providing 500 jobs within the next five years.

The high-tech firm's revolutionary products include a tiny chip which can be placed into products and show with the tap of a smartphone whether they have been tampered with, something it is also hoped will help combat counterfeiting of items like cosmetics and drinks.

Catherine Ramsdale, the company's senior vice president of technology, said that growing a talent pipeline of young workers in the North East was a key ask to the Government.

> *If you work in this sector, this is one of the best places to work in the world*
> **Jonathan Reynolds**

She said that there must be a push to "make science exciting" to schoolchildren and show them how it can translate into real jobs, including by removing barriers to work experience opportunities, in order to prevent them from being "siphoned off" into the AI and finance sectors.

The new prime minister has promised "no dead ends" for thousands of young people across the North East facing joblessness when they leave school, pledging reforms that would allow pupils to combine studies in core academic subjects like English and maths with "prestigious" technical education directly linked to jobs.

North East mayor Kim McGuinness' top demand of Mr Burnham has been to hand her major resources to help solve the youth unemployment crisis, with a particular focus on driving people into jobs in the housebuilding and retrofit industries.

Mr Reynolds said on Tuesday that "really significant power" would be devolved to help deliver the overhaul of the skills system and tailor it to the North East's demands.

He told The Journal: "The ability, as happens in most other countries, for local areas to tailor the kind of education offer to young people around some of the local economic opportunities is key. We do expect that – it is a partnership, it is always going to be, between state and business."

Mr Reynolds added: "You can set the system up to enable this, but what people want is the best work opportunities, the world class opportunities.

"It is important to say to people that they exist here in County Durham."

> North Tyneside Council's recycling centre

Ban on fridges and freezers is lifted

NORTH Tyneside Council's temporary ban on accepting fridges at its tip in North Shields has been lifted.

Last week, following the footsteps of local authorities across the country, North Tyneside Council announced it was no longer accepting fridges or freezers at its Household Waste Recycling Centre (HWRC).

The council was among the latest authorities to be caught up in a national hold-up on the proper processing of such white goods.

However, as of Tuesday afternoon, the tip at Wallsend Road in North Shields can accept fridges and freezers again. Through its social media channels, North Tyneside Council said: "We're now able to take fridges and freezers again at the Household Waste Recycling Centre, and bulky waste bookings are back open for these items too.

"Thanks a lot to everyone who kept hold of their appliances while things were on pause. Our teams have cleared the backlog, and we've not seen any rise in fly-tipping, which we really appreciate.

"You can book a bulky waste collection or check HWRC opening times as normal."

North Tyneside, alongside parts of Northumberland, was one of the few council areas in the North East which had to block fridges and freezers at its tips due to the backlog.

However, Newcastle, Gateshead, Sunderland, South Tyneside, and Durham councils all stated they were monitoring the situation as it developed and continues to develop.

Residents, when approached by The Journal last week, expressed frustration with the ban, with several expressing fears of fly-tipping. One resident dubbed the move "shocking", and another stated: "I pay £25 a year to park outside my own house and also pay £25 a year to have my garden waste collected. When you pay your council tax, you expect something from them."

NEWS

Bereaved dad shares his thanks

> Floral tributes left on Wylam bridge for Liam Potts

SAM VOLPE
Health reporter
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A GRIEVING dad has paid tribute to those who helped in the search to find his son – a member of the armed forces who died at Wylam last week.

Paul Potts has spoken of how his family received incredible support during the search to find his son, Lance Corporal Liam Potts of the Coldstream Guards.

Liam, 22, was reported missing on Saturday, August 15, following a night out with friends.

Northumbria Police confirmed that officers had recovered a body from the River Tyne, a short distance away from Wylam Bridge, on Tuesday, August 18.

Last week, the force confirmed two men in their 20s had been re-arrested on suspicion of manslaughter.

Now, Liam's father Paul has released a statement through the Ministry of Defence. Paul said: "There are lots of wonderful things being said about our son, which has genuinely touched our hearts. Myself, Mandy, James and Erin would like to thank everyone so much for their kindness and help over this last week.

"A very special thank you to Liam's other family, the British Army, and particularly his fellow Coldstreamers.

"Their support during this very emotional time is 'Nulli Secundus'."

Nulli Secundus is the regimental motto of the Coldstream Guards, meaning "second to none".

Paul also thanked those who had helped the search for Liam last week.

He said: "Without question, our brilliant rescue volunteers and professionals have, with dignity and a world-class standard, done the whole North East proud.

"The generous donations we've received are simply overwhelming and I know the rescue teams are feeling the same.

"A tragedy like this has and will continue to affect everyone. I hope each person involved can get and receive help if needed."

Paul also shared his family's personal wishes to a man in his 20s who suffered serious injuries on the evening Liam was reported missing.

Northumbria Police has previously said how, prior to Liam's disappearance, officers received a report of a disturbance at The Boathouse and a subsequent collision on Wylam Bridge.

This involved a vehicle and a group of pedestrians. A man and woman – each aged in their 20s – both sustained serious injuries in the collision, which were not life-threatening.

Paul added that the family wished the injured man "a speedy and full recovery", adding: "He and his family equally need the compassion and love we have received."

He also shared a message in Liam's honour – adding: "Dear all, please hold, cuddle, and cherish your loved ones. Smile, laugh and enjoy each other's company. Liam would have raised a glass to that. Regards, the proudest dad in the world, Paul."

> Liam Potts

New analysis pinpoints health by postcodes

SAM VOLPE
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A STARK new report shows how in some areas of the North East, life expectancy can be as much as 18 years lower than elsewhere in the country.

The new analysis, shared by Health Equals as part of its "Shelf Life" campaign, shows there are huge disparities within the North East, too.

For example, in Newcastle, someone born today in Byker South and St Peter's can expect to live to the age of 72 – 13 years less than counterparts living in South Gosforth, where people are likely to, on average, hit 85.

The data is based on small areas where the population is between 5,000 and 15,000.

With the issues repeated across our local areas – there is a 15-year disparity between areas of Northumberland, an 11-year gap in County Durham, and a 13-year difference between areas of Sunderland – Health Equals is calling on the Government to ensure that tackling health inequality is something central to decision making across departments.

Overall, the data shows a clear North-South divide. Of the 100 areas with the lowest life expectancy in England, 81 are in the North East, North West or Yorkshire and the Humber. Of the remaining 19, 14 are in the Midlands.

Overall, Blyth Cowpen, Byker South and St Peter's, Newton Aycliffe West and Grangetown in Sunderland are all among the bottom 100.

By comparison, of the 100 places with the highest life expectancy, 70 are in London, the South East or the South West.

In our region, only Darras Hall, Stamfordham and Heddon are in the top 100.

And when the Office for National Statistics examines for how much of our lives we can expect to live in good health, the results are also alarming.

Looking simply at how long women should expect to be healthy, in Blyth Cowpen, the most recent answer is just 52.5 years.

In the Hendon and Docks area of Sunderland, it is 52.6, while Newton Aycliffe West, Elswick South, Stanley South, Horden, Murton North and Parkside and Byker South and St Peter's are all also seeing women live less than 54 years in good health.

By comparison, women living in Knightsbridge, Belgravia and Hyde Park in London can expect to be healthy for 81.2 years – which is just short of a 30-year chasm.

This is why Health Equals is campaigning for change.

Paul McDonald, director of Health Equals said: "Your postcode shouldn't determine your shelf life. But in the UK, it does. Let's not forget that behind these figures are real people with families, loved ones, jobs, hobbies – and their lives are being cut short because of things out of their control. This should be considered a national crisis.

"This isn't just bad luck or down to individual choices – it's because too many people don't have access to the basics that help us stay healthy.

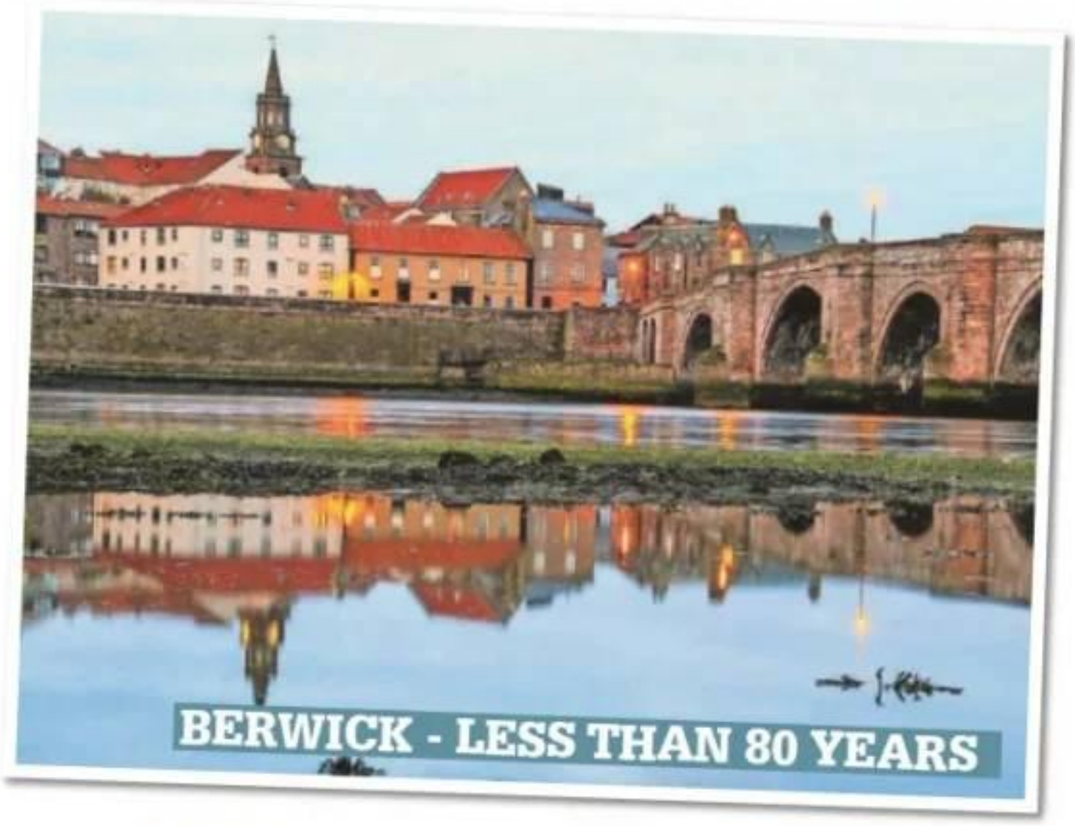
"And these inequalities don't just affect individuals – they hold back families, jobs and our economy, and put pressure on services like the NHS.

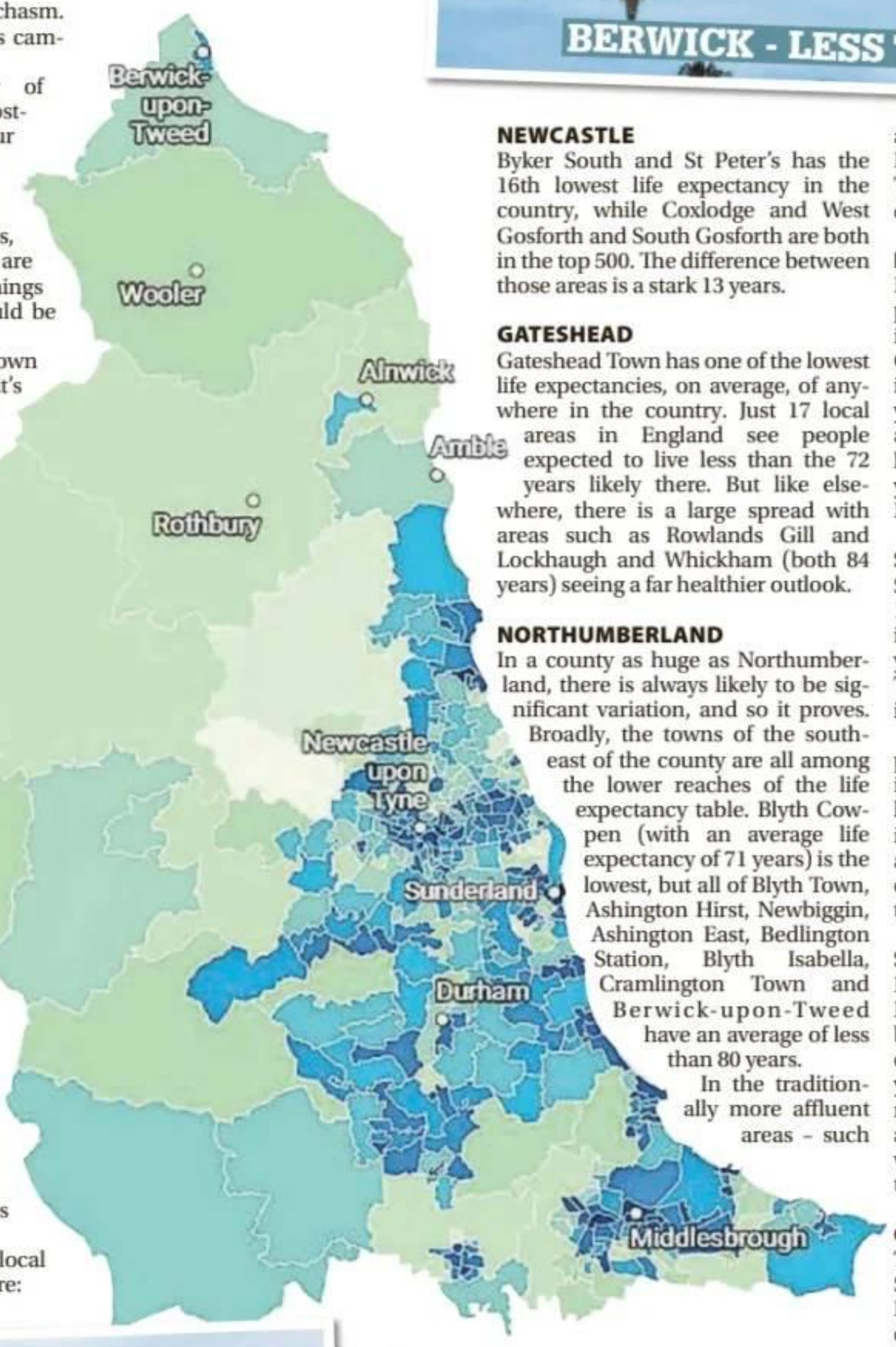
"Our health should be a national priority, and change is possible.

"Health Equals is calling for a change in the law to make improving health and tackling inequalities a legal duty for this and future governments.

"If Andy Burnham is serious about creating good growth in every British postcode, this will be one of his first priorities in Number 10."

This is how the seven local authority areas in our region fare:





NEWCASTLE
Byker South and St Peter's has the 16th lowest life expectancy in the country, while Coxlodge and West Gosforth and South Gosforth are both in the top 500. The difference between those areas is a stark 13 years.

GATESHEAD
Gateshead Town has one of the lowest life expectancies, on average, of anywhere in the country. Just 17 local areas in England see people expected to live less than the 72 years likely there. But like elsewhere, there is a large spread with areas such as Rowlands Gill and Lockhaugh and Whickham (both 84 years) seeing a far healthier outlook.

NORTHUMBERLAND
In a county as huge as Northumberland, there is always likely to be significant variation, and so it proves. Broadly, the towns of the south-east of the county are all among the lower reaches of the life expectancy table. Blyth Cowpen (with an average life expectancy of 71 years) is the lowest, but all of Blyth Town, Ashington Hirst, Newbiggin, Ashington East, Bedlington Station, Blyth Isabella, Cramlington Town and Berwick-upon-Tweed have an average of less than 80 years.

In the traditionally more affluent areas – such as Darras Hall, Stamfordham and Heddon – life expectancy hits 87. That's just three years below the highest figure seen nationally.

NORTH TYNESIDE
North Tyneside sees a ten-year disparity of life expectancy if you travel inland from Whitley Bay North to Chirton in North Shields. The former is among the best places to be if you're hoping for long life – the average life expectancy is 85. However the latter sees the figure fall to just 75 years. That's also the case for Percy Main.

SOUTH TYNESIDE
South of the River Tyne, there is an 11-year gap between life expectancy in Cleadon and East Boldon (86 years) and in South Shields West (75). Tina Roche, 69, lives in Whiteleas and is backing the campaign.

She said: "I think it's a vital campaign and it is something I am so interested in. It's about how do we help people to keep being well. It's so important and shows we need to look at building blocks and how can we change things and make it better for the people living here."

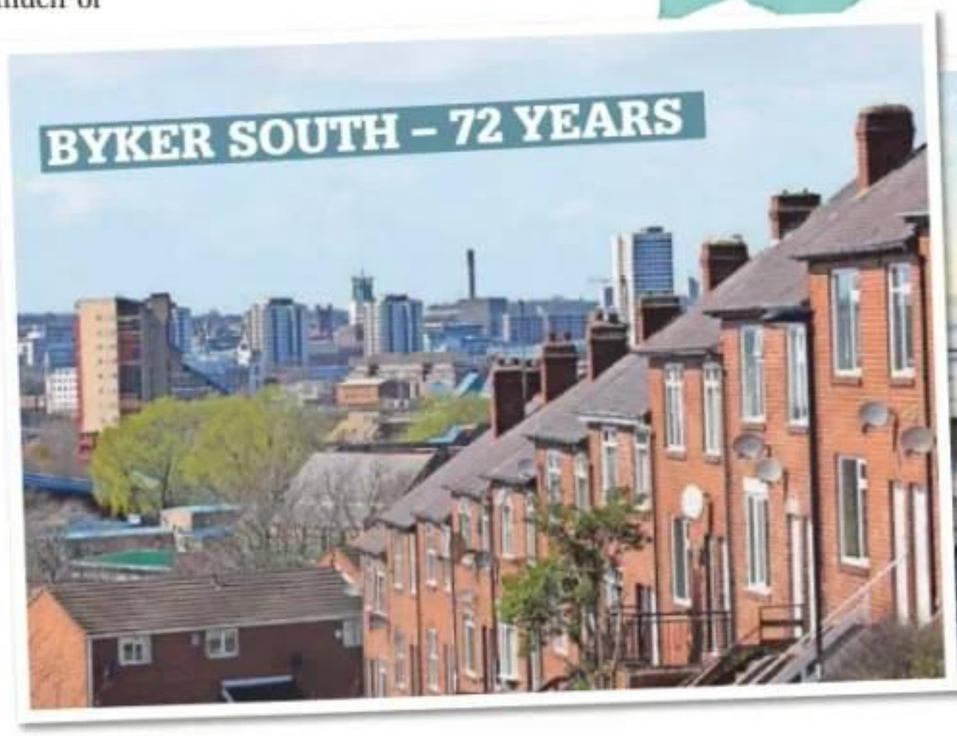
SUNDERLAND
In Sunderland, the Hendon and Docks area is among the lowest for both life expectancy and healthy life expectancy. Life expectancy is just 72 years – 13 years fewer than along the road in Fulwell, or a few miles south at Herrington and Doxford Park, where people can on average expect to live until they are 85.

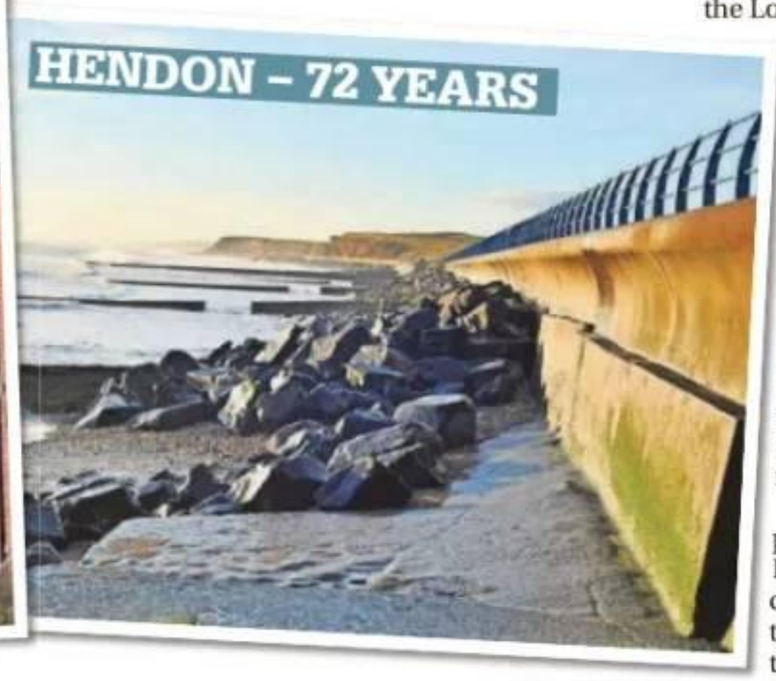
COUNTY DURHAM
Tudhoe Grange on the outskirts of Spennymoor is the place in County Durham with the highest average life expectancy. It's 84, just five years off the London maximum.

However, there are a massive 39 areas in the county where people can expect to live on average a decade less than in the leafiest parts of the country, and in some places such as Newton Aycliffe West, the gap hits 16 years – there life expectancy is just 73.

Health Equals is calling for the Government to embed the principle of working to reduce health inequality across departments.

The campaign also has a postcode checker tool on the Health Equals' website, which can help people to find out how they are affected and to contact their MP.





World News

Brits among flood missing

HUNDREDS of people were reported missing after an avalanche of ice and rock triggered massive flash floods that swept through parts of Nepal, killing at least 22 people and causing widespread damage to villages and infrastructure.

Officials said 384 tourists, including 291 from countries such as the UK, the US, India and Malaysia were reported missing as a result of the flash flood. The Bhotekoshi River flooded at around 9am yesterday, destroying several villages as well as roads and hydropower projects, officials said.

A dozen Brits are feared missing.

Dozens of multi-storey buildings, trucks, and vans were buried under vast quantities of mud in the district of Nuwakot, one of the worst-affected areas.

The Nepali government issued warnings to residents of several districts and asked them to stay away from banks of the Bhotekoshi, Trishuli and Narayani rivers.

"We have asked both India and China to help us with the rescue efforts," said Sasmit Pokharel, a spokesman for the government.

Nepal tourism board officials said most of the missing were likely tourists from India and the Indian diaspora on pilgrimage to Mount Kailash in Tibet, a sacred site for Hindus.

South Korean government officials said their citizens working on building a hydropower plant in Nepal were among those reported missing.

Malaysia's Foreign Ministry also said its embassy in Kathmandu has received reports from travel agencies that they had lost contact with 11 Malaysians believed to be in the Rasuwa district, which was hit hard by the floods.

Meanwhile, Chinese authorities were conducting large-scale search and rescue operations in the Tibetan border area of Gyirong, according to state broadcaster CCTV.

Authorities did not announce any numbers of dead or injured.

Chinese President Xi Jinping ordered authorities to step up the efforts for people missing after the mudslide, state news agency Xinhua reported. Mr Xi also called for residents at risk to be evacuated from any area on the Chinese side.

Indian Prime Minister Narendra Modi spoke with Nepal's Prime Minister Balendra Shah and offered help.

"India is prepared to provide Nepal with all possible types of humanitarian assistance. Our teams are closely co-ordinating on rescue and relief efforts," Mr Modi said in a social media post.

The worst affected area, Rasuwa, witnessed similar flash floods to those in August last year, when a glacial lake in neighbouring Tibet overflowed as a result of high temperatures in the mountain region.

Climate experts at Kathmandu's International Centre for Integrated Mountain Development say an avalanche from a glacier likely caused yesterday's flash flood.

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GLOBAL BRIEFING

Meta pays $17bn to halt US trial

META has agreed to pay 17 billion dollars (£12.5billion) and add child safety measures to its Facebook and Instagram platforms to end a landmark trial over teen social media addiction and settle claims filed by 47 US states.

California, Colorado, Kentucky and New Jersey were among 29 states that sued the tech giant in 2023, but the deal cuts short the trial, which was expected to see chief executive Mark Zuckerberg give evidence before a jury in federal court in California.

The agreement is worth $353m (£186m) in Virginia alone and is one of the biggest in state consumer protection history, the state's attorney general Jay Jones said in a statement yesterday.

"For years, Meta intentionally deceived the public about the addictive and harmful design features that have wreaked havoc on youth mental health," Mr Jones said.

The settlement "will put an end to these dangerous practices and deliver meaningful relief that will protect children from online harm".

Meta did not respond immediately to a request for comment.

Ukraine honour for Elon Musk

UKRAINIAN President Volodymyr Zelensky has awarded Elon Musk the Order of Freedom, one of the highest state honours, for his "outstanding personal merits" in protecting human life and freedom and strengthening ties between Ukraine and the US.

Founder of SpaceX Mr Musk's decision to provide Ukraine with access to Starlink, SpaceX's satellite internet network, was critical. It remains a communications lifeline for Ukrainian forces and civilians after Russia's full-scale invasion in 2022.

Rescuers use an earthmover to carry a victim of flash flooding to safety along the Trishuli River in Nepal's Nuwakot district
AP PHOTO/NIRANJAN SHRESTHA

Two men were arrested on suspicion of murder after two people, including a child, died in a house fire in Grangetown near Middlesbrough yesterday

National News

Child dies in house fire near A66 crash site

A CHILD is one of two people who died in a house fire less than a mile from the site of a crash on the A66 which killed seven people, police have said as they confirmed two people have been arrested.

Cleveland Police said two men, aged 23 and 31, have been arrested on suspicion of murder and they remain in police custody following the blaze at an end-of-terrace property in Birchington Avenue, Grangetown, near Middlesbrough.

In a statement, the force said officers were called to the property at 5.23am yesterday and confirmed two people had died, "including one child".

It said they have yet to be formally identified. The force said that a 48-year-old woman remains in a critical condition in the Royal Victoria Infirmary in Newcastle.

Three other people suffered injuries which are believed to be non life-threatening.

Superintendent Emily Harrison said: "We continue to work to establish the circumstances of exactly what has happened, but we are keeping an open mind and cannot rule out any links to wider organised crime at this time."

More energy bill pain on the horizon

PRIME Minister Andy Burnham has said rising energy bills are "difficult" for people after Ofgem raised its price cap by 4% to a three-year high and analysts forecast a further 9% hike from January.

Speaking to reporters from a supermarket in London, the Prime Minister said: "It's difficult for people and I recognise that.

"But it's why, within days of taking office, I announced that we would remove VAT off electricity bills to give people that little bit of help.

"That kicks in from October.

"We know the price cap will have an impact, but it is what we can do right now."

The regulator said its price cap will rise by £60 per year – or £5 per month – to £1,723 for the average household using both electricity and gas if this level was sustained for a year.

The increase reflected higher wholesale gas prices as a result of the ongoing conflict in the Middle East, with volatile global markets remaining the dominant driver of price changes.

In a further blow for households, analysts at Cornwall Insight released their latest forecast yesterday for a further 9% increase to the price cap in the new year.

This would put an average January bill up to £1,872 a year, £149 higher than October's £1,723.

Neil Kenward, Ofgem's director-general for markets, said: "High international gas prices are continuing to drive energy costs in the UK.

"Savings are available by choosing a fixed tariff, which are available at £100 or more below the October price cap, and many suppliers offer tariffs with cheaper electricity to smart meter customers for electricity consumed out of peak times."

Consumer groups and campaigners said the removal of VAT has done little to offset the rising price of energy for households.

Citizens Advice chief executive Dame Clare Moriarty said: "Today's price cap rise pushes energy prices to a three-year high.

"It's another sign of the relentless erosion of living standards across the country: energy bills are simply too high, prices leapfrog incomes and debt levels grow."

Prof Arday inquest opens

AN investigation has been launched into Professor Jason Arday's "unnatural death" at his home in south London, an inquest heard.

Prof Arday was found "unresponsive" by family members at his home in Battersea, south London, on the afternoon of August 14, London Inner South Coroner's Court heard yesterday.

The 41-year-old resigned from his post as professor of sociology of education at the University of Cambridge earlier this month after he faced intense scrutiny over accusations of plagiarism.

Senior coroner Dr Julian Morris said: "The various reports have given me reason to suspect Professor Arday died an unnatural death 12 days ago.

"It therefore follows that I must open an investigation. I will be setting out further directions for the coroner officer."

The inquest was adjourned to a later date.

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NEWS

Recycling site reopens after blaze

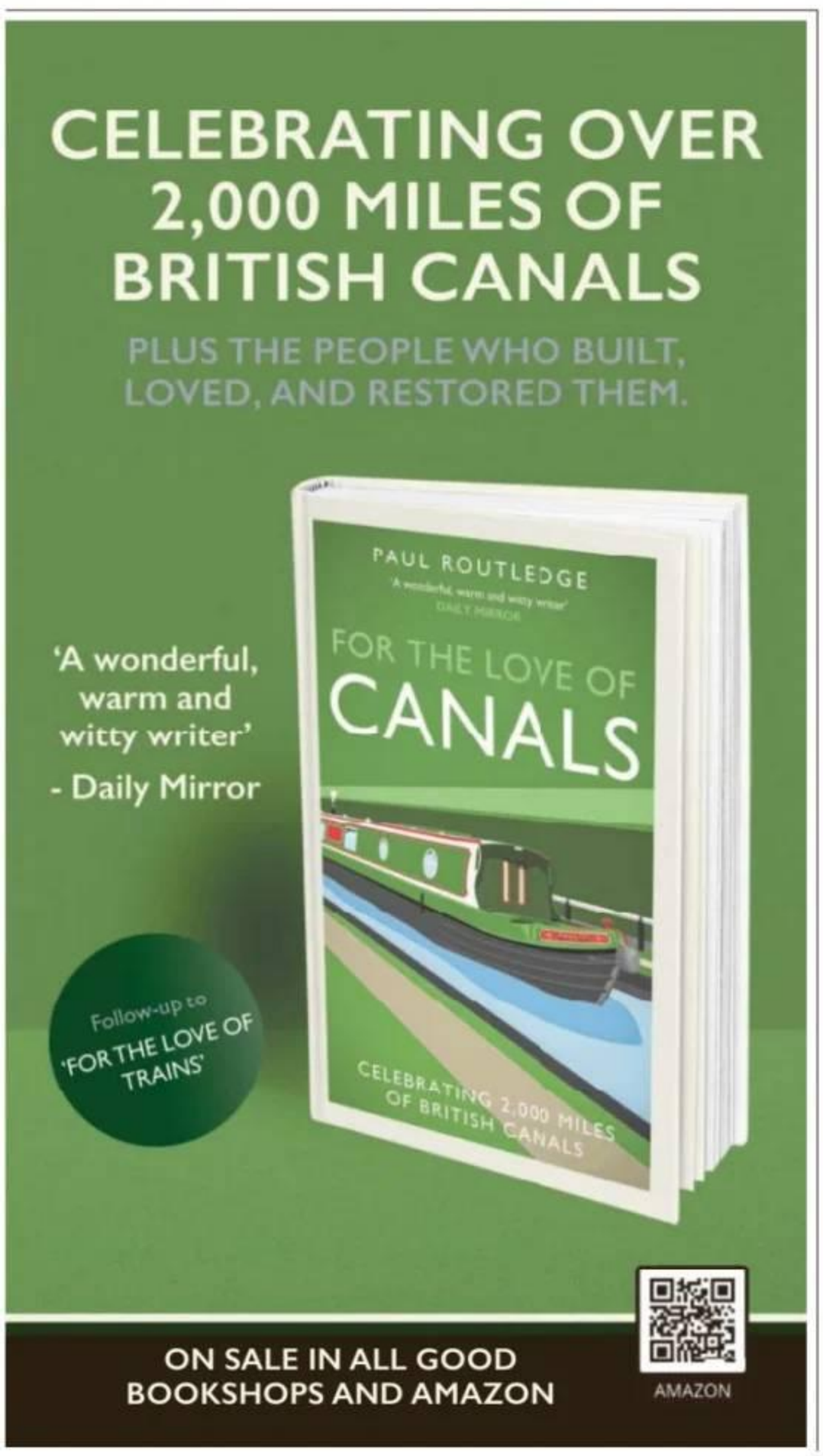
FIREFIGHTERS were called to deal with a fire at North Tyneside Council's tip on Wednesday.

The local authority has confirmed that the site is back up and running following the blaze at its Household Waste and Recycling Centre on Wallsend Road in North Shields.

A Tyne and Wear Fire and Rescue Service spokesperson said: "We can confirm that earlier this morning three fire appliances attended a fire in North Tyneside.

"The emergency call was received by our team at 7.56am and crews from Gosforth and Tynemouth Community Fire Stations were dispatched to premises in North Shields. Firefighters wearing breathing apparatus safely extinguished a small waste fire. All employees on site had been evacuated from the building prior to the crews' arrival. Firefighters left the scene at 8.52am."

> John Loraine is taking on a series of challenges to raise cash for a mental health charity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AMAZON

John is giving back to charity that 'saved' him

EMILY GRAY
Reporter
emily.gray@reachplc.com

A TRAINEE Metro driver is taking on a series of extreme physical endurance challenges to raise cash for a mental health charity that he credits with saving his life.

John Loraine, who joined Nexus in June 2026, is a former police officer who is candid about his recovery from mental health issues.

John, 37, from Gosforth, worked for Northumbria Police force for 17 years before becoming a Metro driver.

Policing was a job he loved, but he says that aspects of it have impacted him greatly.

Just prior to leaving the police he was referred to a charity called Climbing Out, an outreach service that supports adults following life-changing injuries, illness or trauma. John's mental health journey has since inspired him to take on some of the toughest physical tests around.

He will cover a total of 170 miles across six gruelling events, in many cases carrying heavy weight on his back, which he says is representative of the personal battle to overcome trauma.

The challenges, the first two of which he's already completed, are:

- Isle of Arran Expedition – 76 mile expedition carrying own kit;
- The Great North 10K – in a 5kg vest;
- The Macmillan Mighty Hike – a 13.1 miler in a 15kg vest;
- The Great North Run – in full police uniform;
- The Para's 10 Tab – a ten miler with 16kg military bergen; and
- The Longmynd Hike – a 52-mile trek in the hills of Shropshire.

"They are a big series of challenges that I am taking on, but I am absolutely determined to finish them all," John explained.

"I think that I can do it. I'm a mix of confident and anxious. I've already got through two of them, and my aim is to complete the next four in a 30-day period. It's going to be intense. I maintain a good level of fitness and I've been training hard.

"I'm very open about my own past struggles with my mental health, which I've had to overcome. My time in the police had a big impact on me."

Reflecting on his own mental health journey, John said: "The Climbing Out charity really saved me. I was referred to them through occupational health.

"They brought me back from the brink. They were absolutely incredible. I wouldn't be where I am today without them. I want to give something back to them as it's such an amazing charity. I am hoping to raise £1,000 and maybe more."

John's Great North Run challenge will be done in his full police uniform, which he is able to do as he still volunteers as a special constable.

His training has all been meticulously planned around his new job training to drive the Metro. It's a role he has waited four years to secure, and he is among the first group of recruits to train solely on the new Metro train fleet.

John added: "I'm excited to become a Metro driver. It's great to have secured this new opportunity.

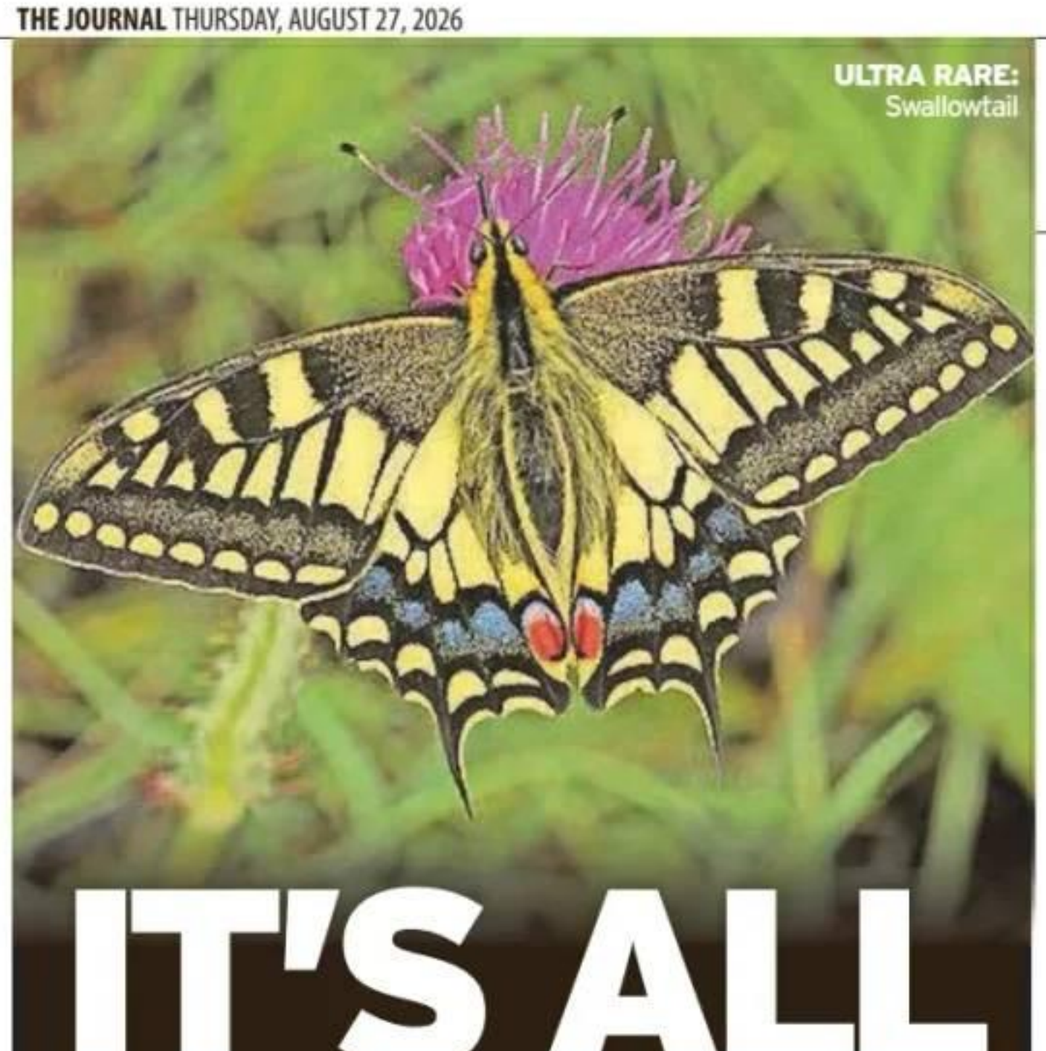
"At the same time, I'm working away in my spare time preparing for all the endurance challenges.

"The focus is all about completion. The motto I'm sticking with is that it's not about competition, it's about completion.

"The same mantra applies to mental health, it's all about getting through it and coming out well on the other side. Whatever weight we carry, we don't have to carry it alone."

John's fundraising efforts will be split three ways. As well as raising money for Climbing Out, he is also planning to donate to the Samaritans and Macmillan Cancer Support.

- To support John, donate online at: https://givestar.io/gs/carrying-the-weight-100-miles-for-mental-health



IT'S ALL YELLOW

WINTER'S WILDLIFE

Stuart Winter

PLENTIFUL: Yellowhammer

HELLISH heat and relentless sunshine have daubed the countryside in colours straight from the Coldplay songbook. Everything's yellow... parched fields and crisped grasslands radiate flaxen hues best confined to paint charts in DIY stores.

From space, our once green and pleasant land is barely distinguishable from the Sahara. Health authorities' heat warnings, hosepipe bans and failed harvests dominate headlines in this scorching summer of discontent.

Humanity wilts. Nature survives in those glorious hues refracted in the central arc of rainbows.

BUSY: Bumblebee

Vibrant tufts of dandelion-like fleabanes, hawksbeards and hawkbits flourish, flaming drops of gold glistening amid sun-baked swards and hedgerows.

Yellows also shine bright on my late-summer sorties around harvested cereal fields in search of migrating chats.

Yellowhammers descended in good numbers. Goldfinches, greenfinches and yellow wagtails tease citrous touches overhead.

Bumblebees, hoverflies and wasps display nature's warning colours, eye-catching black and yellow stripes yelling to predators: "Keep clear!"

If anything glorifies yellow in natural settings then it is the beating wings of butterflies. Since the first sulphurous brimstones – the original butter-coloured flies – took flight in spring, we have been lavished with a procession of migratory butterflies from across the Channel.

Squadrons of amber painted ladies may have taken the headlines in early summer but recent weeks have seen beautifully-marked clouded yellows flashing gilded wings with black borders over fields of clover.

We may well be witnessing a once in a decade invasion from Europe, with astronomical numbers arriving to breed. Results from Butterfly Conservation's recent Big Butterfly Count will make exciting reading.

For me, one particular butterfly symbolises the way yellow has immortalised this summer – the gaudy work of art that is the ultra-rare swallowtail.

A recent family boat trip on the Norfolk Broads provided a wonderful moment to savour the way swallowtail wings are reminiscent of stained glass windows with panes of lemon enamelled between jet black veins. Yellow is never mellow.

Follow Stuart on X: **@birderman**

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Pets

TELLING TAILS

Pet owners are being urged not to overlook small furries on hot weather days.

Heat-related risks are often associated with dogs, but small animals are just as vulnerable.

Here are some tips to keep small pets cool from Dr Samantha Butler-Davies, MRCVS from Pets at Home and Vets for Pets...

■ **Keep them in the shade:** Ensure their homes, runs and enclosures are positioned out of direct sunlight.

■ **Encourage good airflow:** Place pets in a well-ventilated area and, where safe to do so, keep windows open.

■ **Keep fresh water topped up:** Make sure your furry friend always has access to clean, fresh water.

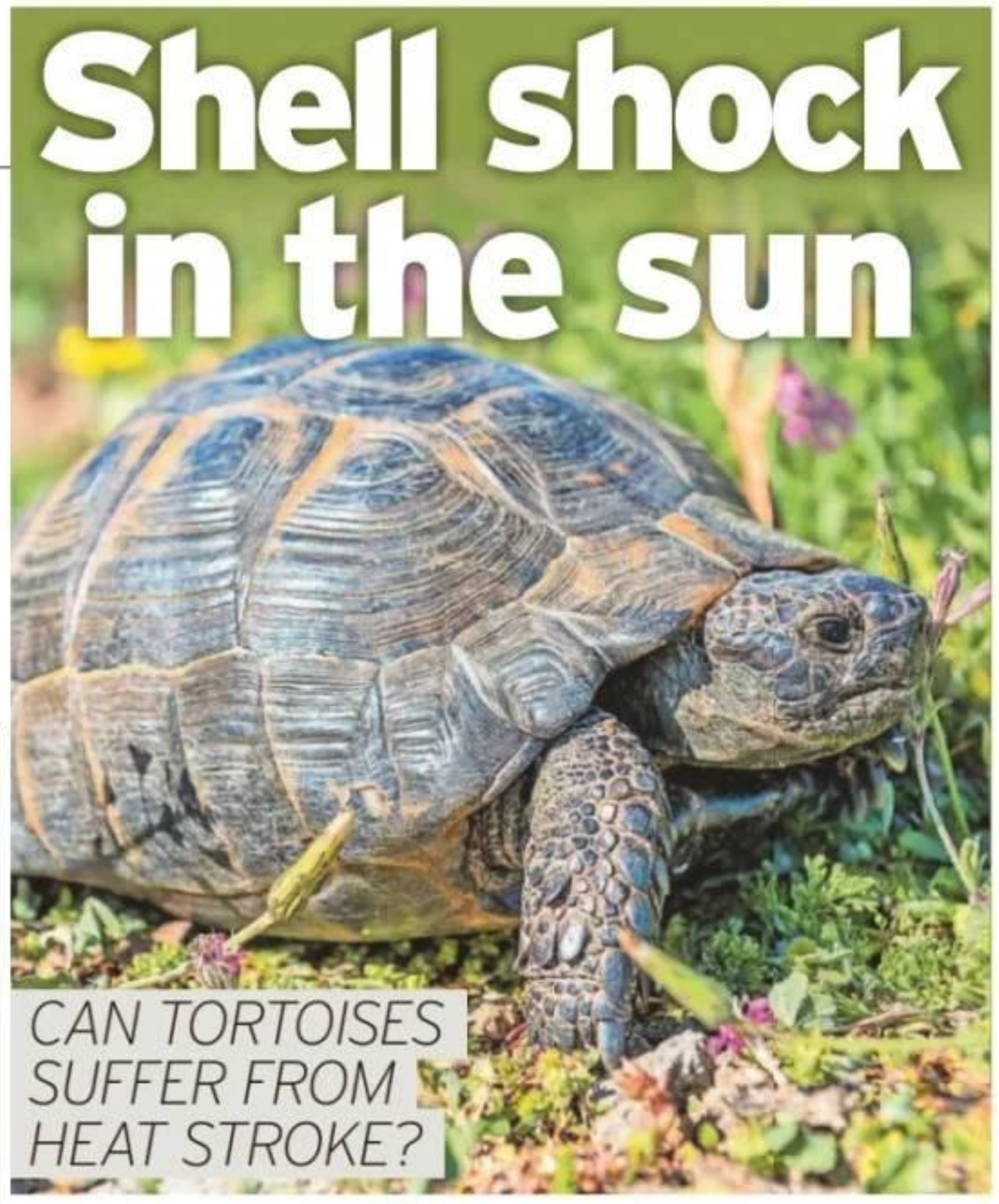
■ **Create cool resting spots:** Grass, marble tiles and other cool surfaces can provide relief.

■ **Use frozen water bottles:** Wrap one in a towel and place it in your pet's enclosure so they can choose to lie nearby.

If your pet show signs of overheating, including panting, rapid breathing, lethargy, drooling or lying stretched out and appearing unresponsive, contact a vet, move your pet to a cool area and dampen their ears and feet with cool water.

by Catherine Lamb

Shell shock in the sun



CAN TORTOISES SUFFER FROM HEAT STROKE?

PAMPERED PETS

DR DAVID GRANT

Our vet offers his advice

Q We have recently inherited a family Greek tortoise, as an elderly relative can no longer look after him. He is about 60 years old and has access to the garden. With the weather we have been having can you tell me if tortoises are at risk from heat stroke? If so, what are the signs to be aware of?

A Tortoises are at risk from heat stroke with the temperatures we have been experiencing this summer. Although in their natural habitat they can tolerate high temperatures briefly, this is only when they can choose a cooler, shady spot. Continuous exposure to the sun in high temperatures is an obvious risk, especially since the temperature on the shell and the ground can be much higher than the air temperature.

Other major risk factors include a lack of shade on hot days, being trapped in a greenhouse, conservatory, glass or plastic shelter, poor ventilation and no access to vegetation.

Elderly tortoises are especially at risk, but also juveniles whose smaller mass means they can heat up quickly.

Lack of access to drinking and bathing water is certainly another very important contributing factor.

Warning signs to be aware of include a tortoise trying desperately to escape, if it is confined. Open mouth breathing, gasping and frothy salivation with bubbles are serious signs of impending collapse. Later, the head and limbs hang limply and walking becomes impossible. Signs can appear suddenly with very little warning.

If this happens, move the tortoise to a cool space, place in room temperature water and call your vet for emergency advice.

Q My male crossbreed dog is now six months old, and has had some worm treatment. I am asking if you recommend further treatment, and how often. I am confused by all the different type of worms, and various products in my local pet store and supermarket.

A When I first qualified there were relatively few parasites affecting dogs to worry about. These were fleas, roundworms and tapeworms.

Since then, some parasites, only found previously in localised areas, have become present in many parts of the UK. For example, ticks are now found everywhere, and lungworm similarly.

The number of parasites, for which treatment and subsequent protection is advisable, has also increased greatly over the years. And that doesn't include parasites normally only seen in continental Europe, making their way to the UK as a consequence of pet travel.

It's not surprising, therefore, that you are confused by what you are seeing locally. I am sure you would expect me to say this, but for good effective treatment and prevention of all parasites capable of affecting dogs, veterinary expertise is essential.

It's not just a question of which products are best, but also how to use them correctly, and how often to apply them.

Vets are increasingly adopting risk assessments for individual dogs, to include lifestyle. This aims to ensure that a dog is only prescribed products it actually needs, and at the correct intervals. To de-mystify this complex subject, I recommend the European Scientific Counsel Companion Animal Parasites (UK & Ireland) for a comprehensive review on all aspects of parasite control for pet owners – see esccapuk.org.uk.

David Grant MBE was a vet at the RSPCA Harmsworth hospital for animals
Email questions to him at pamperedpets@reachplc.com

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> The Aspire Technology Solutions offices in Gateshead

IT company celebrates hitting £50m milestone

GEORGIA CUTHBERTSON
Reporter
georgia.cuthbertson@reachplc.com

> Aspire has implemented a new finance system to improve efficiency

TURNOVER at Gateshead IT company Aspire Technology Solutions have topped £50m as it gets halfway to its goal of becoming a £100m turnover company by 2030.

The company, which is based at Pipewell Quay on the banks of the Tyne, has released accounts for the year ending February 28 in which revenues came in at £50.8m compared to £35.1m in the previous accounting period. Over the same period, the company's operating profit also increased, going from £6.9m a year earlier to £10.7m.

Aspire, a former North East Company of the Year, is a leading UK-based technology and IT services provider which specialises in providing managed services, cybersecurity solutions and cloud infrastructure to SME-Midmarket companies.

In the accounts, the company said: "Process improvement and automation through the use of AI and through the integration of market leading operational tools have enabled the company to connect more closely and rapidly with its customers and improve its value offering and level of service. The company has implemented a new finance system which will enable efficiency in reporting, improvement in cost management and will allow for more meaningful business intelligence.

"The company continues to invest in its people with a strong cohort of 27 apprentices recruited and the continued roll-out of in-house management training programs. We are proud of the exceptional staff engagement across the business as evidenced by an eNPS score of 39 during the year and low regrettable staff churn of 5%.

"The company is well supported by its investors who, together with other existing management shareholders and new minority investor completed a re-investment process in the last 12 months with additional funding provided to allow the management team to invest in growth via people, products and acquisition."

Earlier this year, Aspire expanded its footprint further around the UK after snapping up managed service provider NVT Group, which has its headquarters in Bellshill, North Lanarkshire. That acquisition was the third in two years by Aspire and came just a few months after existing equity backer LDC, part of the Lloyds Banking Group, and new minority investor Federated Hermes, put in fresh funding that saw the company valued at around £200m.

The accounts reveal revenue growth at 41% year on year and recurring revenue growth at 35%. The company's headcount grew over the year from 283 to 322.

Owners of quarry seek to extend its lifespan

A COUNTRY park in Sunderland could be extended under major proposals to extend the lifespan of a quarry for another eight year.

An application to the city council's planning department is seeking permission for extended extraction works and an improved restoration scheme at Eppleton Quarry near Hetton-le-Hole.

The quarry has been operational for more than 20 years and started with the reclamation of the old Eppleton Quarry, which resulted in the "processing of the old colliery spoil heap to remove the coal and the restoration of the site".

Extraction works now focus on sand and limestone, with materials supplied to the construction industry. New plans, from Eppleton Quarry Products Ltd, aim to continue extraction works up until 2048 to "enable the final mineral reserve to be won", which represents a time extension of eight years on top of existing permissions.

The applicant also wants to import 5.6m tonnes of material over a period of around 21 years to "infill the resulting void and to restore the quarry".

Plans describe the restoration as an "extension to Hetton Lyons Country Park", while an accompanying environmental statement notes the restoration would create an area that could be "returned to the council" as an extension to the park. A proposed new "site support area" is expected to be "restored to agriculture and returned to the neighbouring farm".

It was noted that infilling the quarry site with 5.6m tonnes of inert materials would "ensure that an enhanced restoration profile and landscaping scheme can be achieved, with the site restored to a higher standard than currently consented, achieving a higher biodiversity net gain than before".

TYNE SHIPPING MOVEMENTS

Arrivals

Date/Time	Name	From	To
2708 06:00	Grampian Tees	Dogger Bank	TDEP 1
2708 08:50	Princess Seaways	Ijmuiden	Roro 3

Sailings

Date/Time	Name	From	To
2708 14:45	CEFAS Endeavour	A&P Dry dock	Lowestoft
2708 17:00	Grampian Tees	TDEP 1	Dogger Bank
2708 17:00	Princess Seaways	Roro 3	Ijmuiden
2708 23:59	Crystal Confidence	RSQE	Seaward
2708 23:59	City of St Petersburg	TCT 1	Zeebrugge

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Applied Nutrition sees a 50% jump in sales

APPLIED Nutrition has hiked its earnings outlook thanks to a 50% surge in sales and forecast more growth over the year ahead despite pressure from rising whey prices.

The health and wellness brand – which is backed by TV personality Coleen Rooney – said it now expects annual underlying earnings to jump by 40% to around £43.3m after sales soared to £160m in the year to July 31, up from £107m the previous year.

This compares with previous expectations for earnings of £42m and revenues of £148.4 for the full year.

It said that since June 1, trading had remained strong with "sustained demand across the group's markets and channels".

Applied Nutrition added it is set for further solid growth in the year to July next year, upping its guidance to £47.7m in underlying earnings, which would mark a 13% rise, and sales of about £205m.

But it cautioned that profitability would be knocked next year as it faces rising costs of whey, which now is used in a greater proportion of products.

It said underlying earnings margins would fall slightly in 2026-27.

Applied Nutrition's earnings upgrade comes in spite of the firm cautioning in March that sales volumes would be impacted across the Middle East because of the Iran war.

The group is set to report full-year figures on November 16.

Parents push for paternity leave changes

PARENTS are joining protests to call for more support for mothers and fathers juggling work and family life.

Campaign groups Flex Appeal and the Dad Shift have organised events in towns and cities across the country, calling for companies to embrace flexible working by default and for six weeks' paternity leave, paid at 90% of salary, as a Government review on parental leave nears its final stages.

Dr Jeremy Davies of the Fatherhood Institute said: "People say: 'Don't have a baby if you can't afford it.' Well, our new figures confirm that for lower-income couples in the UK, having a baby in 2026 means plunging yourselves into serious debt."

The Fatherhood Institute said its research found that new parents in the UK faced "significant financial impacts" in their baby's first year, with average earning couples seeing joint incomes fall by about 34%, it was suggested.

OAPs to hand over statements in benefits crackdown

PENSIONERS will have to hand over their bank statements to the government as part of its crackdown on the ballooning benefits system.

The Department of Work and Pensions (DWP) is preparing to inform pensioners they will need to provide bank statements as part of its review into Pension Credit claims, I News first reported.

The department is reaching out to thousands of recipients of the credit in its aim to cut £370m from the benefits bill. Pension Credit is additional money from the government to help those over state pension age on low income with living and housing costs.

For single people, it tops weekly income up to £238, while a couple receives £363.25.

The policy was originally unveiled by former chancellor Rachel Reeves during last year's Autumn Budget and DWP has now begun making contact with selected customers for case reviews. The number of pensioners selected for scrutiny was not disclosed by the DWP. The department also declined to comment on how it is selecting cases for review.

A DWP spokesperson said: "We know that a claimant's circumstances can change throughout their claim, which can lead to their claim being incorrect.

"By reviewing claims, we can ensure claimants are receiving the correct entitlement. The government wants all pensioners to get the support they are rightly entitled [to]."

The department added that upon finding customers who are being paid incorrectly, both overpaid and underpaid, it will seek to rectify the error and pay the correct amount.

The government expects to claw back £15m from the reviews alone, meaning roughly 10,700 claimants will have their entitlement reduced.

> David Lamb presenting at a meeting of property developers

Future is Orange for growing property firm

GEORGIA CUTHBERTSON
Reporter
georgia.cuthbertson@reachplc.com

A NORTH East sales and letting agency is growing through acquisitions as it aims to become the region's go-to property management company.

David Lamb, owner of Orange Sales and Lettings, recently bought premises on Belasis Avenue, Billingham, to accommodate his growing team of sales and letting agents as well as an office in Sunderland.

He has acquired six letting agencies across the region and recently purchased another two agencies.

The deals, to an agency in Hartlepool and one in Sunderland, take his team of agents to 12.

The company's growth comes as the Orange team were recently named Property Manager of the Year at the Blue Bricks Magazine Property Awards, held in Liverpool.

Mr Lamb said: "We were proud to win this award, especially as there were a lot of companies larger than us in our category.

"I looked at the nominations and thought, 'oh well, it's nice to be nominated' – but then we won!

"It's great to receive the recognition for what we are trying to build here at Orange Sales and Lettings, as we look to become the go-to sales and lettings business and property experts in the North East."

Mr Lamb, who is a local in Billingham, got into property through investing money earned from working in the steel industry and offshore.

He also went to work in a dairy's laboratory for 18 months, but knew that property was the area he wanted to work in.

He said: "My dad had a painting and decorating business and I used to go to building sites with him, and as a kid I would stop and stare at houses asking questions like: 'How do the windows get put in?' and 'What's that layer between the bricks?' My mam used to think it was so bizarre that I was so interested in how houses were built. I think it's just in my blood and I don't think I was ever going to do anything else."

Alongside the business, Mr Lamb also presents a property podcast, Black to Brick, and has been a guest speaker at a series of events across the UK.

He said: "I have done 49 episodes of my podcast and it's been great for networking and has given me credibility. I stopped doing the podcast for six months and the amount of messages I got on Instagram asking me when the next episode was coming was unbelievable!"

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BusinessLive www.business-live.co.uk BUSINESS

Amy gets on her trike for ice cream venture

> Amy Bastianelli and her grandad Ronald Bastianelli. Inset, Amy's great-great-grandmother Angelina Valente

BARBARA HODGSON
Reporter
barbara.hodgson@reachplc.com

A SURPRISE find while researching her family tree whipped up huge interest for a North Tyneside mother who is now connecting past and present with the launch of a new retro-look ice cream business.

Amy Bastianelli, from Marden Estate, had been digging into her Italian ancestry when she began to learn about the lives of her great-great-grandparents.

"I found out that they sold ice cream over 100 years ago in Newcastle," says the 39-year-old.

The couple, Benedetto Bastianelli and Angelina Valente, had left Italy in the early 1900s – as did many at the time in search of a better life.

Upon arrival in Newcastle they made the city their home where "they started selling ice cream and hot chestnuts", she says.

Sadly, Benedetto was to die young, at the age of 28, leaving Angelina to continue the work and support their family. Amy, who found Benedetto's death certificate giving the cause as pneumonia, also located a photo of Angelina, plus an old newspaper cutting referencing Angelina selling ice cream and roasted chestnuts outside the former Glendale pub in Byker in 1934.

Amy's idea for her own ice cream business began, she says, with a £50 buy on Etsy marketplace.

There a vintage tricycle caught her eye and a nostalgic vision took shape. That trike is now being restored, with its Bastianelli Gelato Italiano branding to be completed, and her tricycle ice cream business will launch at an event at the Salt Market Social in North Shields on September 4.

Authentic Italian gelato and artisan sorbets are being supplied by Cremoloso, a London-based family-run business making quality ices using Italian techniques and ingredients.

Over the years Amy has worked in Subway on Wallsend High Street, as manager of Park Hotel in Tynemouth and at the family cafe La Riviera at Cullercoats, where her mother still works. But she says she has health challenges that have made it difficult to return to conventional employment so her new venture will afford her flexibility to work around her and six-year-old Cillian's needs.

There has already been lots of interest in it and her hope is to supply local cafes with gelato. She is also currently looking to secure a pitch in Cullercoats.

AI investment risks are laid bare

THE UK's financial watchdog has warned people who use artificial intelligence (AI) for help investing that they may not be protected if things go wrong, amid the surging popularity of chatbots.

Four in five less experienced investors have used AI tools for help with their investment decisions, new research by the Financial Conduct Authority (FCA) found.

The survey of adults aged between 18 and 40 who own investments, or are considering buying investments in the next year, found that 56% trust AI tools.

This was a bigger proportion than the 47% who said they trust TV and radio, 46% who trust the press, and 29% who trust social media influencers. Three-quarters of the respondents expect to lean on AI more over the next year.

But the FCA said its research showed that some people who use AI chatbots, which interact with users through human-like conversations, may be misunderstanding the risks that come with unregulated financial advice.

AI-generated financial information is not regulated by the FCA – but 44% of those surveyed believe it is.

Some 38% said they think it is fine to make an investment decision based solely on AI-generated information, and nearly a third mistakenly think they would get compensation from the Financial Services Compensation Scheme or Financial Ombudsman Service if AI advice went wrong.

While general-purpose chatbots, such as OpenAI's ChatGPT and Google's Gemini, are not regulated by the FCA, specific tools created to offer financial advice are more likely to be covered.

Younger adults appeared to be more aware of the limitations of AI-generated information, with 73% saying they know that it can be inaccurate and 86% understanding the need to check the sources referenced when using AI tools, according to the research.

Lucy Castledine, director of consumer investments at the FCA, said: "AI can help you research companies, understand jargon or explore options before you make a decision.

"But you need to understand how you're protected and continue to use your own judgement."

Fewer cars being made

A FALL in exports of cars has led to fewer vehicles being produced, new figures have shown.

There were 63,655 vehicles built last month, a fall of 11% compared to in July last year, according to the Society of Motor Manufacturers and Traders (SMMT).

Car production fell by 10.6% while commercial vehicle output declined by 34.4%. There was a near 16% fall in exports to 47,377 vehicles, as well as earlier scheduling of routine summer maintenance shutdowns at some plants, said the SMMT.

Exports to all major markets were down, including the EU (-15.2%), the US (-17.7%), Turkey (-18.5%), China (-36.9%) and Japan (-24.4%).

Production of fully electric and hybrid models recording the first monthly increase of the year, up 6.8% to 25,678 units. Electrified models accounted for more than four in 10 cars built in July, up from around three in 10 a year ago.

Mike Hawes, SMMT chief executive, said: "July's figures underline the intense pressure under which UK vehicle manufacturers are currently operating.

"Although the negative performance is exacerbated by shutdowns and model changeovers, it is being compounded by weaker overseas demand and fierce global competition.

"The rise in electrified vehicle production is encouraging, but long-term success depends on making the UK a more competitive place to make and sell vehicles."

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Gatwick suffers 5% passenger drop over war

GATWICK has suffered a "significant" decline in passenger numbers as a result of the Iran war after airlines cancelled flights to the region and holidaymakers swerved destinations like Cyprus, Greece and Turkey.

The UK's second-biggest airport saw total passenger numbers drop by nearly 5% because of the Middle East conflict weighing on revenue and profit.

Pierre-Hugues Schmit, Gatwick's chief executive, said: "Services to the region represent a relatively small part of our business but they were affected at significant levels and are recovering only progressively and, overall, this crisis has driven lower passenger numbers.

"It also impacted jet fuel and while there have been no shortages, the aviation industry has had to navigate higher costs despite the hedging positions that the majority of our carriers have."

For the latest business news: business-live.co.uk

State pension will pile pain on next generation of taxpayers

> Chancellor of the Exchequer John Healey STEFAN ROUSSEAU

MAURICIO ALENCAR

THE state pension is set to be the main driver of tax for the next generation of taxpayers, a Labour-linked think tank has warned in a paper that urges Chancellor John Healey to levy higher charges on wealth rather than income.

New research from the Institute for Public Policy Research – the former employer of Cabinet ministers and top advisers such as energy secretary Miatta Fahnbulleh and the Chancellor's chief of staff Will Straw – has raised the alarm on the costs of an ageing population.

The paper found that demographic changes will make up two-thirds of rising fiscal pressures on the government by 2050 and four-fifths of pressures by 2075.

The analysis, based on long-term projections by the Office for Budget Responsibility (OBR), suggested the proportion of people aged over 65 in 2075 could surpass a quarter of all people, compared to the current 18%.

Professor Ben Ansell, the Oxford University political scientist who wrote the report, warned that the cost of the state pension and higher health spending would add about 10% of GDP to the fiscal burden on taxpayers in 2075.

The state pension is set to make up about 3% of the rise, of which around half is due to the triple lock pension.

The analysis follows a raft of warnings from top economists that the triple lock pension could push benefits on old age to about £181bn by 2030 under projections.

The triple lock pension ensures that recipients see their benefits rise by whichever is highest out of inflation, wage growth or 2.5%.

The OBR said earlier this year that the growing cost of paying for pensioners would help swell UK public debt to three times the size of the economy and place an "unsustainable" pressure on public finances.

"Ageing is going to become by far the biggest source of pressure on the public finances," Ansell said.

"Yet our tax system has increasingly shifted responsibility towards younger workers while protecting many of those who have benefited most from decades of rising property and asset wealth.

"Reform is politically difficult, but avoiding it has simply given Britain an ever more complicated tax system. We need a new fiscal contract: one that raises the revenue the country will need, shifts more of the burden from work towards wealth and property, and is honest with the public about who pays and why."

SHAREWATCH

AEROSPACE & DEFENCE		
Avon	£18.06	0.00
BAE Systems	£20.88	-10.00
Rolls-Royce	£15.43	+13.00
AIM		
London Security	£36.50	0.00
Mothercare	0.70	0.00
BANKS		
Barclays	499.55	+3.30
HSBC Hldgs	£15.22	+5.20
Lloyds Banking Gp	111.70	+0.25
NatWest Group	692.00	+1.80
Santander	12.58	0.00
Standard Chartered	£21.82	+42.00
BEVERAGES		
Diageo	£17.36	+1.00
SABMiller	£44.98	0.00
CHEMICALS		
Croda International	£34.65	+8.00
Elementis 98	179.60	+1.20
Johnsn Mat	£22.66	+28.00
CONSTRUCTION & MATERIALS		
Balfour Beatty	888.00	+2.50
Barratt Redrow	322.20	+1.50
Costain	232.50	+1.50
Persimmon	£12.05	+21.50
Taylor Wimpey	85.76	+0.86
ELECTRICITY		
Drax Gp	756.50	-0.50
SSE	£24.16	+7.00
EQUITY INVESTMENT INSTRUMENTS		
Alliance Witan	£13.82	+8.00
FIXED LINE TELECOMMUNICATIONS		
BT Grp	205.00	-1.60
KCOM	120.00	0.00
FOOD & DRUG RETAILERS		
Sainsbury	333.60	-1.50
Tesco	460.40	-4.30
FOOD PRODUCERS		
AB Food	£20.79	+15.00
Tate Lyle	554.50	+0.50
Unilever	£47.72	+10.50
GAS, WATER & MULTIUTILITIES		
Centrica	154.75	-0.80
National Grid	£11.82	-3.00
Pennon Grp	475.00	+2.00
Severn	£31.50	-2.00
United Utils	£14.36	0.00
GENERAL FINANCIAL		
3i Group	£28.44	-60.00
London StockExch	£86.88	-110.00
Man Group	307.40	+3.00
Schroders	583.50	0.00
Vanquis	79.00	-0.70
GENERAL INDUSTRIALS		
REXAM	645.08	0.00
Smiths Grp	£26.27	+10.00
GENERAL RETAILERS		
Currys	148.80	+1.00
Inchcape	838.00	+17.50
Kingfisher	322.80	+0.30
M & S	394.20	+3.10
Next	£156.55	+20.00
WH Smith	420.80	+5.80
HEALTH CARE EQUIPMENT & SERVICES		
Smith Nph	£10.71	+3.00
HOUSEHOLD GOODS		
Reckitt Benckiser	£51.58	+8.00
INDUSTRIAL ENGINEERING		
I"M"I	£31.38	+36.00
INDUSTRIAL METALS		
Ferrexpo	28.58	0.00
LIFE INSURANCE		
Aberdeen Group	249.60	+2.80
Aviva	729.20	-1.20
Lgl & Gen	291.10	+1.80
Old Mutual	58.00	-0.20
Prudential	£10.39	+4.50
MEDIA		
ITV	71.95	-0.75
Pearson	£12.18	+3.00
Reach	43.00	+0.05
RELX	£25.86	-32.00
STV Group	109.00	+3.50
Wireless Gp	310.00	0.00
WPP	381.30	-10.90
MINING		
Anglo American	£42.20	+17.00
Antofagasta	£40.34	+24.50
BHP Group	£35.35	-37.00
Eurasian Natural Res	217.50	0.00
Fresnillo	£31.26	-50.00
Rio Tinto	£77.22	-8.00
MOBILE TELECOMMUNICATIONS		
Vodafone Group	117.90	-0.35
NONLIFE INSURANCE		
Admiral Grp	£41.28	+56.00
OIL & GAS PRODUCERS		
BP	522.70	-5.90
TotalEngergies	75.28	-0.22
Tullow Oil	18.98	-1.67
OIL EQUIPMENT & SERVICES		
Amec Foster Whl	546.50	0.00
Wood Gp(J)	29.40	0.00
PERSONAL GOODS		
Burberry Gp	£10.88	+8.00
PHARMACEUTICALS & BIOTECHNOLOGY		
Astrazeneca	£122.34	-242.00
GSK	£19.00	-6.00
REAL ESTATE		
Brit Land	431.60	-0.60
Hammerson	379.80	+0.40
Land Securities	696.50	+2.00
SEGRO	971.00	+3.00
OFTWARE & COMPUTER SERVICES		
Computacenter	£52.15	+25.00
Invensys	509.50	0.00
The Sage Group	£10.63	-41.50
SUPPORT SERVICES		
Berendsen	£12.68	0.00
Bunzl	£27.86	-8.00
Capita	282.00	-6.50
Experian	£29.67	-42.00
Ferguson	£186.85	0.00
Hays	74.90	-1.30
Rentokil	345.10	-2.60
RS Group	754.00	+10.50
Smiths News	69.00	-0.20
TECHNOLOGY HARDWARE & EQUIPMENT		
Spirent Comms	198.80	0.00
TOBACCO		
Br Am Tob	£42.38	+105.00
Imperial Brands	£25.59	+39.00
TRAVEL & LEISURE		
Compass Grp	30.08	-0.72
easyJet	673.20	-2.80
FirstGroup	179.60	+0.90
Intercontl Htls	164.00	+1.05
Intl Cons Airl	442.20	+0.30
Ladbrokes Coral Gp	168.25	0.00
Mitchells & Butlers	287.50	+2.50
Mobico Group	24.20	+0.42
Rank Org	106.80	-1.80
Whitbread	£24.93	+18.00
INDEX		
FTSE 100	10878.12	-8.04
FTSE 250	24897.84	+41.79

MARKET UPDATE

Tourist Rates

Australia	1.85 dollars
Brazil	6.39 reals
Canada	1.83 dollars
China	8.56 yuan
Czech Republic	26.47 korunas
Denmark	8.29 krone
Euro	1.14 euro
Hong Kong	10.13 dollars
Hungary	394.13 forints
Japan	209.59 yen
Mexico	21.70 pesos
New Zealand	2.20 dollars
Norway	12.17 krone
Philippines	76.94 pesos
South Africa	20.76 rand
Sweden	12.29 krona
Switzerland	1.06 francs
Taiwan	40.09 dollars
Turkey	59.53 new lira
USA	1.33 dollars

Popular Shares

Admiral Grp	£41.28	+56.00
Aviva	729.20	-1.20
BAE Systems	£20.88	-10.00
BP	522.70 XD	-5.90
BT Grp	205.00 XD	-1.60
Centrica	154.75 XD	-0.80
GSK	£19.00 XD	-6.00
HSBC Hldgs	£15.22 XD	+5.20
Intl Cons Airl	442.20	+0.30
M & S	394.20	+3.10
National Grid	£11.82	-3.00
Pennon Grp	475.00 XD	+2.00
Sainsbury	333.60	-1.50
Severn	£31.50	-2.00
SSE	£24.16 XD	+7.00
Tate Lyle	554.50	+0.50
Tesco	460.40	-4.30
United Utils	£14.36	0.00

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NHS physio takes to TikTok to make pelvic health less taboo

SAM VOLPE on one woman's determination to tackle a health condition that affects many people – but can still go under the radar

> Suzanne Vernazza of Know Your Floors

FOR a Tyneside NHS physio, recent years have been a "whirlwind" as she works to demystify pelvic health and get the public talking about problems they may be experiencing.

Suzanne Vernazza, 44, is a physio working at the RVI in Newcastle.

But during the pandemic, when it became clear that the health service needed to channel its resources into tackling Covid-19 – she was determined to find a way to ensure that vital knowledge about looking after your pelvic floor was reaching the public.

And so she took to social media. Now, her Know Your Floors organisation is going from strength to strength. She has more than 670,000 TikTok followers and recently celebrated a £75,000 grant which will support the development of an app.

A book is also in the works. For the Low Fell mum, the idea is simple – the more we talk about issues which can be embarrassing, the more we demystify concerns which are far more common than we might think.

Suzanne, who leads daily "Squeeze Alongs" whereby she directs pelvic health exercises tailored to hit songs, told The Journal: "It's been a bit of a whirlwind. If you had asked me would I ever be doing this, I'd not have believed you.

"I qualified as a physio back in 2003. Working in women's health as a physio is not something that many get to do. It's quite a niche area and there are not many of us trained in it.

"I could see so many gaps – and I could empathise with the people coming through the door having had my own children and knowing what it can be like."

Issues such as urinary incontinence, she said, can often be written off by those living with them, as people often think "that's just the way it is". She added: "Our teams are starting to grow – but I am aware that a lot of people are not reaching out for help. Having these issues seems to be normalised, or else people don't know who to turn to.

"It got to the point in 2020, during the pandemic, where I was frustrated at how quality of life services were to be deprioritised It was understandable given the pandemic, but I knew this meant things were going to get worse for people. I thought 'well, let's take to social media.'"

After some early apprehension about the idea – she admitted fearing incorrectly that she was too old to get to grips with TikTok – she has seen Know Your Floors go massively viral.

Suzanne said this was a real demonstration of the positive power of the internet.

She said that it had become a key answer to the question: "How can I inform people a bit better?" And she added that the nature of the internet meant that people were less embarrassed to ask potentially awkward questions.

Last week, Suzanne was named as the recipient of a Women in Innovation award and the £75,000 which comes with it.

These awards are held by the Government agency UK Research and Innovation (UKRI) – and the cash will fund the development of an app.

She said: "One of my biggest learning points has been how the questions that come up are often the same ones, coming up again and again. And they are normally the basic questions! Things like 'are exercises safe to do during pregnancy?'. The key thing for me is just to try to educate people."

While Suzanne thinks the North East NHS world has made great strides in terms of putting an emphasis on women's health – and pelvic health – she is hopeful that this will continue, because she says far more people struggle with their pelvic floor than we probably realise.

She said: "In the North East it's been incredible, there's so much drive to improve women's health and pelvic health. We are definitely making positive moves, and going in the right direction." Pelvic health is also, Suzanne emphasised, not solely a women's issue.

She added: "The data I have quoted suggests one in six men will experience this, but even that may be skewed [as people don't discuss this].

"We know for example that it can affect men later in life, while we know others will experience sexual health issues or bladder health issues.

"This is definitely something that affects more people than we realise. I often say people should look around a room – we just don't talk about it."

J2 Agenda

Time out EXTRA

who, what, where, when?

WHO...wrote the novels Hawksmoor and The Plato Papers?
WHAT...reggae legend has released the albums Satan Kicked The Bucket and From The Secret Laboratory?
WHERE...in England does police detective Charlie Resnick operate in novels by John Harvey?
WHEN...did the former England and Newcastle United footballer Alan Smith sign for Manchester United from Leeds United?

> Miners and police clash at Blyth Power Station

The following events all occurred in a year in living memory. Can you guess the year?

1. Frankie Goes to Hollywood were at No.1 in the UK for nine weeks with Two Tribes
2. The horrifying famine in Ethiopia prompted the formation of charity supergroup Band Aid
3. Eric Morecambe died
4. Britain began its longest-running industrial dispute when miners went on strike

impossipuzzles

"So there were eleven of you women and eleven men at the party," said Jill. "I bet it was fun."

Sally shook her head. "There were no unmarried men," she replied. "Also, none of the married people would dance, and the number of men who wouldn't dance was the same as the number of married women."

How many of the women would dance?

wordwise

The word may sound familiar, but what does it mean?

BASTION
A Iron fence or railing
B Tower at the angle of a fortification
C Flattish club

who am I?

A tennis player, I was born in West Germany in 1969. During my career I proved to be a versatile player across all surfaces, and I won 107 singles titles, 11 doubles titles and 22 Grand Slam singles titles. In 2001 I married fellow tennis player Andre Agassi, and we have two children.

answers

WHO WHAT WHERE WHEN: Peter Ackroyd; Lee 'Scratch' Perry; Nottingham; 2004
REMEMBER WHEN: 1984
IMPOSSIPUZZLES: No women would dance
WHORDWISE: B
WHO AM I: Steffi Graf

UPDATES TO YOUR INBOX InYourArea.co.uk

We send you daily updates straight to your inbox specific to your local area. You can also enter a number of postcodes.

Maybe you have family and friends elsewhere, perhaps you have moved away with work at some point and want to keep up with what's going on at home. InYourArea has got it covered.

'I was in a really dark place and needed all the help I could get'

> AJ working as a volunteer at Crisis Skylight Newcastle

OLIVIA SHEED
Reporter
olivia.sheed@reachplc.com

A MAN from Newcastle has shared his experience of homelessness and how a visit to a city hub for homelessness charity Crisis changed his life. Now, years on, he helps people just like him.

AJ, originally from Dundee, has been working for Crisis Skylight since late 2023. However, his journey with the charity began earlier that year when he found himself in a situation where he had no permanent home and spent most nights sofa-surfing with friends.

Looking back at that time, AJ says: "I've been with Crisis for about three years. Initially, I came in because I was going through some hardships, and they helped me get my life back together.

"I was involved in a business venture that didn't work out, and quite quickly things fell apart for me. I was drinking quite a lot and relying on friends to keep a roof over my head, and I felt like I was out of options.

"I was in a really dark place, but when I walked through the doors of the Crisis Skylight, I knew I had reached my lowest point. I needed all the help I could get, and they gave me incredible support."

Founded in 1967, Crisis aims to provide practical support to help people access benefits, healthcare services, employment opportunities, and more. The Skylight centres are places where people experiencing homelessness can find support to look after their health and wellbeing, as well as support in finding a home.

AJ reached out to Crisis for support to help him get his life back on track. Soon, he was volunteering with the charity's engagement and assessment team, assisting others who were experiencing homelessness in accessing the help they needed. Fast-forward a few years, and AJ is now a full-time member of that team, providing essential services, including translation for Arabic speakers.

He adds: "At first, I just started volunteering with the organisation, but I'm pleased to say I now have a job. It can be busy working at the front desk, but it's so rewarding and enjoyable to help people who are in the same situation as I was a few years ago. It allows me to truly understand their situation."

The Crisis Skylight Newcastle team has a long-standing partnership with Specsavers, as many local optometrists and audiologists organise free clinics for people experiencing homelessness to drop in and speak to experts. Specsavers Hartlepool is among the stores offering free eye and hearing checks, with AJ benefiting directly from this. AJ continues: "The clinics have been a great success, and they're always fully booked out. They help people get a service that they wouldn't normally access elsewhere.

"I find myself working closely with the Specsavers team, helping to translate and interpret for our Arabic speakers. I even got my own eyes tested, and it's something I'd recommend for people experiencing homelessness.

"It is a safe space; there is rapport, and there is trust. To be in a tough situation, it's only tougher when you're struggling with your vision."

Specsavers' optometrists and audiologists advise that if you notice any unusual changes in your vision, you should schedule an appointment with an optometrist as soon as possible. This includes people experiencing homelessness, who may believe that eye health isn't a priority in their current situation.

People who need help can email homelessness@specsavers.com or speak to someone in-store.

Specsavers offers the following services to anyone experiencing homelessness: Free eye tests (including OCT scans); Free glasses (up to two pairs from their £15-£30 range); Free hearing checks; Free hearing aids (subject to suitability and availability); Wax removal and hearing protection options.

Watch out for a sharp handbrake turn on this policy

Jonathan **Arnott**

DO YOU remember how, 20 years ago, Tony Blair tried to charge road users a tax for every mile they drove, using a network of satellites to track them?

Labour had been in government for almost a decade by that point, and (wars excepted) it was possibly the biggest political mistake. Forced into a humiliating U-turn, Labour lost the next election, and the rest is history.

Well, history has (sort of) repeated itself. Just over 18 months from now, Labour will introduce a slightly less intrusive version of the policy: using electric vehicles' odometer readings to calculate a 3p per mile road tax with the expectation that it will be increased the following year. It doesn't involve spy satellites, and petrol and diesel drivers won't have to pay, but it's the biggest anti-green policy I can remember being announced.

I'd heard mention of this idea in the media a few months ago, but until I started looking into what car I'm going to get next, I hadn't really paid much attention to it. I thought it would just be the latest in a line of policy ideas to get quietly shelved.

Apparently, though, it's real – unless Andy Burnham makes one of his trademark changes to established Labour policy.

The policy document is based on a statistical analysis which suggests that the sales of electric vehicles will drop by just 2% from baseline projections as a result. Really?

I drive an electric vehicle. The inconvenience of having to charge for up to an hour, the difficulty of finding a charging point available that isn't broken down, the extra price tag on an electric vehicle – all of that needs to be offset by something.

At present, my fuel costs are much cheaper. I drive up to 15,000 miles a year, and that's an additional £450 per year cost to having an electric car. Add to that the inconvenience of having to tell the government my odometer readings, provide estimates for the forthcoming year, and make payments, I really don't fancy the administrative hassle.

Or look at it another way. Let's say that on average, I'm currently paying 6p per mile to charge my electric vehicle. It's less when charging at home, but a lot more when I'm out and about. If the government turns that into 9p per mile with the promise of more, I'm barely making any fuel saving over paying 12p per mile driving a much cheaper petrol vehicle.

So congratulations to Labour: you've just managed to single-handedly convince me to switch from a zero-emissions vehicle to a polluting one, the next time I change my car.

A new £450 a year tax will reduce the expected number of new electric vehicle sales by more than 2% – not just because of the tax itself, but because of the extra administration involved. It's a tax that motorists will be fully aware of, because they'll be providing estimates to base the following year's tax on.

It will become a barrier to people who would have switched to electric vehicles. There's already a big problem with electric cars: depreciation tends to be faster than on petrol vehicles. Adding a new tax will make that problem worse, and provide a fresh disincentive to drivers to switch to electric.

So, I'm going to make a couple of predictions:

- This new tax will cause far more than a 2% drop in expected electric vehicle sales in the period 2025/2026 to 2030/2031;
- The government will either abandon the scheme entirely, or use it as a trial run before extending the same principle to petrol and diesel cars so that nobody can escape.

If I'm wrong, it's here in print – and you can hold me to that one. Of course, events (such as the possibility that Labour might not actually win the next election) could well overtake things. It's also a strange move politically: electric vehicle drivers tend to be left-of-centre. The Labour Party might well be shooting itself in the foot.

One thing is for sure: for a government committed to a 'net zero' agenda with regards to CO2 emissions – and I continue to fear that a policy agenda which outsources our pollution to developing countries is a costly mis-step – this is a sure-fire way to raise pollution and annoy motorists.

> **Will the Government pull the plug on a policy that simply punishes drivers of electric cars?**

Inconvenient facts hobble feverish conspiracy theory

Tony **Bennett**

I HAD the idea that immigration was some variation and mix of war, poverty, persecution and an individual's yearning for a happy life.

Until, that is, I dipped a wary toe into social media, then all common sense broke out. In fact, common sense was everywhere, and everyone seemed so certain they had it.

To my surprise, some claimed that a nefarious globalist organisation has an agenda to gradually replace white British citizens with immigrants! It sounded like something taken out of context from a 1925 book by a university student drunk on whisky, while trying to catch the attention of sexy Sarah from the sociology seminars.

Not that drunkenness and misunderstandings mean this argument can be readily dismissed, as many couples can testify. But there were a few niggling doubts.

First, if these shadowy groups want to "replace" us, then why are "they" bombing and sanctioning predominantly Muslim countries like Afghanistan, Iraq, Syria, Libya, Yemen and Iran?

I had to fill my wine glass twice for this one. Then I concluded they are bombing these countries because their people either like where they live or can't afford to move elsewhere! That is why 97% of the world's population choose not to migrate. It's not about oil or resources. It's about getting people moving and using bombs and sanctions as "incentives."

Second, where do our ex-pats come into this nefarious plan? Would they be assimilated into Great Britain? I feared a cut in the duty-free allowance, a scratch on the hull of a yacht, or – God forbid – being turned back by border forces.

But this ridiculous notion soon passed. The wealthy are of a different world. Rich Brits can be assimilated in any low-tax country.

Which reminds me, moving people from their own country is one thing, but getting them to Britain via a dinghy is another. Migrants who speak English will gravitate towards English-speaking nations. Therefore, making English the global language of business was pure planning genius by the globalists (as much as I hate to admit it)!

NB: Migrants fluent in English will also benefit from knowing which rude words the demonstrators are shouting. Although it is unlikely they will understand figures like Farage, who flaunts the Union Jack while dividing the nation.

But now this "globalist invasion" has ended at the Channel. For the moment, the globalists are at an impasse, and migration figures are declining.

I imagine the conversations of the globalist conspirators went something like, "Sorry sir, I have some bad news."

Kalergi stopped checking his phone. "What is it, Smith?"

"It's the migrants, sir; they haven't brought their families."

Kalergi cursed. "This means less sympathy and a propaganda coup for our enemy. Now it will be spun as an army of fighting men. Why didn't they bring their families?"

Smith fidgeted. "Because they love them and want to protect them, sir."

Kalergi raged. "How are we going to assimilate the Brits now, on top of the lack of safe routes and the labelling of migrants as 'illegal'! As if people can be 'illegal'. These Brits are crazy; have they no humanity?"

"Yes sir, I mean no sir", stuttered Smith.

"Sir?"

"Yes, Smith?"

"Why do we need to assimilate people so they look the same?"

Kalergi turned. "Because we are leftie-leaning, liberal do-gooders, backed by a shadowy government to...to...the diversity...woke (mumbling)".

That was one visit to the strange world of social media; a world of multiple voices, anger, egos and bedlam. If any of these people meet an unfortunate migrant who has faced a dangerous journey to find safety and a home, I hope they treat them as they would want to be treated themselves.

Except in one respect.

Never take them to the British Museum. They will whine all day about the stuff we nicked off them. And we don't need to be reminded of real invasions.

J2 Stateside

This is why Harry needs Britain again

CHRISTOPHER BUCKTIN
US Editor

HARRY and Meghan's return to Britain could turn out to be many things: a family homecoming, a royal rapprochement, a fresh start for Archie and Lilibet.

But it may also be the most elaborate showbusiness relaunch since Take That got back together.

For six years, the Sussexes tried to build a new life thousands of miles from Buckingham Palace. America gave them sunshine, security, celebrity friends and some extremely large cheques.

Netflix reportedly signed them up for around £60million. Their Spotify deal was reportedly worth roughly £15m. Harry produced a blockbuster memoir. Meghan launched podcasts, television shows and lifestyle ventures.

The great Stateside Sussex experiment was under way.

The problem was that the one thing they could never quite leave behind was Britain. More specifically, the Royal Family.

Harry could move to California, grow vegetables and talk about wellness until the chickens came home, but he was still the King's son. Meghan could reinvent herself as a lifestyle guru, yet the reason people across the pond knew her name remained the extraordinary royal drama she had walked into – and then out of.

COMING HOME: Harry and Meghan

For years, that story generated extraordinary interest.

But there are only so many documentaries, interviews and books you can produce about escaping royal life before US viewers start to suspect they have heard the ending.

The fascination never completely disappeared. It simply became harder to turn into the sort of gold rush that greeted them when they first arrived in America.

That is what makes Britain useful again. Here, Harry does not have to manufacture relevance. He has it the moment he lands at Heathrow.

Every appearance carries royal baggage. Every family meeting creates headlines. Every charity event comes with questions about his father, his brother and whether bridges are finally being rebuilt.

For Meghan, the move could offer something even more valuable – reinvention. There are already rumours she could return to acting, with Guy Ritchie's Netflix series The Gentlemen mentioned as a possible vehicle. It would be quite the pivot.

After years of documentaries about royal life, jam launches and carefully curated lifestyle imagery, Meghan could find herself back where she started – learning lines and waiting for someone to shout "action". But if Ritchie does not come calling, British television has plenty of other opportunities.

The cobbles of Coronation Street, perhaps? Meghan could sweep into Weatherfield as a glamorous American businesswoman with a mysterious past, take over the Kabin and spend three months discovering that whatever tensions exist inside the House of Windsor, they are nothing compared with Christmas dinner at the Platts.

Acting would allow Meghan to move forward without having to keep mining the past. It gives her a job, a new identity and a story that does not depend on another round of royal revelations.

Britain can do something similar for Harry.

It puts him closer to his father, closer to the world he grew up in and closer to the institution that, whether he likes it or not, still gives his name its extraordinary power.

Their American adventure is not necessarily over.

But the Sussexes may have discovered that distance from the monarchy also meant distance from the thing that made them most fascinating and most money.

IN BRIEF

Dolly Parton spent her life proving that warmth, wit and decency could take you as far as ambition. Her death at 80 leaves a huge hole in popular culture.

She came from poverty in rural Tennessee and never pretended otherwise. She wore the big hair, the rhinestones, and the jokes about her appearance with pride, while quietly becoming one of the sharpest songwriters and businesswomen of her age.

Her Imagination Library put books into the hands of millions of children, she gave money to medical research, and repeatedly used her fortune to help others.

Perhaps that is why the affection for her crossed so many divides. Dolly could be glamorous without being grand, successful without seeming distant, and funny without ever being cruel.

There will be plenty of tributes to the star. The greater tribute is to the woman who made kindness look like strength.

Reader Offer in partnership with Yimbly.com

THE HAMPSTEAD COTTON DUVET SET

There is real comfort in pure cotton bedding, and the Lyndon Company Hampstead Duvet Cover Set has it in good measure. Woven from 100% cotton with a smooth 200 thread count, it feels silky and cool against the skin and grows softer with every wash, for the kind of restful night that good bedding quietly makes better. It is the sort of set you notice the moment you slip beneath it, and appreciate more with every use.

Because it is natural cotton, it breathes as you sleep, drawing warmth away on close summer nights and holding it in through winter - all-season comfort from a single set, with no need to switch your bedding as the seasons turn. The cotton is responsibly sourced through the Better Cotton initiative, so that comfort comes with a lighter footprint too.

The look is every bit as considered as the feel. An inserted ribbon detail and smart Oxford pillowcases give it a boutique, hotel-style elegance, while crisp white cotton is set off by a choice of five stitching colours to suit your room. Available in four sizes, it dresses the bed handsomely and rewards you every time you climb into it - everyday comfort with a quietly luxurious finish.

Single	£22.50	~~£75.00~~
Double	£33.00	~~£110.00~~
King	£39.00	~~£130.00~~
Super King	£42.00	~~£140.00~~

OFFER 41 – while stocks last

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Trustpilot

Tech that passes the uni test

NEW TERM ESSENTIALS FROM FRESHERS TO GRADUATION

PLUGGED IN AND PACKED: But make sure your tech earns its place on campus

Nothing Headphone (a)

Kindle Scribe Colorsoft

Logitech Pebble 2 Combo

JUSTIN CONNOLLY
Technology Editor

SEPTEMBER has a habit of becoming expensive, particularly if you're heading off to university.

The good news is you don't need to replace everything you own.

We've picked seven bits of tech that should earn their place in a student bag or bedroom – from a laptop that could see you through an entire degree to a few cheaper items you'll wonder how you managed without.

Apple M5 MacBook Air

MACBOOK AIR M5

If you're going to spend serious money on one thing, make it the computer you'll use every day. Apple's 13-inch MacBook Air has the M5 chip, 16GB of memory and now starts with a useful 512GB of storage. It's thin, light, silent and Apple reckons the battery lasts up to 18 hours. The £1,299 starting price drops to £1,199 with education pricing – still expensive, but this is a laptop you could buy in your first week and expect to be using when you graduate.

■ apple.com/uk/macbook-air

NOTHING HEADPHONE (A)

Student accommodation isn't famous for peace and quiet. Neither are buses, trains, or libraries. Nothing's Headphone (a) costs £149 – considerably less than many premium noise-cancelling headphones – but still give you active noise cancellation, LDAC, USB-C, and a 3.5mm connection. Battery life is the eye-catching bit – up to 75 hours with noise cancelling switched on, or 135 without it.

■ nothing.tech

Anker Nano power bank

Apple M4 iPad Air

ANKER NANO POWER BANK

Less exciting, perhaps, but considerably more useful when your phone drops to 5% halfway through the afternoon. Anker's Nano packs 10,000mAh into something small enough to leave in your bag and can deliver up to 45W through USB-C. There's a retractable USB-C cable built in too, so that's one less thing to remember. At £49.99, it's a genuine bargain.

■ anker.com/uk

KINDLE SCRIBE COLORSOFT

This is a somewhat extravagant one, but potentially massively useful. Amazon's big colour Kindle is part e-reader, part digital notebook — an 11-inch e-ink device for books, documents, handwritten notes, and annotating PDFs. E-ink gives it that almost printed-page quality that makes long reading sessions much more pleasant, works brilliantly outdoors, and barely sips power. Perhaps just as importantly, it isn't constantly tempting you with YouTube, Instagram or another game. At around £629, though, it raises an obvious question. Why not just buy an iPad?

■ amazon.co.uk

IPAD AIR M4

And maybe you should. The 11-inch iPad Air starts at £749, or £699 with Apple's education discount, putting it remarkably close to the Scribe. Add an Apple Pencil and it can handle handwritten notes, books, PDFs and annotation too.

But when lectures finish, the iPad becomes your TV, music player, games machine, video-calling device and web browser. Add a keyboard and, depending on your course, it might even replace a laptop. What you lose is e-ink. The iPad's display is vastly better for films, photographs and games, but reading a book or long academic paper on it isn't quite the same as the Scribe's paper-like screen. Battery life is measured in hours rather than e-ink's extraordinary longevity, it's less pleasant in bright sunshine, and all those distractions are only a tap away.

■ apple.com/uk/ipad-air

Satechi Onthego Adapter

LOGITECH PEBBLE 2 COMBO

You don't need to spend hundreds to make a laptop or tablet nicer to work on. Logitech's Pebble 2 Combo gives you a slim Bluetooth keyboard and mouse for around £49.99, both small enough for a student desk or bag. They can also switch between multiple devices, so the same keyboard can work with a laptop, iPad or phone – particularly handy if you've decided the iPad Air is going to be your computer.

■ logitech.com

SATECHI ONTHEGO 7-IN-1 MULTIPORT ADAPTER

Finally, something spectacularly unglamorous that could turn out to be one of the most useful things you buy. Satechi's pocket-sized hub turns one USB-C connection into seven useful ports for £54.99, including 4K HDMI, Gigabit Ethernet, SD and microSD readers, USB-A and USB-C power delivery. Stick it in the bottom of your bag and forget about it — until everyone else is wondering how they're going to connect a MacBook to the seminar-room screen.

■ amazon.co.uk

FAIRPHONE ADDS A LITTLE MORE PERFORMANCE

Fairphone has never really played the smartphone game in quite the same way as everyone else. While Apple, Samsung and Google would rather you bought a shiny new handset every couple of years, the Dutch company would be perfectly happy if you kept yours for ages.

Its new Fairphone (Gen. 6+) continues that idea, but adds a useful performance boost. The Snapdragon 7s Gen 3 processor in last year's model has been replaced by the newer 7s Gen 4, while memory jumps from 8GB to 12GB.

There's a lovely 6.31-inch 120Hz OLED display, 50MP main camera, removable 4,415mAh battery and expandable storage. More importantly, there are 12 parts you can replace yourself with little more than a screwdriver – including the battery, screen, and cameras.

Android 16 comes installed and Fairphone promises software support until 2033, alongside a five-year warranty.

■ The Fairphone (Gen. 6+) costs £569 and is available now. fairphone.com

TECH THAT

THE LATEST IN THE DIGITAL WORLD

EARBUDS YOU DON'T THROW AWAY

Wireless earbuds have become remarkably good over the past few years. There is, however, one fairly fundamental problem with them – eventually the batteries die and an otherwise perfectly good pair of headphones becomes electronic waste.

Sennheiser is having a go at fixing that with its new Momentum True Wireless 5 earbuds, right, which have user-replaceable batteries in both the earbuds and their charging case. When the batteries eventually start losing capacity, owners will be able to swap them in a matter of minutes.

Most true wireless earbuds are effectively sealed units, making battery replacement difficult or just uneconomic.

The new Sennheisers use the company's 7mm TrueResponse drivers, Bluetooth 6.0 and adaptive noise cancellation, and support Dolby Atmos with head tracking. They'll manage up to 12 hours of listening from the earbuds and 40 hours with the charging case. An eight-minute quick charge provides another hour.

They have also been completely redesigned using data from thousands of different ears to produce a smaller, fin-free shape. They come in Graphite, Cream, Copper, Denim and Lavender.

■ The Momentum True Wireless 5 start shipping on September 3, with UK retailers listing them at around £249. sennheiser-hearing.com

SPEAKERS TO ELEVATE YOUR PULSE

Sony has finally put a UK date and price on its Pulse Elevate wireless gaming speakers, almost a year after first showing them off.

The speakers, right, will go on sale on November 12 for £199.99, with pre-orders opening on September 1. They'll be available in Midnight Black and White.

Pulse Elevate are Sony Interactive Entertainment's first wireless speakers and are designed for gaming with a PS5, PC, or Mac.

They use the same planar magnetic driver technology found in Sony's Pulse Elite headset and Pulse Explore earbuds, alongside built-in woofers. Connection is through Sony's PlayStation Link system and Bluetooth is included too. There's also a microphone built into the right speaker, with AI-assisted noise reduction, plus each speaker has its own rechargeable battery and charging dock.

■ Sony Pulse Elevate cost £199.99 from playstation.com

DRESS ME UP

With trainers, sandals, boots or heels, the denim dress is your wardrobe hero for the transition from summer to autumn. By **EMMA JOHNSON**

Collared tiered maxi dress, was £48, now £32, Roman

Luella mini dress, was £110, now £43.99, Aligne

Denim ruched maxi dress £65, shoulder bag £32, sunglasses £16, Topshop

Midi shirt dress £149, shoes £129, Boden

Zip-up midi waisted dress £139, RO&ZO. Shoes stylist's own

Mini shirt dress £89, Nobody's Child. Accessories stylist's own

*All prices correct at time of going to press and while stocks last

British labels are coming home as London calls

EXCITEMENT is mounting for London Fashion Week next month. The five-day event is doubling down on British labels as icons including McQueen and Mulberry return to the city, while high-street stalwart Marks & Spencer is making its Fashion Week debut as it celebrates 100 years of fashion.

Alongside the runways, the British Fashion Council (BFC) is also launching `Fashion Britain', a nationwide initiative designed to take British fashion beyond the capital for the first time, while sustainability requirements introduced earlier this year remain firmly in place.

Here's what to look forward to...

ROYAL APPROVAL: The Princess of Wales with designer Patrick McDowell and British Fashion Council CEO Laura Weir, pictured left

McQUEEN COMES HOME

The biggest talking point this season is McQueen's return to London for the first time in 25 years.

Although the house has become synonymous with Paris Fashion Week since moving its womenswear show there in 2001, Dublin-born creative director Seán McGirr will present his first London runway show since taking the helm in December 2023, bringing one of Britain's most influential fashion houses back to the city where it was founded by Lee Alexander McQueen.

"London has always been at the heart of McQueen," Seán told the BFC. "There's a uniquely visceral energy to the city that runs throughout the house's history and continues to inspire everything we do today."

Naomi Campbell at the Richard Quinn show at last year's LFW

Alexander McQueen's Seán McGirr

A NEW CHAPTER FOR MULBERRY

McQueen isn't the only British favourite returning to the London schedule.

Heritage leather goods brand Mulberry will unveil its first collection under Christopher Kane after the Scottish designer was appointed creative director earlier this year.

The appointment marked Christopher's return to fashion after his namesake label entered administration in 2023, making his London Fashion Week comeback one of the season's most anticipated debuts.

M&S HITS THE RUNWAY

To celebrate 100 years of fashion, Marks & Spencer will stage its first London Fashion Week show on Friday, September 18.

Laura Weir

Rather than presenting a traditional catwalk collection, the retailer will adopt a "see now, buy now" format, meaning shoppers will be able to purchase pieces almost immediately after they appear on the runway.

LONDON STALWARTS AND ROYAL FAVOURITES

Many of London's biggest names remain fixtures on the schedule.

Royal-approved Tolu Coker, Patrick McDowell, Emilia Wickstead, Richard Quinn and Edeline Lee – often worn by the Princess of Wales – will show.

Burberry will once again close the week on Monday evening, while Erdem, Simone Rocha, Ahluwalia and Di Petsa all return with new collections.

Paul Costelloe, the longest-serving design house on the London Fashion Week schedule, will once again open proceedings, alongside Harris Reed, Ashish and H&M on Thursday evening.

FASHION BEYOND THE CAPITAL

While London remains the focus, the BFC is looking further afield.

Launching alongside Fashion Week is 'Fashion Britain', an initiative designed to decentralise fashion in the UK.

The programme will bring together designers, retailers, cultural institutions and educators through events in London, Liverpool, Manchester, Newcastle, Bristol and Edinburgh.

"British fashion is one of our greatest cultural exports, yet for too long participation has been concentrated in too few places," said Laura Weir chief executive of the BFC.

"Fashion Britain represents a fundamental shift in how we think about our role as the British Fashion Council."

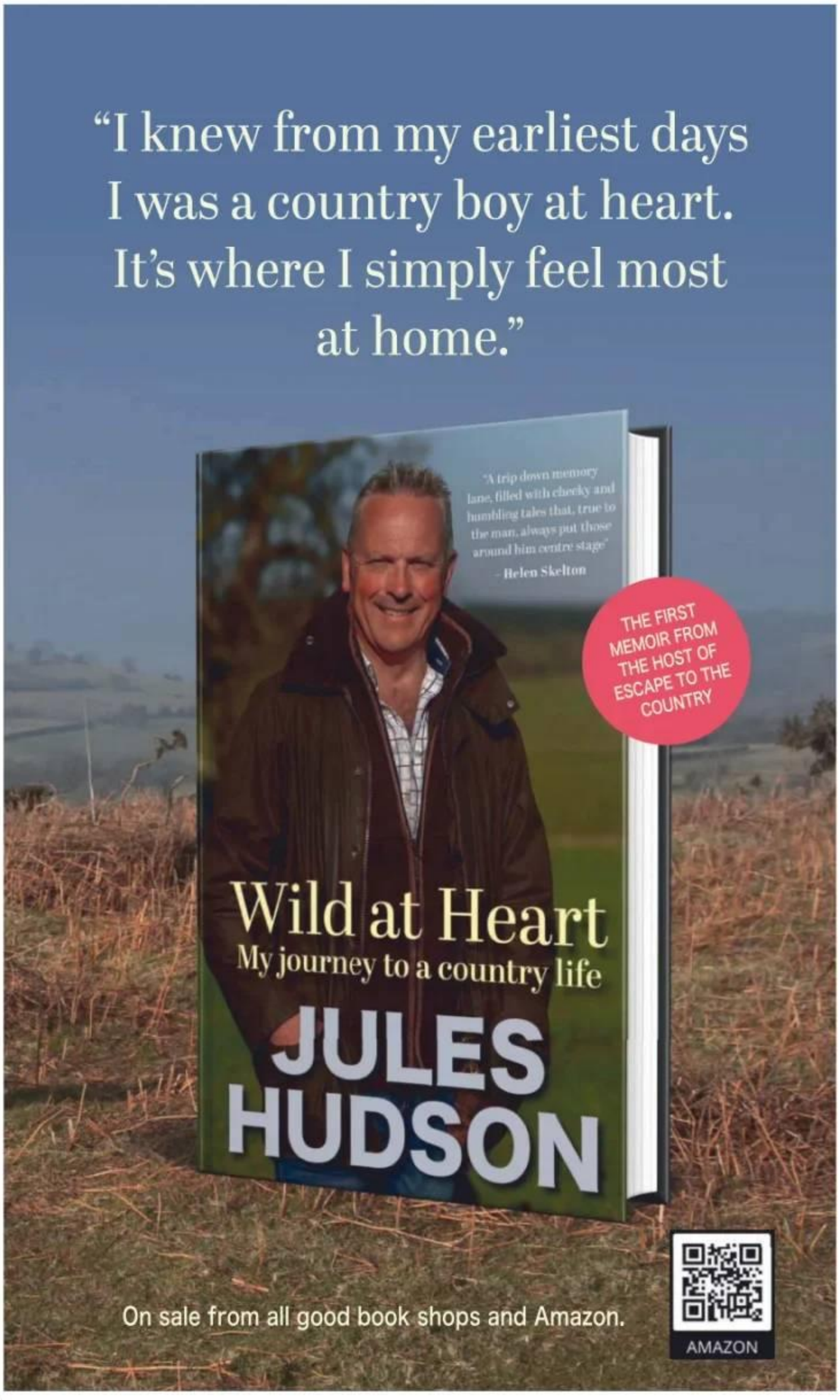
by LARA OWEN

BEAUTY SPOT

Having painted the faces of stars like Lady Gaga, Twiggy and Rita Ora, renowned make-up artist Cassie Lomas is putting her 30 years of experience in the beauty industry into her own cosmetics line, simply called CASSIE. The I Am Enough Face Makeup (RRP £33) is a game changer if you are a less-is-more gal. A few sweeps and you look glossy, refreshed and like you are fresh back from holiday, while the We Are One Colour Wand (RRP £25) is a genuine multitasking wonder, bycassie.com

GOTTA HAVE IT

She has barely been out of the spotlight since she broke on to the music scene in the mid-Noughties but the release of her West End Girl album last year saw Lily Allen's fame go stratospheric. Now she stars in Intimissimi's latest campaign, looking fabulous in the brand's beautiful Pretty Flowers Sofia bra £49, briefs £24 and silk shirt £110, intimissimi.com


"I knew from my earliest days I was a country boy at heart. It's where I simply feel most at home."
"A trip down memory lane, filled with cheeky and humbling tales that, true to the man, always put those around him centre stage"
– Helen Skelton
THE FIRST MEMOIR FROM THE HOST OF ESCAPE TO THE COUNTRY
Wild at Heart
My journey to a country life
JULES HUDSON
On sale from all good book shops and Amazon.
AMAZON

J3 Shop It

THIS WEEK'S MUST HAVES

As the trees change colour so does our wardrobe to browns, ambers and rusts. By **EMMA JOHNSON**

Sequin top, was £22.99, now £17, **H&M**

GOLDEN BROWN: Floral panel dress, was £42, now £25, **Roman**

The Hemley fedora £89, **Hicks & Brown**

MissPap woven textured bag, was £39, now £19.50, **Debenhams**

AND/OR crewneck £69, now £20.70, **John Lewis**

Drop earrings £18, **River Island**

Gola x OB Viper trainers £90, **Oliver Bonas**

Ole Henriksen Pout Preserve, was £17, now £13.60, **Space NK**

Sol de Janeiro Copacabana Bronze Glow Body Oil £30, **Look Fantastic**

Rabanne Million Gold for Her (50ml) £100, **The Perfume Shop**

Marbled beaded bracelet, was £18, now £9, **Lisa Angel**

Salma sandals £34.99, **Linzi**

Leather shopper bag £89.99, **Parfois**

Coeur De Lion Iconic Spikes watch £175, **Beaverbrooks**

*All prices correct at time of going to press and subject to availability

Podcasts

BY KAY HARRISON

J3

Your Caravan tour walkies and talkies

The Petcast

Pets and their famous two-legged friends join Matt Baker in his caravan for this fluffy hug of a series. And there's no better first guest than "modern-day Doctor Doolittle" Bill Bailey, who brings his Japanese chin Chocho in for the chinwag.

Bill's house is famously swarming with rescue animals and noisy parrots, but Chocho is actually his 93-year-old father's pet, and it's a reminder of how dogs can get older people moving, motivated and engaged with the world.

Comedian Russell Kane matches Bill's passion and brings a surprising serving of animal wisdom, too, with Brian as his plus one, an adorable chihuahua that was widely ridiculed by his blokey mates. But he's the last one laughing, given the pack of attractive women now sniffing around on walkies daily, obsessed with Brian.

Russell's had a rare assortment of pets since childhood – snakes, mice, Rambo the stick insect, a growling French lop rabbit that once scared off a burglar – but it's his love of Burmese cats that shines through (sorry, Brian).

His cat Terry is more like a dog, he reckons, greeting him at the door and highly trainable.

Introducing these age-old enemies inspired Russell's picture book, When Brian Met Terry, and he's been touring schools this year, dog in tow, promoting it. "Mostly I think children's emotional wellbeing is improved by having some sort of creature in the house," Russell tells Matt.

Not sure about the half-chewed creatures our cat Lyra-Wardrobe brought in. But he's right, life is enriched by animals, even if they shred your curtains and wee behind the fridge.

Russell gives out useful advice on bringing a new pet home, and there's musings on the crushing responsibility of caring for the school pet – and Matt's Blue Peter dog, Meg. There are wild facts, too, like how dog eyebrows have evolved to manipulate us foolish humans into giving them more food, and why actor Nicolas Cage bought an $80,000 rare two-headed snake.

Other guests squeezing into the tin box include Martin Clunes, with his blind cocker spaniel Bob Jackson, and former England goalie David Seaman who discusses fostering kittens and his 17-year-old cat with diabetes.

Uplifting and enlightening, it shows we won't shut up about our pets given half a chance. I only hope Matt can open those caravan windows.

Lives Less Ordinary: Love Stories

In a world of Tinder hook-ups and swinging websites, here's something to genuinely warm your heart and perhaps restore faith in romance.

This BBC World Service series tells five powerful true stories from around the globe, where true love has squared up to prejudice, war zones, and comas then beaten the odds.

Penny Umbers met Mark Bethel in the 1970s, after he'd arrived in Nottingham from the Bahamas to study, only first love took a strange and scarring turn, and the painful truth about what drove Mark away only came to light four decades later, after they found each other on Facebook.

Now in their mid-60s, as besotted as they were as teenage sweethearts, they share their twisty, yearny path to marriage, their hopes and regrets.

Proof you shouldn't give up on love.

Time Travelling Queers

Brummie drag king Don One takes a comedian and a historian on a journey in a time-travelling taxi to pick up queer characters who have been forgotten from mainstream history, or heavily edited.

The magnificent Tia Kofi, a Ru Paul's Drag Race favourite, is joined by historian and Big Brother star Jonty Stern to discuss Edward II, his lovers and the painful red-hot poker myths, with some cheeky asides on 14th-century culture and fashion – like how to make the colour pink from squished bugs. Pipe-smoking 17th century, gender non-conforming London pickpocket Mary Frith also gets the once over in the cab, with help from comic Rosie Jones.

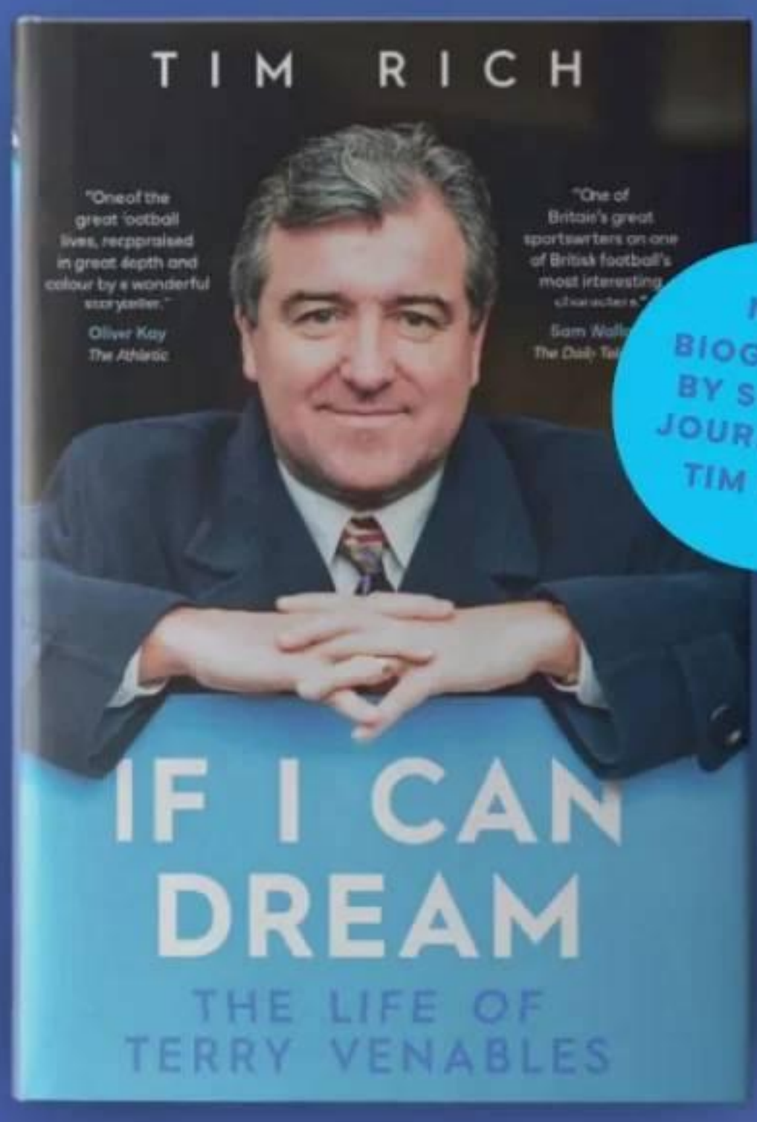
The Rest is History this is not.

But it is a colourful, chaotic motor through the centuries with fresh, kind eyes, and titters from the back of the class.

Drag Race favourite: Tia Kofi

TERRY VENABLES

How football nearly came home – 30 years on from Euro 96


TIM RICH
"One of the great football lives, reappraised in great depth and colour by a wonderful storyteller."
Oliver Kay
The Athletic
"One of Britain's great sportswriters on one of British football's most interesting characters."
IF I CAN DREAM
THE LIFE OF TERRY VENABLES

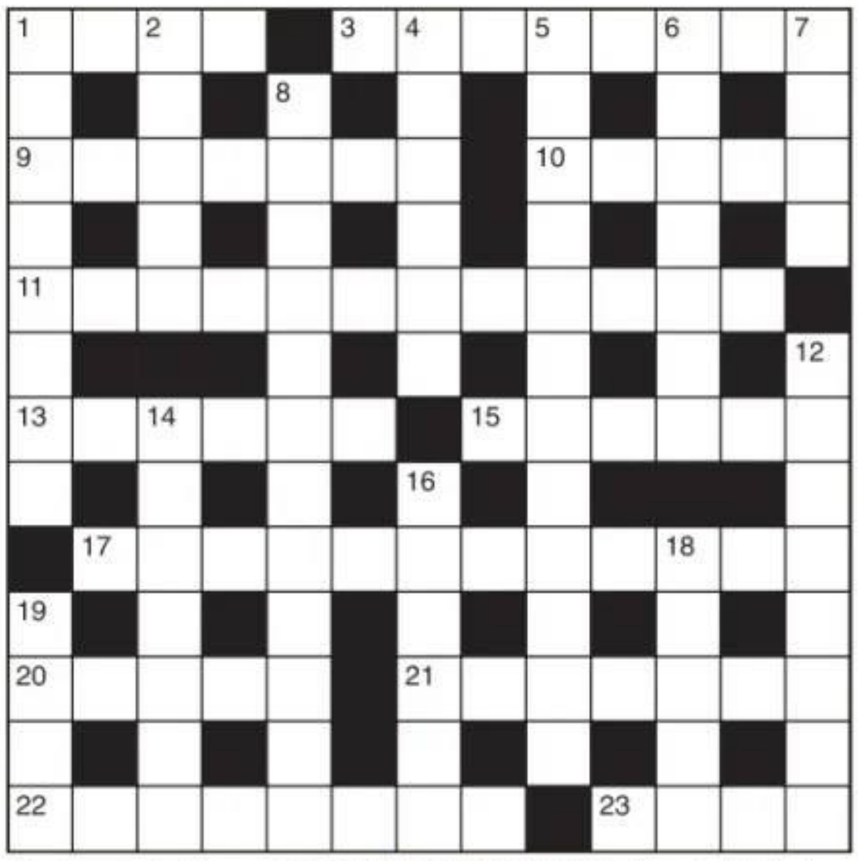
NEW BIOGRAPHY BY SPORTS JOURNALIST TIM RICH

ON SALE FROM ALL GOOD BOOKSHOPS AND AMAZON

AMAZON

J3 Time Out

Cryptic crossword



Stuck on today's puzzle? Call **0905 789 4220** to hear individual clues or the full solution. Calls cost 80p per minute plus network access charge. Service Provider: Spoke Ltd, helpline 0333 202 3390

YESTERDAY'S SOLUTIONS 27/08/2026

Across: 6 Demonic; 7 Reins; 9 Flats; 10 Pension; 12 Inheritance; 14 Spinning top; 18 Fritter; 19 Stick; 21 Wagon; 22 Divines.
Down: 1 Reels; 2 Cotton; 3 Gin; 4 Red Sea; 5 Invoice; 8 Besiege; 11 Deliver; 13 Spartan; 15 Notion; 16 Obtain; 17 Screw; 20 Lit.

ACROSS

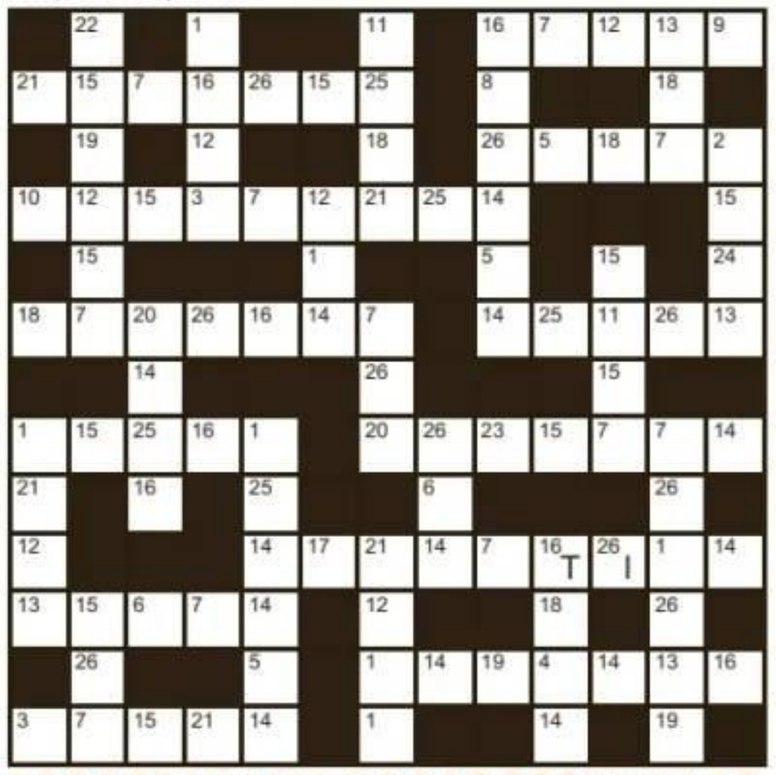
1. Certainly not the first to hold out – the reverse, in fact (4)
3. Breathed sound when buccaneer appeared (8)
9. Offer corroboration of wild animal's escape (4,3)
10. Liking state of change (5)
11. Not good value for a bun (12)
13. Lie, say, without trouble (6)
15. Agreement reached when made to go (6)
17. Killing reaction to masculine humour? (12)
20. English article written by politician to the French? Enough of that! (5)
21. Officer of no particular significance (7)
22. Giving a scolding to deserter who's in existence (8)
23. A-married – and quite overwhelmed! (4)

DOWN

1. Heavy, but could be loud and bare (8)
2. Obviously the manager can lean on them (5)
4. Start to put things in proper order (3,3)
5. Uncompromising training sent haywire (12)
6. Release sailor to find the answer (7)
7. They look at the end of the debate to show agreement (4)
8. When getting better, many get no comeback from perfume from valley (12)
12. Was very surprised – 4 went first (8)
14. Point to man in tent – and run! (7)
16. Spoil things – drink to the brim (6)
18. Cast worth rewarding to some extent (5)
19. Writer was Mary's little one? (4)

Codeword

This puzzle has no clues. Instead, every number printed in the grid represents a letter, with the same number always representing the same letter.
For example, if 8 turns out to be a V, you can write in V wherever a square contains 8. Using your knowledge of words, complete the puzzle.



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

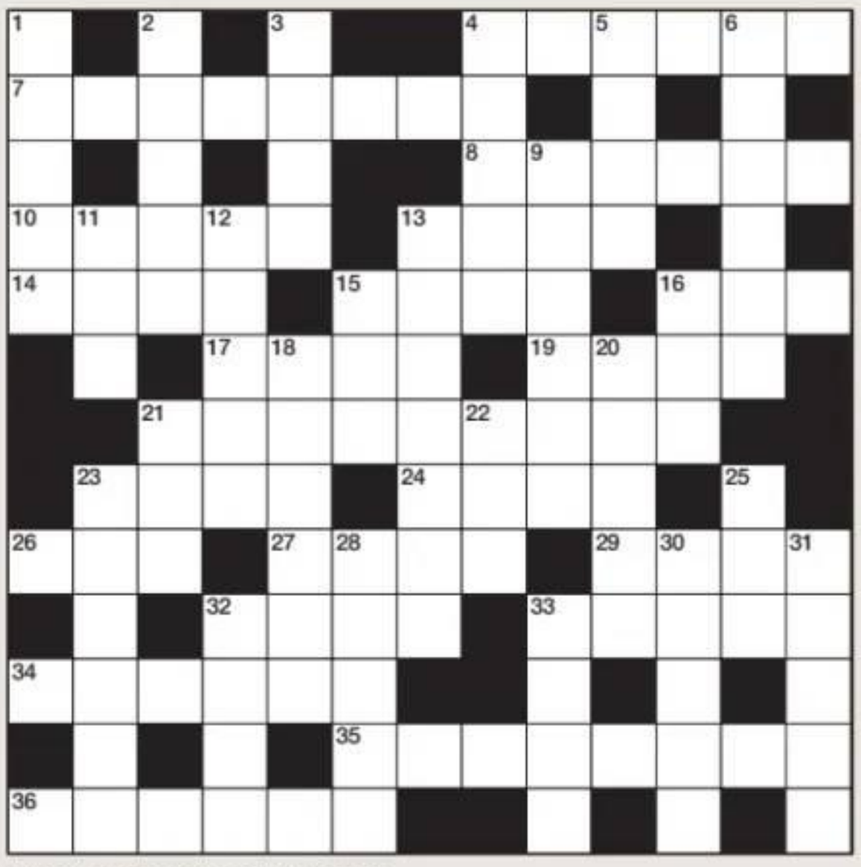
1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
		T										I

Need a little help getting started? Then call **0901 293 6261** to hear four random extra letter clues. Calls cost £1 per call plus network access charge. Or text CODE and send to 64343 to receive 4 clues. Texts cost £1 per message plus standard network rate. Service Provider: Spoke Ltd, helpline 0333 202 3390

YESTERDAY'S SOLUTIONS

1	2	3	4	5	6	7	8	9	10	11	12	13
E	G	U	H	B	Z	P	A	Y	Q	V	I	R
14	15	16	17	18	19	20	21	22	23	24	25	26
L	X	N	T	M	S	J	F	O	W	K	C	D

Quick crossword



ACROSS

4. Formal discussion (6)
7. Anger when driving (4,4)
8. A country (6)
10. Friendship (5)
13. Mix with a spoon (4)
14. Whip (4)
15. Eyelid inflammation (4)
16. Farmyard bird (3)
17. Garden tool (4)
19. Practise boxing blows (4)
21. Ponders (9)
23. Alcoholic drink (4)
24. Hit at flies (4)
26. Wager (3)
27. Musical instrument (4)
29. Unfortunately (4)
32. Big cat (4)
33. Knife part (5)
34. Spud (6)
35. Not curved or crooked (8)
36. Polite, respectable (6)

DOWN

1. Court case (5)
2. Foundation (5)
3. Squirrel's nest (4)
4. God or goddess (5)
5. Small rotary file (4)
6. Move unsteadily (6)
9. Afternoon nap (6)
11. Orienteering aid (3)
12. Number (5)
13. Cowboy hat (7)
15. Snow runner (3)
16. Possesses (3)
18. Skilful, dexterous (6)
20. Flower part (5)
21. Encountered (3)
22. Wonderment (3)
23. Prior to (6)
25. Not good (3)
28. Source of help or encouragement (5)
30. Big (5)
31. Cults (5)
32. Country road (4)
33. Dandy (4)

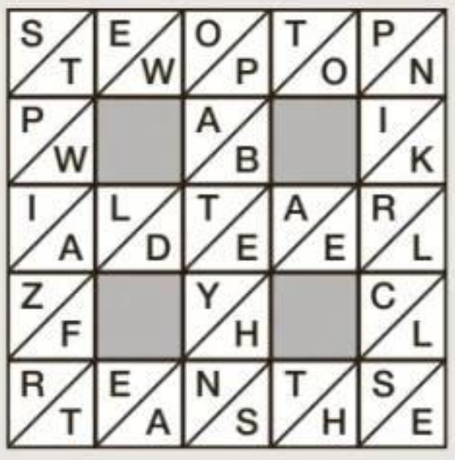
YESTERDAY'S SOLUTIONS

Across: 1 Static; 7 Attempts; 8 Fuss; 10 Keep at; 11 Delete; 14 Let; 16 Riles; 17 Late; 19 Salad; 21 Jason; 22 Widow; 23 Tint; 26 Stoat; 28 Hum; 29 Hearts; 30 Pirate; 31 Item; 32 Apiarist; 33 Yonder.

Down: 1 Shekel; 2 Toupee; 3 Cast; 4 Veteran; 5 Spiel; 6 Ashes; 8 Felt; 9 Sat; 12 Lid; 13 Texan; 15 Mason; 18 Acute; 19 Sad; 20 Low; 21 Jittery; 22 War; 23 Tureen; 24 Imam; 25 Tremor; 26 Shoal; 27 Oasis; 28 Hit; 30 Pity.

Split Decision

Cross out one of the two letters in each divided square to reveal a completed crossword grid.



YESTERDAY'S SOLUTIONS

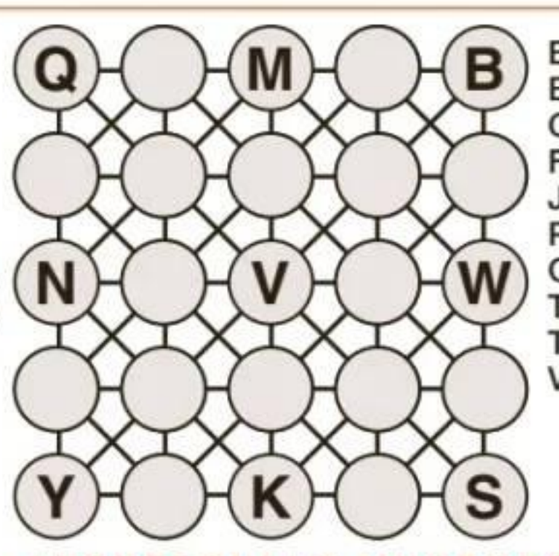
S	W	U	N	G
I		R		R
Z	E	B	R	A
E		A		D
S	E	N	S	E

Gogen

Insert letters to form the listed words, moving between adjacent cells horizontally, vertically or diagonally in any direction.

Insert all the remaining letters of the alphabet (except Z) in the grid so all the listed words are spelt out in this way.

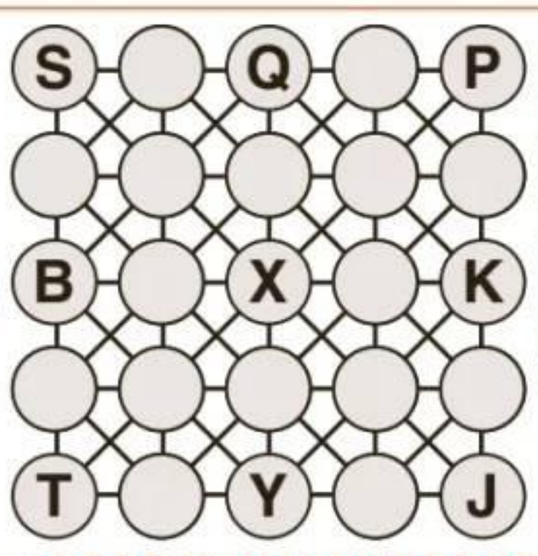
1



BOTH
BOXING
CAT
FLASH
JUMP
POD
QUILT
TALK
TOW
VERY

A B C D E F G H I J K L M N O P Q R S T U V W X Y

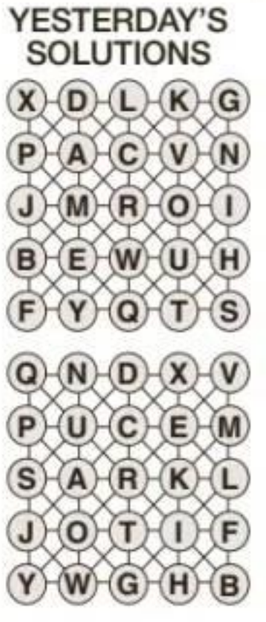
2



BEAN
CRIMP
DUE
FOLK
HEX
JOY
LONG
NOVICE
PIQUE
SWEAT

A B C D E F G H I J K L M N O P Q R S T U V W X Y

YESTERDAY'S SOLUTIONS



Sudoku

Each row and each column must contain the numbers 1 to 9, and so must each 3 x 3 box.

EASY

	1		7		9		8	
5		8		3		7		9
	7	4				3	5	
6			5		2			3
	4						1	
8			6		4			2
	8	6				4	3	
7		3		4		1		5
	5		1		3		6	

HARD

			6	1				8
	4	2	8					
	6			7		9		
4	8							
2		3				6		1
							4	2
		8		3			7	
					6	4	5	
7				5	1			

YESTERDAY'S SUDOKU: Easy

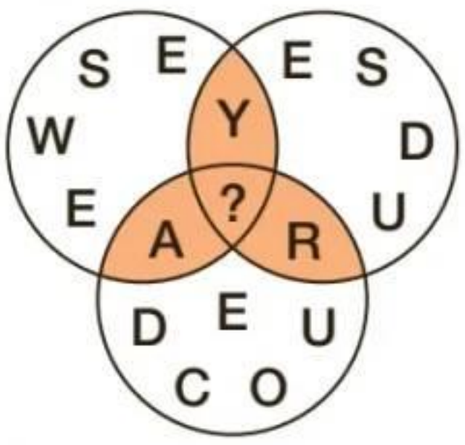
3	6	9	2	1	4	5	8	7
2	4	5	3	7	8	9	1	6
1	7	8	6	9	5	2	3	4
4	8	2	5	6	3	7	9	1
7	1	6	9	8	2	3	4	5
9	5	3	1	4	7	6	2	8
6	2	1	4	5	9	8	7	3
5	9	7	8	3	1	4	6	2
8	3	4	7	2	6	1	5	9

YESTERDAY'S SUDOKU: Hard

5	6	4	3	8	2	7	1	9
7	9	8	1	5	4	3	6	2
3	2	1	9	6	7	4	5	8
4	3	6	5	1	8	2	9	7
8	5	7	6	2	9	1	3	4
9	1	2	4	7	3	5	8	6
6	7	3	8	4	5	9	2	1
2	8	5	7	9	1	6	4	3
1	4	9	2	3	6	8	7	5

Circlegram

Replace the question mark with a letter so that the letters within the circle can be rearranged to form words with a common theme. What are the three words, and the letter represented by the question mark?



YESTERDAY'S SOLUTIONS

The letter represented by the question mark is R. Carrier, Laundry, Shoulder, all types of bag.

Alphamuddle

Rearrange the letters in the top grid to make five words that read both across and down. Five letters have been placed in the bottom grid to start you off.

D	R	A	I	N
U	R	E	M	A
N	U	R	R	E
E	N	A	R	A
R	I	D	E	R

				R
		E		
			U	
I				
	A			

YESTERDAY'S SOLUTIONS

C	A	C	H	E
A	R	I	E	L
C	I	L	I	A
H	E	I	S	T
E	L	A	T	E

Rebus

Which common phrase is represented by the image below?

PPPOD

YESTERDAY'S SOLUTION: Doctor's orders

Wordsquare

Find as many words as possible using the letters in the grid. Each word must use the central letter and at least 3 others, and letters may be used only once. You cannot use plurals, foreign words or proper nouns, but verb forms ending in 's' are permitted. There is one 9-letter word to be found.

S	E	F
E	Y	R
E	L	T

HOW YOU RATE

12 Good; 16 Very Good; 18 Excellent.

YESTERDAY'S SOLUTIONS

STRAINING

airing, airs, arising, astir, girn, girns, girt, grain, grains, gran, grant, grants, gratin, gratis, grin, grins, grist, grit, grits, ingrain, ingrains, instar, iris, rags, rain, raining, rains, raisin, raising, rang, rant, ranting, rants, rasing, rating, rats, rigs, ring, rings, rinsing, rising, sari, siring, sitar, snaring, stair, star, staring, stir, strain, straining, stria, string, tarn, tars, tiring, train, training, trains, trig, tsar.

Niner

Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters.

26872 gives a female name;
1259123 gives a female name;
4534535 gives a female name.

1	2	3	4	5	6	7	8	9

YESTERDAY'S SOLUTION: STREAMING

27/08/2026

RUSSELL GRANT

ARIES
March 21-April 20

Your daily routine and friendships are under the spotlight, and it's time to be honest about what's working and what isn't. Speak up, especially if something has been quietly bothering you. Home life may throw up a surprise or two, but it's all useful – it shows you what needs to change. Face things directly, and you'll end up with stronger connections.

For more call 0905 789 4271 (80p/min + network access charge)

LIBRA
Sept 24-Oct 23

You're being drawn inward, and that's not a bad thing. Reflection now brings valuable insight, especially in relationships. A shift in perspective may catch you off guard, but it's showing you something important. Don't brush it aside. Creative ideas are also bubbling up – follow them. This is a day for quiet clarity rather than loud decisions.

For more call 0905 789 4277 (80p/min + network access charge)

TAURUS
April 21-May 21

You're full of creative energy, but don't just scatter it everywhere – focus it. Take a moment to ask yourself if what you're chasing means something to you. Responsibilities may feel a bit heavy, but they're manageable once you get clear on your priorities. Lean on friends if needed; support is there. This is about aligning your heart with your actions.

For more call 0905 789 4272 (80p/min + network access charge)

SCORPIO
Oct 24-Nov 22

Friends and social connections take centre stage, but clear communication is essential. Misunderstandings can be avoided if you say what you mean. At the same time, deeper feelings about home or identity may surface. Don't ignore them. This mix of social energy and introspection can lead to real insight if you stay honest with yourself.

For more call 0905 789 4278 (80p/min + network access charge)

GEMINI
May 22-June 21

Home and family matters come into sharper focus, and a meaningful conversation could change more than you expect. Don't avoid it. Even unexpected twists can offer useful insights. Your creative side is strong, too, so follow what excites you. Trust your instincts – they're helping you see the bigger picture, even if it feels unsettled at first.

For more call 0905 789 4273 (80p/min + network access charge)

SAGITTARIUS
Nov 23-Dec 21

Your ambitions are strong, and you're ready to move forward, but relationships may require a bit more care. A conversation could reveal deeper feelings – don't dodge it. Balancing your goals with your personal life is key today. If you manage that, you'll not only make progress but also strengthen the connections that matter most.

For more call 0905 789 4279 (80p/min + network access charge)

CANCER
June 22-July 23

Communication flows well, and it's the perfect time to say what you've been holding back. Honest conversations can bring clarity and strengthen bonds. Just be mindful of acting on impulse – balance new ideas with emotional awareness. Something at home may shift your perspective in a helpful way. Stay grounded and let insight guide your next step.

For more call 0905 789 4274 (80p/min + network access charge)

CAPRICORN
Dec 22-Jan 20

There's a pull toward growth, learning and new experiences. Whether it's travel, study, or simply a shift in perspective, you're ready for something more. Emotions may run deeper than expected, especially around home life, but they offer useful insight. Balance your ambitions with meaningful connections. This is a moment of expansion – embrace it.

For more call 0905 789 4280 (80p/min + network access charge)

LEO
July 24-Aug 23

Money, values, and self-worth are all in focus today. A conversation could bring clarity, especially if you're open about what matters to you. If there's tension in a relationship, do not ignore it – honesty will clear the air faster than avoidance. Take time to reflect on what truly holds value in your life. You're moving in the right direction, just stay adaptable.

For more call 0905 789 4275 (80p/min + network access charge)

AQUARIUS
Jan 21-Feb 19

Emotions run deep, and honesty is essential. Conversations may uncover truths that shift your perspective, particularly in close relationships. Don't shy away from it – clarity is worth it. Creative uncertainty may arise, but your instincts are stronger than your doubts. Stay grounded, speak openly, and you'll find a better sense of balance.

For more call 0905 789 4281 (80p/min + network access charge)

VIRGO
Aug 24-Sept 23

You're in a reflective but productive mood, reassessing both your goals and your relationships. It's a good time to refine your plans, but don't become too rigid. A spontaneous idea or suggestion could bring unexpected benefits. Stay open, trust your instincts, and allow yourself more flexibility than usual – you might enjoy the results.

For more call 0905 789 4276 (80p/min + network access charge)

PISCES
Feb 20-Mar 20

Relationships are front and centre, asking for honesty and reflection. You may feel unsure about certain dynamics, but that's your cue to reassess what truly matters. A heartfelt conversation can bring clarity and strengthen bonds. At home, creative energy flows – use it to bring comfort and inspiration. Trust your intuition – it's guiding you well.

For more call 0905 789 4282 (80p/min + network access charge)

Calls cost 80p per minute plus your telephone company's network access charge – maximum of 5 minutes duration. You must be over 18 and have the bill payer's permission. Service provider Spoke. Helpline 0333 202 3390

THURSDAY'S TV

DAYTIME

BBC1

The Repair Shop, 3.30pm

6.00 Breakfast News, entertainment and weather reports. **9.30 Morning Live: Top Tips and Best Bits 10.30 Garden Rescue 11.15 Homes Under the Hammer 12.15 Bargain Hunt** Catherine Southon and Mark Stacey help two teams make a profit in Detling, Kent. **1.00 BBC News at One; Weather 1.35 BBC Regional News and Weather 1.45 BBC News at One; Weather 2.00 Money for Nothing 2.45 Escape to the Country 3.30 The Repair Shop** Items include a large plush hound dog belonging to the Elvis fan club. **4.30 The Answer Run 5.15 Pointless 6.00 BBC News at Six; Weather 6.30 BBC Regional News and Weather**

7

7.00 **The One Show** With Lauren Laverne and Angellica Bell. (S)
7.30 **EastEnders** Alfie's surprise soon turns to chaos. (S)

8

8.00 **Dragons' Den** 9/14. The Dragons hear a pitch for a gadget for tackling water waste. (S)

9

9.00 **Ludwig** 2/6. A murder is witnessed by a wedding party. (S)

10

10.00 **BBC News at Ten** (S)
10.30 **BBC Regional News; Weather** (S)
10.40 **The Truth About My Murder** 4/6. A murderer who used the Covid lockdown to cover up his crime. (S)

11

11.20 **The Truth About My Murder** 5/6. A fight between neighbours that left one man dead. (S)

AFTER 12

12.00 The Truth About My Murder A woman said to have died a few hours after a hit-and-run. Last in the series. **12.40 Alan Carr's Picture Slam** With contestants from Bristol, Lisburn and Wolverhampton. **1.25 Weather for the Week Ahead 1.30 BBC News**

BBC2

A House Through Time, 9pm

6.30 Escape to the Country 7.15 Money for Nothing 8.00 Sign Zone: Celebrity MasterChef 9.00 BBC News 1.00 Richard Osman's House of Games 1.30 The Edge 2.15 Do You Know Your Place? 2.45 Animal Park 3.30 Serengeti III Old favourites meet new characters at the river, including a baby hippo. **4.30 Vintage Antiques Roadshow 5.05 Flog It!** From Barrow Hill Roundhouse in Derbyshire. **6.00 Richard Osman's House of Games** Jimi Famurewa, Harriet Kemsley, Colin Murray and Sara Pascoe compete. **6.30 Great Continental Railway Journeys** In Bayeux, Michael Portillo admires the famous tapestry.

7

7.00 **Today at the Test** England v Pakistan. (S)

8

8.00 **The Big Deal with Steph McGovern** 3/6. The pairs are tested on their ability to sell to the public. (S)

9

9.00 **A House Through Time** 3/4. Charting history through the successive inhabitants of a house. (S)

10

10.00 **Red Dwarf** 3/6. Rimmer is taken prisoner by the creations of his own mind. (S) (R)
10.30 **Newsnight;** (S) Weather (S)

11

11.05 **Emergency 24/7** 2/6. A man is brought in with a severed leg due to being hit by a train. (S) (R)

AFTER 12

12.05 FILM Dear Evan Hansen (2021) (12) Musical drama, starring Ben Platt and Julianne Moore. **2.10 Sign Zone: Brexit: A Very British Civil War** Remain's economic scare tactics fail to win over voters. **3.10 This Is BBC Two**

ITV

It'll Be Alright on the Night, 7.30pm

6.00 Good Morning Britain 10.00 This Morning Celebrity chat and lifestyle features. **1.30 ITV Lunchtime News; Weather 1.55 Local News; Weather 2.00 Dickinson's Real Deal** David Dickinson lands at Aerospace Bristol. **3.00 Deal or No Deal** Alex tries to open the 22 red boxes in the right order. **3.59 ITV Local Weather 4.00 Tipping Point** Quiz, hosted by Ben Shephard. **5.00 The Chase** Bradley Walsh presents as Phil from St Helens, Richard from Wolverhampton, Vicky from Northwich and Samantha from Houghton-le-Spring take on one of the ruthless Chasers.. **6.00 Local News; Weather 6.30 ITV Evening News; Weather**

7

7.30 **It'll Be Alright on the Night** TV clangers featuring Joel Dommett and Romesh Ranganathan. (S)

8

8.00 **Emmerdale** A wave of shock and horror passes through the village. (S)
8.30 **Coronation Street** Sarah fears she has placed Harry in harm's way. (S)

9

9.00 **Beat the Chasers** 2/8. Contestants from across the UK take on the six experts. (S) (R)

10

10.00 **ITV News at Ten; Weather** (S)
10.30 **Local News; Weather** (S)
10.45 FILM No Time to Die (2021). (12) James Bond thriller, starring Daniel Craig. (S)

11

AFTER 12

1.25 Shop on TV 3.00 The Summit The climbers scale a vast ice wall. **3.50 Unwind with ITV 5.05 Deal or No Deal: Celebrity Special** Comedian Katherine Ryan takes on the Banker.

CHANNEL 4

The Murder Detective, 9pm

6.30 The King of Queens 6.55 The King of Queens 7.20 The King of Queens 7.45 Everybody Loves Raymond 8.10 Everybody Loves Raymond 8.40 Everybody Loves Raymond 9.10 Frasier 9.40 Frasier 10.10 Frasier 10.40 Frasier 11.10 Ramsay's 24 Hours to Hell and Back 12.05 Channel 4 News Summary 12.10 Find It, Fix It, Flog It A motorised pedal cycle is among the items in Norfolk. **1.10 The Great House Giveaway 2.10 Countdown 3.00 A Place in the Sun 4.00 The Great B&B Challenge 5.00 Chateau DIY 6.00 American Pickers** A warehouse in Chicago filled with superstar sports memorabilia.

7

7.00 **Channel 4 News** (S)

8

8.00 **Renovation Rescue** A couple in West Yorkshire try to finish their eight-year renovation. (S)

9

9.00 **The Murder Detective** 2/3. The team recover a gun that may be linked to Lyra's murder. (S)

10

10.00 **The Never Ending Murder** 3/4. Twenty years on, new information and a new lead detective re-ignite the case. (S)

11

11.00 **The Never Ending Murder** 4/4. Thirty years after Nicola's disappearance, some new information comes to light. Last in the series. (S)

AFTER 12

12.00 Crime Scene Cleaners 12.55 Ramsay's Kitchen Nightmares USA 1.45 Secret Lives of Gypsy Wives 2.40 FILM Underwater (2020) (15) 4.15 A Place in the Sun 4.40 Sunday Brunch 4.55 Couples Come Dine with Me 5.50 Countdown

5

The Yorkshire Vet, 8pm

6.00 Milkshake! 9.15 Jeremy Vine Start the day with a dose of hard-hitting debate. **11.30 Storm & Alexis** Discussion and debate. **12.45 5 News at Lunchtime 12.50 Matt Allwright** Debate on the day's biggest stories. **2.20 FILM To Kill a Stepfather (2023) (PG)** Thriller, starring Alex Camacho, Jamel King and Joe Finfera. **4.00 Castle** One of Slaughter's informants is murdered. **4.55 Love Nature** A boy who has raised thousands of pounds for nature charities. **5.00 5 News with Dan Walker 6.00 Motorhoming with Merton & Webster** Paul Merton and Suki Webster head to Devon. **6.55 5 News Update**

7

7.00 **Cycling: Vuelta a España 2026** Action from stage six. (S)
7.55 **5 News Update** (S)

8

8.00 **The Yorkshire Vet** Matt Smith tests a couple of badger cubs for TB. (S)

9

9.00 **Benidorm Is Murder** 5/6. Dennis and Rosa investigate the death of a man after a jellyfish incident. (S)

10

10.00 **Killer at the Crime Scene** Examining the murder of neuroscientist Autumn Klein. (S)

11

11.05 **Fatal First Dates** True crime documentary. (S)

AFTER 12

12.05 Street Cops: Catching the Yobs 1.00 Cruise TV with LoveitBookit 2.00 GPs: Behind Closed Doors 2.50 Castle 3.40 Friends 4.30 Amazing Railway Adventures with Nick Knowles 5.25 Entertainment News on 5 5.35 Paw Patrol 5.45 Mixmups

THURSDAY'S TV

FREEVIEW AND SATELLITE

U&Gold SKY: 110

6.00 Teleshopping 7.25 Don't Wait Up 7.55 Ever Decreasing Circles 8.35 Porridge 9.10 The Green Green Grass 9.50 Are You Being Served? 10.30 Last of the Summer Wine 11.50 Ever Decreasing Circles 12.25 Porridge 1.00 Keeping Up Appearances 1.40 Dad's Army 2.20 The Green Green Grass 3.00 Are You Being Served? 3.40 Ever Decreasing Circles 4.20 Dad's Army 5.00 Last of the Summer Wine 6.20 Keeping Up Appearances

7.00 Porridge The inmates take advantage of the relaxed atmosphere – and of Barrowclough – with Mackay away on holiday. (S)

7.40 Dad's Army Mainwaring decides the platoon needs a mascot for a big parade. (S)

8.20 Are You Being Served? An in-house magazine causes rifts. (S)

9.00 The Office Brent's ego gets a boost when he is headhunted by public speaking agency Cooper and Webb, and Trudy's birthday party gets into full swing. (S)

9.35 Fawlty Towers Basil resorts to desperate measures to prevent an unmarried couple lowering moral standards at his hotel. (S)

10.20 Not Going Out The gang spends a weekend on Frank's new boat. (S)

11.00 Mrs Brown's Boys Agnes's children suspect one of them is adopted. (S)

11.35 The Office Brent is headhunted. (S)

12.15 Fawlty Towers (S) **1.00 Not Going Out** (S) **1.40 Mrs Brown's Boys** (S) **2.25 Don't Wait Up** (S) **2.55 The Office** (S) **3.30 Not Going Out** (S) **4.00 Teleshopping**

U&Dave SKY: 111 FV: 19

6.00 Teleshopping 7.25 Top Gear 8.20 Border Force: America's Gatekeepers 10.20 Rick Stein's Fresh Food 11.20 Yukon Gold 12.20 Top Gear 2.20 Mortimer & Whitehouse: Gone Fishing 3.00 Speed with Guy Martin: F1 Challenge 4.00 Hairy Bikers' Best of British 5.00 Rick Stein's Fresh Food

7.00 Mortimer & Whitehouse: Gone Fishing Paul Whitehouse and Bob Mortimer head to the River Exe in Devon. (S)

7.40 Would I Lie to You? With Kevin Bishop, Brian Blessed, Josh Widdicombe and Kate Williams. (S)

8.20 Would I Lie to You? With Rhod Gilbert, Jamie Laing, Tracy-Ann Oberman and Claudia Winkleman. (S)

9.00 Hit Point When Hubble's body is pulled from the canal, Leo knows that he, Carter and Dylan must frame someone else for the murder, and set up a drug dealer. (S)

10.00 Have I Got a Bit More News for You Professor Hannah Fry hosts an extended episode of the satirical quiz. (S)

11.00 Taskmaster Sally Phillips locks herself in the caravan with an amorous water cooler. (S)

12.00 Mock the Week (S) **12.40 Would I Lie to You?** (S) **2.00 Hit Point** (S) **2.50 Richard Osman's House of Games** (S) **3.30 Parks and Recreation** (S) **4.00 Teleshopping**

U&Yesterday SKY: 155 FV: 27

6.10 Abandoned Engineering 8.00 Bangers & Cash 10.00 Secret Nazi Bases 11.00 The World at War 12.00 Antiques Roadshow 2.00 Bangers & Cash 4.00 Secret Nazi Bases 5.00 The World at War 6.00 Antiques Roadshow

7.00 Seven Worlds, One Planet Life on each of the continents, beginning with Antarctica. (S)

8.00 Bangers & Cash Sending Dave into raptures, a Mark 1 Astra GTE. (S)

9.00 Dream Car Fixers Can Sheldon and Will turn a 1976 Triumph Stag into a dream car for retired head teacher Simon? (S)

10.00 Bangers & Cash 100 motorbikes come in for auction from every era of the 20th century. (S)

11.00 Bangers & Cash A rusty 1970 Fiat 500 goes under the hammer. (S)

12.00 Bangers & Cash (S) **1.00 Find It, Fix It, Flog It** (S) **2.00 Abandoned Engineering** (S) **3.00 Teleshopping**

U&Drama SKY: 143 FV: 20

6.00 Teleshopping 7.15 The Bill 8.10 Doctors 9.20 Classic Holby City 10.40 Casualty 11.40 The Bill 12.40 Classic EastEnders 2.00 Classic Neighbours 3.05 Whitstable Pearl 4.10 Kingdom 5.20 As Time Goes By 6.00 Last of the Summer Wine

7.20 Last of the Summer Wine Compo tries out Seymour's latest invention. (S)

8.00 The Marlow Murder Club When a man is killed at her university reunion, Becks finds herself on the wrong side of an investigation. (S)

9.00 The Marlow Murder Club As Judith and Suzie work with the police to find the killer, tensions rise among Becks' friends in the house. (S)

10.00 New Tricks The team investigates the death of an elderly woman. (S)

11.20 Luther The detective's friend is in danger. (S)

12.40 Lovejoy (S) **1.50 Sister Boniface Mysteries** (S) **2.50 You're Killing Me** (S) **4.00 Teleshopping**

BBC4 SKY: 116 FV: 9

7.00 Villages by the Sea How Devonshire Beer stone was used for the Tower of London. (S)

7.30 Canal Boat Diaries Robbie Cumming has problems with ice on the Grand Union Canal. Last in the series. (S)

8.00 Vasa: The Ghost Ship The work of archaeologists, divers and historians as they make new discoveries about the Vasa, a Swedish Navy flagship that was built in 1628 and sank on its maiden voyage. (S)

9.00 FILM Jaws (1975). (12) A seaside town's police chief has to deal with a giant killer shark preying on tourists. Steven Spielberg's thriller, starring Roy Scheider, Richard Dreyfuss and Robert Shaw. (S)

11.00 Talking Pictures The story of Steven Spielberg's aquatic horror classic — Jaws. (S)

11.45 FILM Jaws 2 (1978). (PG) Thriller sequel, starring Roy Scheider. (S)

1.35 Canal Boat Diaries (S) **2.05 Vasa: The Ghost Ship** (S) **3.05 Villages by the Sea** (S) **3.35 Close**

ITV2 SKY: 118 FV: 6

6.00 Backyard Builds 6.30 Dress to Impress 7.30 The Real Housewives of Potomac 8.20 The Real Housewives of Beverly Hills 9.15 The Only Way Is Essex 10.15 Dawson's Creek 11.10 Charmed 12.10 Deal or No Deal 1.10 Celebrity Supermarket Sweep 2.10 Wheel of Fortune 3.10 The Only Way Is Essex 4.10 The Real Housewives of Potomac 5.00 The Real Housewives of Beverly Hills 6.00 Celebrity Catchphrase

7.00 Wheel of Fortune Graham Norton hosts as Fillie, Craig and Becky compete. (S)

8.00 The 1% Club Rollover Special edition of the quiz, hosted by Lee Mack. (S)

9.00 Romesh Ranganathan's Parents' Evening With Gabby Logan, Pete Wicks and Krishnan Guru-Murthy. (S)

10.00 Changing Ends Alan tries to write about the man of his dreams. (S)

10.35 Family Guy Death grants Peter his wish to go back in time to 1984, but only for one night. (S)

11.05 Family Guy Peter learns Lois has slept with his new friend Bill Clinton. (S)

11.35 American Dad! Stan fakes his family's deaths to avoid embarrassment. (S)

12.05 American Dad! (S) **12.35 Bob's Burgers** (S) **1.30 Deal or No Deal** (S) **2.20 Unwind with ITV** (S) **3.00 Teleshopping**

ITV3 SKY: 119 FV: 10

6.00 George and Mildred 7.05 Classic Emmerdale 8.05 Classic Coronation Street 9.10 Agatha Christie's Poirot 11.30 Heartbeat 1.40 Midsomer Murders 3.40 Classic Emmerdale 5.15 Classic Coronation Street 5.50 Heartbeat

8.00 Vera A body is found buried on the Northumberland moors which could be a missing teenager, stirring up tension and suspicion in her nearby rural home town. (S)

10.00 Lewis A professor is suspected in his student lover's murder. (S)

11.50 Inspector Morse The sleuth hunts down an escaped convict. Keith Allen guest stars. (S)

2.00 George and Mildred (S) **2.30 Teleshopping**

ITV4 SKY: 120 FV: 26

6.00 Football Rivalries 6.20 Made in Britain 6.50 Magnum, PI 7.55 Robin of Sherwood 9.00 Boon 10.05 The Professionals 11.15 Robin of Sherwood 12.15 Magnum, PI 2.20 The Memoirs of Sherlock Holmes 3.30 Boon 4.35 The Professionals 5.40 Minder 6.45 Sharpe

9.00 All Elite Wrestling: All In A chance to see the 2025 event, held at Globe Life Field in Arlington, Texas, including Jon Moxley v Hangman Adam Page, and Timeless Toni Storm v Mercedes Mone. (S)

3.45 Unwind with ITV (S) **4.00 Teleshopping**

(R) repeat, (S) subtitles

RADIO

RADIO 1
97.6-99.8 FM

5.00 Radio 1 Early Breakfast with Dean McCullough. **6.58** Newsbeat. **7.00** Radio 1 Breakfast with Greg James. **11.00** Rickie, Melvin and Charlie. **12.45** Newsbeat. **1.00** Matt and Jerry. **3.00** Radio 1 Pop Anthems. **3.30** Newsbeat. **3.33** Going Home with Vick, Katie and Jamie on Radio 1. **5.45** Newsbeat. **6.00** Radio 1's Road to Reading and Leeds with Jack Saunders and Sian Eleri. **8.00** Radio 1's Rave-Up with Arielle Free. Arielle raves up your Thursday night! **10.00** BBC Introducing on Radio 1 Dance with Jaguar. **11.00** The Residency on Radio 1 Dance. **1.00** Danny Howard's Club Mix. **2.00** Radio 1 Anthems. **4.00** Radio 1's Workout Anthems.

RADIO 2
88-90.2 FM

6.30 The Radio 2 Breakfast Show. **9.30** Mark Goodier. **12.00** Tina Daheley. **2.00** DJ Spoony. **4.00** Jason Manford. **7.00** Jo Whiley's Shiny Happy Playlist. **7.30** Jo Whiley. **9.00** The Country Show with Darius Rucker. With Josh Ross and Harleymoon Kemp. **10.00** The Good Groove with Melvin Odoom. **12.00** DJ Borg. **3.00** Dance Sounds of the 90s with Vernon Kay. **4.00** Owain Wyn Evans.

RADIO 3
90.2-92.4 FM

6.30 Breakfast. Tom McKinney presents Radio 3's Breakfast show live from Salford. **9.30** Essential Classics. Georgia Mann plays a selection of classical music. **1.00** Classical Live. The Philharmonia Orchestra in Bernstein and Gershwin at the Proms. **4.00** Composer of the Week: Sally Beamish. Donald Macleod talks to Sally Beamish about her growing success as a composer. **5.00** In Tune. Music, arts news and guests. **6.00** BBC Proms 2026. The Met Orchestra under Yannick Nézet-Séguin performs Mahler. **8.10** BBC Proms 2026. Voices of the River's Edge and the BBC Singers perform contemporary choral music. **10.15** BBC Proms 2026. Music inspired by nature and landscape. **11.45** 'Round Midnight. James Mason spotlights an album that had a profound impact. **12.30** Through the Night.

RADIO 4
92.4-94.6 FM

5.00 News Summary. **5.04** Sideways. Author Matthew Syed explores the ideas that shape individuals' lives. **5.32** Weather. **5.34** Shipping Forecast. **5.43** Prayer for the Day. **5.45** Farming Today. **6.00** Today. With Emma Barnett and Anna Foster. **9.00** Natalie Haynes Stands Up for the Classics. Natalie narrates Jason and the Argonauts' quest to find the Golden Fleece. **9.30** The Guitar Story. John Wilson explores challenges to the guitar's decades of domination. **10.00** Woman's Hour. Presented by Anita Rani. **11.00** This Cultural Life. John Wilson talks to pianist Mitsuko Uchida. **11.45** Book of the Week: All the Beauty in the World. **12.00** News. **12.04** Scam Secrets. Advice on how to help someone who is being scammed. **12.32** Dough. New series. A look at the shift from cash to digital money. **12.57** Weather. **1.00** The World at One. Presented by Sarah Montague. **1.45** Human Intelligence. Naomi Alderman explores Fatema Mernissi's ideas on voice and power. **2.00** The Archers. It's an emotional day for Robert. **2.15** Drama: You and Me, Us and Them. By Lucy Catherine. **3.00** Open Country. Martha Kearney spends a day on a river pilgrimage in Kent. **3.27** Radio 4 Appeal. On behalf of International Animal Rescue. **3.30** Word of Mouth. New series. Michael Rosen speaks to Gaelic language expert Roddy Maclean. **4.00** The Briefing Room. David Aaronovitch discusses a story in the news. Last in the series. **4.30** BBC Inside Science. The latest scientific research. **5.00** PM. Presented by Evan Davis. **5.57** Weather. **6.00** Six O'Clock News. **6.30** Icklewick FM. Rubbish fills the streets as the bin men of Icklewick go on strike. **7.00** The Archers. Keira tries to make amends. **7.15** Front Row. Arts programme. **8.00** NatureBang. How animals can use powerful poses to ward off threats. **8.15** The Media Show. The latest news from the fast-changing media world. **9.00** Loose Ends. Clive Anderson presents the show from the Edinburgh Festivals. **9.45** The Cows Are Mad. Farmers join forces with green activists to make their voices heard. **9.59** Weather. **10.00** The World Tonight. With Shaun Ley. **10.45** Book at Bedtime: Mr Sidhu's Post Office. By Amman Brar. **11.00** Radical. Conversations about the global forces reshaping the world. **11.30** Everything Is Fake and Nobody Cares. Jamie Bartlett traces the moment cheating stopped feeling like cheating. **12.00** News and Weather. **12.30** Book of the Week: All the Beauty in the World. **12.48** Shipping Forecast. **1.00** As BBC World Service.

RADIO 5 LIVE
693 & 909 MW

5.00 Wake Up to Money. **6.00** 5 Live Breakfast. **9.00** Rima Ahmed. **11.00** Gordon Smart. **2.00** Nick Watt. **4.00** 5 Live Drive. **7.00** 5 Live Sport. **7.30** Football. **10.00** Laura McGhie. **1.00** Joel Mitchell.

TALKSPORT
1053 & 1089 MW

5.00 Early Sports Breakfast. **6.00** talkSPORT Breakfast with Alan Brazil. **10.00** Jim White and Simon Jordan. **1.00** Hawksbee and Baker. **4.00** Champions League Drive. **7.00** Kick Off. **10.00** The Sports Bar. **1.00** Extra Time with Paul Ross.

CLASSIC FM
100-102 FM

6.30 Classic FM Breakfast with Dan Walker. **9.00** The Classic FM Hall of Fame Hour with Dan Walker. **10.00** Aled Jones. **1.00** Anne-Marie Minhall. **4.00** Margherita Taylor. **7.00** Relaxing Evenings with Zeb Soanes. **10.00** Calm Classics. **1.00** Bill Overton. **4.00** Early Breakfast.

BBC NEWCASTLE
95.4 FM

6.00 Matt Bailey. **10.00** Anna Foster. **2.00** Scott Makin. **6.00** Total Sport. **8.00** BBC Introducing. Unsigned, undiscovered and under the radar music. **10.00** The Late Show. **1.00** As Radio 5 Live.

HITS RADIO NORTH EAST
97.1, 103 FM

6.00 Breakfast Show. **10.00** The Throwback. **11.00** Tom Green. **1.00** Hattie Pearson. **4.00** Gemma Atkinson and Mike Toolan. **7.00** Scott Clarke. **10.00** Sarah-Jane Crawford. **1.00** Mary Mandefield.

HEART NORTH EAST
100.7 FM

6.30 Heart Breakfast. **10.00** Pandora Christie. **1.00** Matt Wilkinson. **4.00** JK and Kelly Brook. **7.00** Dev Griffin. **10.00** Ben Atkinson. **1.00** Guy Howard.

RADIO TYNESIDE
93.6 FM

6.00 Early Show. **8.00** Good Morning Tyneside. **10.00** Morning Call. **12.00** Lunchbreak. **2.00** The Afternoon Show. **4.00** Teatime on Tyneside. **6.00** Sixties at Six. **7.00** Evening Shift. **9.00** Private Lives. **10.00** Late On. **12.00** Night Sounds.

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THURSDAY'S TV

FREEVIEW AND SATELLITE

Ladies of London: The New Reign, E4, 8pm

E4 SKY: 135 FV: 13

6.00 Modern Family 6.55 Rude(ish) Tube Shorts 7.00 Couples Come Dine with Me 8.00 Ramsay's Kitchen Nightmares USA 10.00 America's Funniest Home Videos 12.00 The Simpsons 2.00 Brooklyn Nine-Nine 3.00 Modern Family 5.00 The Simpsons 6.00 The Simpsons Homer makes it his mission to find Smithers a boyfriend. **6.30 The Simpsons** Marge and Lisa meet a stage star while visiting Capital City. **7.00 The Simpsons** The townsfolk hold a film festival. **7.30 The Simpsons** Lisa has her fortune told. **8.00 Ladies of London: The New Reign** Aristocrat Emma has a health scare and turns to Mark-Francis for comfort. Kimi hosts an arty party, which takes a sour turn when she's confronted about her own behaviour. **9.00 Cruising Paradise: Above and Below Deck** The Star Princess drops anchor in Belize for a mangrove meander and some snorkelling with sharks and stingrays. The new entertainment cast prepare for their first performance. **10.00 Gogglebox** The Great British Bake Off and Strictly Come Dancing are critiqued. **11.05 First Dates** A cheesemaker meets a marketer with an endless line of jokes. **12.05 Naked Attraction 1.10 Cruising Paradise: Above and Below Deck 2.10 Ladies of London: The New Reign 3.00 Ramsay's Kitchen Nightmares USA 3.50 The Goldbergs 4.40 Brooklyn Nine-Nine**

More4 SKY: 136 FV: 18

8.55 Find It, Fix It, Flog It 10.00 Four in a Bed 12.40 Come Dine with Me 3.20 Four in a Bed 5.50 Car S.O.S 6.50 Car S.O.S Fuzz Townshend and Tim Shaw hope to surprise bubble car owner Sam with a secret fix-up of his much-loved Messerschmitt. But a tiny car proves a big challenge for the boys. **7.55 Grand Designs** Kevin McCloud revisits a home built on an airfield in Strathaven in Scotland to check on the progress made by Colin MacKinnon and his partner Marta Briongos. **9.00 24 Hours in A&E** A 37-year-old man faces potentially life-changing injuries and extensive surgery after colliding with a car on his motorbike, while a 54-year-old will need a pacemaker fitted. **10.00 24 Hours in A&E** A woman is rushed to A&E with signs of a stroke. **11.05 999: On the Front Line** Paramedics help a 15-year-old girl trapped in the back of a crashed car. **12.10 999: On the Front Line 1.15 24 Hours in A&E 3.25 The Perfect Pitch 3.55 Close**

Sky One SKY: 106

6.00 Mornings 6.30 Mornings 7.00 Mornings with Ridge and Frost 7.30 Mornings with Ridge and Frost 8.00 Stargate SG-1 10.00 La Brea 11.00 The Simpsons 12.00 Africa's Hunters 1.00 Hawaii Five-0 3.00 S.W.A.T 5.00 The Simpsons 6.00 Rob & Romesh vs Cricket: South Africa Rob Beckett and Romesh Ranganathan go to Cape Town to see England play a Test, trying their hands at commentary and getting a lesson from Kevin Pietersen. **7.00 The Simpsons** Ned Flanders takes in lodgers. **7.30 The Simpsons** Bart becomes a Catholic. With the voice of Liam Neeson. **8.00 Rob & Romesh vs K-Pop** Comedians Rob Beckett and Romesh Ranganathan enter the world of the music phenomenon of K-Pop, starting their journey at a sold-out NCT Dream gig at Wembley Arena. **9.00 An Idiot Abroad 3** Ricky Gervais sends Karl Pilkington on another world tour, from Italy to China — and this time he has company, in the shape of film and TV star Warwick Davis. **10.00 FILM Homefront (2013) (15)** Crime thriller, starring Jason Statham. **12.00 The Paper 1.00 Grimm 2.00 Evil 3.00 Hawaii Five-0 4.00 S.W.A.T**

Sky Atlantic SKY: 108

6.00 Urban Secrets 8.00 Billions 10.15 The Last of Us 12.40 Homicide: Life on the Street 2.20 Billions 4.25 The White Lotus 6.35 House of the Dragon Torn between Mysaria and Daemon's visions for her reign, Rhaenyra grows desperate for a sign that she will prevail. Matt Smith and Emma D'Arcy star. **7.45 House of the Dragon** Shifting alliances irrevocably reshape the war as Rhaenyra's forces converge around Tumbleton and both sides vie to gain the upper hand. Last in the series. **9.00 Fightland** A disgraced former boxing champion returns to London to seek vengeance against the crime kingpin he thinks betrayed him. Drama, starring Howard Charles. **10.05 Fightland** Duke must improvise to keep his mission on track. **11.10 Fightland** Duke turns up the heat on the Marshalls. **12.15 FILM Nightcrawler (2014) (15)** Crime drama, starring Jake Gyllenhaal. **2.20 House of the Dragon 4.40 Sort Of 5.10 Fish Town**

Sky Witness SKY: 107

6.00 Sun, Sea and A&E 7.00 Border Patrol 8.00 UK Border Force 9.00 The Force: Manchester 10.00 Motorway Patrol 10.30 Caught Red Handed 12.00 FBI 2.00 The Rookie 3.00 Law & Order: Criminal Intent 4.00 Nothing to Declare 6.00 Nothing to Declare The work of customs officers in Australia. **6.30 Nothing to Declare** The work of customs officers in Australia. **7.00 Nothing to Declare** The work of customs officers in Australia. **7.30 Nothing to Declare** Fly-on-the-wall documentary. **8.00 Caught on Dashcam** Fly-on-the-dashboard documentary showcasing outrageous road disasters, captured in video form by drivers' in-vehicle dashboard cameras. **9.00 CIA** Colin gets a tip about a terror plot, while the team finds a man who was thought dead after having been kidnapped in Türkiye nine years previously. **10.00 The Equalizer** McCall's life continues to crumble. **11.00 The Rookie** Dim goes missing. **12.00 FBI 1.00 Chicago Med 2.00 Chicago Fire 3.00 Chicago PD 4.00 Motorway Patrol 5.00 Border Security: Canada's Front Line**

Sky Arts SKY: 122 FV: 36

6.00 Classic FM Live: Classical Anthems 8.00 Artist of the Year: Masterclass 9.00 Tales of the Unexpected 10.00 Alfred Hitchcock Presents 11.00 Discovering: Donald Sutherland 12.00 Dickens in Italy with David Harewood 1.00 Tales of the Unexpected 2.00 The Alfred Hitchcock Hour 3.00 Stories from Tate Britain 4.00 Discovering: Dirk Bogarde 5.00 Portrait Artist of the Year 2023 6.00 Tales of the Unexpected Two archaeologists raid a tomb. **6.30 Tales of the Unexpected** An old lady befriends a burglar. **7.00 Alfred Hitchcock Presents** A cook tries to end a dispute between two gunmen. **7.30 Alfred Hitchcock Presents** Frank Partridge and his wife plot to cheat their life insurance company. **8.00 Discovering: Richard Attenborough** The life and career of the English actor and film-maker, who starred in Brighton Rock, 10 Rillington Place, The Great Escape and Jurassic Park and won an Oscar for directing Gandhi. **9.00 Spymasters: The Great Spy Writers** A look at how Cold War storytelling came alive in books by Fredrick Forsyth, Alistair MacLean and John le Carré, with clips from films including The Third Man. **10.00 Ian Fleming and the Curse of Bond** A look at the enduring appeal of 007. **11.45 The Directors** The life and work of John Frankenheimer. **12.45 The Unstoppable Shirley MacLaine 2.00 I Am Patrick Swayze 4.00 A Play in a Day 5.00 Dickens in Italy with David Harewood**

5Star SKY: 128 FV: 32

6.00 Teleshopping 7.00 Shop: Must Have Ideas 7.30 eFOLDi Mobility Scooters 8.00 Bargain-Loving Brits in the Sun 10.00 Nightmare Tenants, Slum Landlords 11.00 Traffic Cops 2.00 Police Interceptors 5.00 Car Pound Cops: Give Me My Car Back! 6.00 Home and Away Dana flaunts her new ring.

The Paper, Sky One, 12am

6.30 Home and Away Remi stands up to Beau. **7.00 GPs: Behind Closed Doors** GPs in Chester treat patients with a swollen foot and suspected glandular fever. **8.00 Casualty 24/7: Every Second Counts** Staff are allowed to work without masks for the first time since the pandemic. **9.00 A&E After Dark** A man with a suspected overdose is escorted in by police. **10.00 Ambulance: Code Red** Following emergency response teams on their most extreme medical callouts. **11.00 Skin A&E** There's a musician from Middlesbrough with a strange looking lump on his arm. **12.00 Killer at the Crime Scene 1.00 Cold Case Killers 2.00 Casualty 24/7: Every Second Counts 2.45 Skin A&E 3.35 Friends 4.00 Teleshopping**

5USA SKY: 141 FV: 21

6.00 Ideal World Shopping 9.00 Entertainment News on 5 9.10 NCIS 12.00 Law & Order 6.00 NCIS Tony is accused of murder. **7.00 NCIS** McGee kills an undercover police officer. **8.00 NCIS** A model is killed at a US Marine base. **9.00 Blue Bloods** Danny consults a psychic to solve the murder of a young boy. **10.00 Law & Order: Special Victims Unit** A plastic surgeon is accused of rape. **11.00 Law & Order: Special Victims Unit** A serial rapist strikes again after two decades of silence. **12.00 Law & Order: Special Victims Unit 2.00 Prodigal Son 3.55 Entertainment News on 5 4.00 Teleshopping**

ITV Quiz FV: 28

9.00 Deal or No Deal 10.00 Tipping Point 1.00 Lingo 2.00 Tenable 3.00 Supermarket Sweep 4.00 Riddiculous 5.00 Deal or No Deal 6.00 Lingo Rachel and Carla, Sulayman and Aasim and Chelsea and Alain compete. **7.00 Lingo** Michelle and Callum, Chris and Mark and Lindsay and Jordan compete. **8.00 Lingo** Daphne and Peter, Sarah and Sarah, and Charlie and Paige compete. **9.00 Supermarket Sweep** Rylan Clark hosts a revival of the game show. **10.00 Tipping Point** Quiz, hosted by Ben Shephard. **11.00 Tipping Point** Ben Shephard hosts the quiz show. **12.00 Tipping Point 12.55 Tenable 1.50 Riddiculous 2.40 Unwind with ITV 3.00 Teleshopping**

SPORTS

SKY MAIN EVENT

6.00 Live Tennis. The Monterrey Open. **6.30** Sky Sports News. **7.00** Sky Sports Breakfast. **9.00** Good Morning Transfers. **10.00** Live Test Cricket. England v Pakistan. **6.30** Live PGA Tour Golf. The Tour Championship. **7.15** Live EFL Cup. Chelsea v Luton Town (kick-off 7.30pm). **10.00** Live PGA Tour Golf. The Tour Championship. **11.00** Live US Open Tennis. The Stars of Stars of the Open exhibition. **2.00** Live Tennis. The ATP Winston-Salem Open and WTA Monterrey Open.

SKY PREMIER LEAGUE

6.00 PL Greatest Games. **7.00** Best PL Goals 06/07. **8.00** Premier League Stories. **8.30** Netbusters. **9.00** Good Morning Transfers. **10.00** Sky Sports FC. **12.00** Transfer Talk. **1.00** Premier League Stories. **1.30** Netbusters. **2.00** Premier League Years. **4.00** Premier League Stories. **4.30** Netbusters. **5.00** The Premier League Show. **7.00** The Transfer Show. Analysis of the latest transfer news. **8.00** The Big Interview. Featuring a Premier League star of the past or present. **8.30** Premier League Stories. A look at the legacy of Pep Guardiola. **9.00** Premier League Review. Action from the opening round of fixtures. **10.00** The Big Interview. **10.30** Premier League Stories. **11.00** Premier League Years. A look back at the 2025/26 season. **1.00** PL Retro. **3.00** PL Greatest Games. **4.00** Best PL Goals 06/07. **5.00** Premier League 100 Club.

TNT SPORTS 1

1.30 Live: La Vuelta Men. Coverage of stage six of the Grand Tour race. **5.00** Live UEFA Champions League. Coverage of the draw for the league phase. **6.00** Groundbreaking. Focusing on Anfield, the home of Liverpool FC. **6.15** MLB Highlights. Action from Major League Baseball. **7.15** Live MLB. St Louis Cardinals v Baltimore Orioles (Start-time 7.15pm). **10.00** Hard Knocks: Training Camp with the Seattle Seahawks. **11.00** MLB Classic. **11.15** MLB Highlights. **12.15** Live MLB. Atlanta Braves v Los Angeles Dodgers (Start-time 12.15am). **3.00** MLB Plays of the Week. **3.30** UFC: The Ultimate Fighter. **4.30** TNT Sports Reload. **5.00** UCI Mountain Bike World Championship.

TNT SPORTS 2

6.00 La Vuelta Men. **7.00** Live: Snooker Wuhan Open. Coverage of the first session of the quarter-finals of the tournament. **10.00** TNT Sports Reload. **10.30** UCI Mountain Bike World Series Review. **11.00** UEFA Champions League — Stories of the Finals. **11.30** LIV Golf. **12.30** Live: Snooker Wuhan Open. Coverage of the second session of the quarter-finals of the tournament. **3.30** MLB Highlights. **4.30** Live: UCI Mountain Bike World Championship. Coverage of elite cross county short track event in Val di Sole, Italy. **5.15** Live: UCI Mountain Bike World Championship. Coverage of elite cross county short track event in Val di Sole, Italy. **6.30** eSports Show. A round-up of the latest news and events from the world of eSports. **7.00** Premier League Stories. A celebration of the extraordinary legacy of Pep Guardiola. **7.30** Test Cricket Highlights. Sri Lanka v India. **8.30** UCI Mountain Bike World Series Review. A look at the best action from the event held in Haute Savoie, France. **9.00** Rolex SailGP Championship. Action from the ninth round of the season in Sassnitz, Germany. **10.00** La Vuelta Men. **11.00** CPL Highlights. **11.30** Live: CPL. St Kitts & Nevis Patriots v Jamaica Kingsmen. **3.45** TNT Sports Cricket Reload. **4.00** Snooker Wuhan Open.

MOVIES

Spider-Man: No Way Home, Sky Cinema Action, 8pm

Sky Cinema Premiere

7.20 Tom And Jerry: Forbidden Compass (2025) (PG) 9.05 Charlie the Wonderdog (2025) (PG) 10.40 Song Sung Blue (2025) (12) 12.55 Five Nights At Freddy's 2 (2025) (15) 2.45 Heretic (2024) (15) 4.40 Twinless (2025) (15) 6.25 Normal (2026) (15) A temporary small-town law enforcer uncovers dark mysteries after a local bank robbery. Action comedy, starring Bob Odenkirk.

8.00 Five Nights At Freddy's 2 (2025). (15) One year after the nightmare at Freddy Fazbear's Pizza, a duo are pulled back into a terrifying series of events. Horror sequel, starring Josh Hutcherson. (S)

10.00 Heretic (2024). (15) Horror, starring Hugh Grant. (S)

12.00 Signal One (2026) (15) Sci-fi thriller, starring Isabelle Fuhrman. (S) **1.45 Twinless (2025) (15)** (S) **3.30 Normal (2026) (15)** (S) **5.10 Charlie the Wonderdog (2025) (PG)** (S)

Sky Cinema Drama

6.00 True Grit (1969) (PG) 8.10 Girl You Know It's True (2023) (15) 10.20 Love Me (2024) (15) 12.00 The Friend (2024) (15) 2.05 Valentine's Day (2010) (12) 4.20 The Breakfast Club (1985) (15) 6.05 Grease 2 (1982) (PG)

8.00 Rocketman (2019). (15) Elton John enters an addiction rehabilitation session, and recounts his extraordinary life in a flashback. Biopic, starring Taron Egerton and Jamie Bell. (S)

10.15 Hamnet (2025). (12) With Paul Mescal. (S)

12.25 The Brutalist (2025) (18) (S) **3.50 Love Me (2024) (15)** (S) **5.30 Sky Cinema Preview — August 2026**

Sky Cinema Comedy

6.40 Seven Psychopaths (2012) (15) 8.40 Police Academy 3: Back in Training (1986) (PG) 10.10 The Phoenician Scheme (2025) (15) 12.00 Logan Lucky (2017) (12) 2.00 Yesterday (2019) (12) 4.00 Bridget Jones: Mad About the Boy (2025) (15) 6.05 Beverly Hills Cop (1984) (15)

8.00 Ace Ventura: Pet Detective (1994). (12) With Jim Carrey. (S)

9.30 Ace Ventura: When Nature Calls (1995). (12) With Jim Carrey. (S)

11.10 Little Fockers (2010). (12) With Robert De Niro. (S)

12.50 Adulthood (2025) (15) (S) **2.30 Sasquatch Sunset (2024) (15)** (S) **4.00 We're the Millers (2013) (15)** (S)

Sky Cinema Action

7.05 The Cinema List: Nature Gone Wild 7.20 S.W.A.T (2003) (12) 9.20 The Meg (2018) (12) 11.15 First Knight (1995) (PG) 1.30 Batman Forever (1995) (12) 3.35 The Expendables 3 (2014) (15) 5.50 Hellboy II: The Golden Army (2008) (12)

8.00 Spider-Man: No Way Home (2021). (12) Peter Parker asks Doctor Strange for help to change the past, only to face foes from parallel universes. Comic-book adventure sequel, starring Tom Holland. (S)

10.30 Normal (2026). (15) With Bob Odenkirk. (S)

12.05 The Expendables (2010) (15) (S) **1.55 300 (2006) (15)** (S) **3.55 Kraven the Hunter (2024) (15)** (S)

Sky Cinema Thriller

7.00 Sky Cinema Preview — August 2026 7.30 Murder by Numbers (2002) (15) 9.40 The Perfect Storm (2000) (12) 11.55 Patriot Games (1992) (15) 1.55 Red Dragon (2002) (15) 4.05 Caught Stealing (2025) (15) 6.00 The Bourne Supremacy (2004) (12)

8.00 The Bourne Ultimatum (2007). (12) The amnesiac assassin regains his memory, just as a CIA director sets in motion a plan to kill him. Spy thriller sequel, starring Matt Damon, Julia Stiles and David Strathairn. (S)

10.00 Caught Stealing (2025). (15) Comedy thriller, starring Austin Butler. (S)

12.00 Fatal Attraction (1987) (18) (S) **2.10 Nightcrawler (2014) (15)** (S) **4.15 Kill (2023) (15)** (S)

Talking Pictures TV

6.00 Lily of Killarney (1934) (U) 7.35 Father's Little Dividend (1951) (U) 9.15 Kill Me Tomorrow (1957) (PG) 10.50 The Leather Boys (1964) (PG) 1.00 The Adventures of Sir Lancelot 1.30 The Duchess of Duke Street 2.35 Operation Diplomat (1953) (U) 3.55 Cinebox Memories 4.00 That's My Boy 4.35 Train of Events (1949) (PG) 6.20 Strange But True Michael Aspel takes a look at the paranormal caught on camera. **6.55 The Brothers** Jennifer's assumption of Barbara and Johnny's debt backfires.

8.00 Mark Saber The crime buster attempts to solve the murder of a young Italian girl. (S)

8.30 The Wheeltappers and Shunters Social Club Wilma Reading performs I'll Follow You My Love. (S)

9.20 Frankenstein and the Monster from Hell (1973). (15) Hammer horror, starring Peter Cushing. (S)

11.15 Albert RN (1953). (PG) Fact-based Second World War drama, starring Anthony Steel. (S)

1.00 Twilight's Last Gleaming (1977) (15) (S) **3.50 1960s London-Glimpses 4.00 Burke's Law 5.00 The Man from UNCLE** (S)

Film4

11.00 Wonder Park (2019) (PG) 12.45 Cloudy with a Chance of Meatballs (2009) (U) 2.35 The Story of Robin Hood and His Merrie Men (1952) (U) 4.15 The Straight Story (1999) (U) 6.30 Hidden Figures (2016) (PG)

9.00 American Gangster Special Preview of Ridley Scott's crime thriller.

9.10 American Gangster (2007). (18) Fact-based crime drama about 1970s drug kingpin Frank Lucas and the cop who tried to bring him down in the face of police corruption. Starring Denzel Washington and Russell Crowe. (S)

12.20 Honest Thief (2020) (15) (S) **2.20 Wildfire (2021)** (S) **4.00 Close**

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Deaths

BURGE
William
(Bill)
(Foulden)

Passed away at home surrounded by his family on 10th August, aged 83 years.

Devoted husband of the late Betty, loving dad to Mark and Kay, father-in-law to Lynne and Robin.

Funeral service on Wednesday 2nd September, 12 noon at Foulden Church followed by interment at Mordington Cemetery.

Family flowers only please, retiring collection for Foulden Village Hall.

RICH
Joy
(Jackson)
Died in Penrith on 22nd August 2026.

Beloved wife of Alan, mother to Harriet and Tamsin, and grandmother to Rhys.

No flowers but donations in lieu to the Alzheimer's Society.

Enquiries:

Walker's Funeral Directors, 01768 892211.

WILSON
James Henry
(Jimmy)
(Bedlington)
Passed away peacefully on 9th August 2026, aged 89 years.
Beloved husband of Etta, much loved dad of Diane, Karen and Caroline. Devoted grandad of Gavin, Dean, Karl, Michael, Ben, Abbie, Daniel and Luke.

Please meet for Funeral Service at St Cuthbert's Church, Bedlington on Wednesday 2nd September 2026 at 11:45am followed by interment at Bedlington Cemetery at 12:30pm.

Family flowers only please. Donations in lieu if desired to St Cuthbert's Church for which plates will be available.

All welcome afterwards for refreshments at The Market Place Club, Bedlington.

All enquiries c/o
John Grenfell & Son Funeral Directors, Bedlington.
Tel: (01670) 823204.

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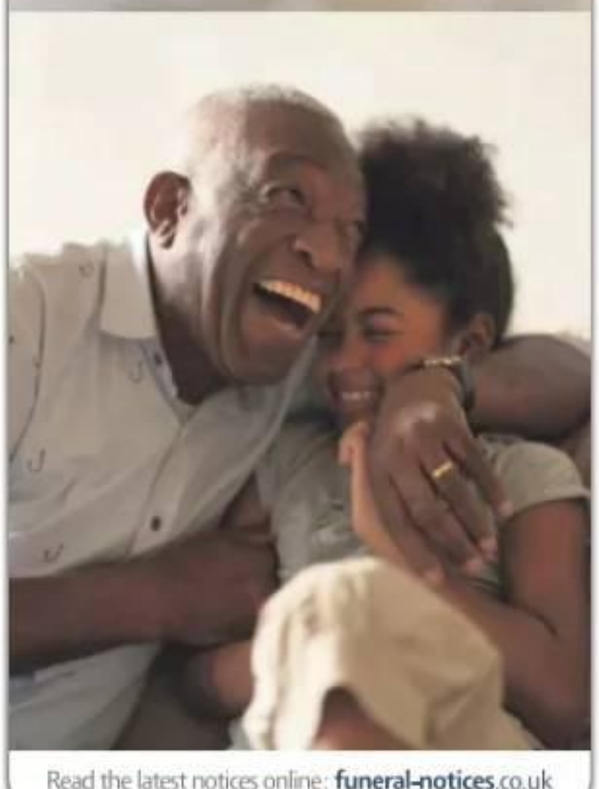

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Alcohol & Licensing

LICENSING ACT 2003
NOTICE OF APPLICATION
FOR A PREMISES LICENCE

Premises

CHEAT DAZE
Arch 7, Forth Street
Newcastle upon Tyne
NE1 3NZ

Notice is given that RKBY LTD applied to Newcastle City Council
on 24th August 2026 for a Premises Licence for the above premises for the following licensable activities:-

Late Night Refreshment
Monday to Sunday 23:00 to 02:00

Anyone who wishes to make representations regarding this application must give notice in writing to:-
Licensing Authority, Newcastle City Council, Public Safety and
Regulation, Civic Centre, Newcastle upon Tyne NE1 8QH

Representations must be received by 21st September 2026

The Application Record and Register may be viewed during normal office hours at the above address or at https://portal.newcastle.gov.uk

It is an offence under Section 158 of the Licensing Act 2003,
knowingly or recklessly to make a false statement in connection with
an application and the maximum fine for which a person is liable on
summary conviction for the offence is up to level 5 on the standard
scale(£5000)

Traffic & Roads

THE COUNCIL OF THE BOROUGH OF NORTH TYNESIDE

BENTON, CULLERCOATS, NORTH SHIELDS, WALLSEND AND WIDEOPEN TOUCAN AND ZEBRA CROSSINGS

North Tyneside Council gives notice that under Section 23 of the Road Traffic Regulation Act 1984, and after consultation with the Chief Officer of Police, it proposes to establish:

a) Signalised (Toucan) crossings on:

- (B1316) Billy Mill Lane, North Shields – at a point 7 metres south east of its junction with the southern (service) access to St Thomas More School;
- (A186) Station Road, Wallsend – at a point 17 metres north of its junction with Wiltshire Drive/ Mullen Road;
- Stalks Road, Wideopen – at a point 12 metres west of its junction with Rayleigh Drive;
- Whitley Road, Benton – at a point 20 metres west of its junction with (A186) Station Road.

b) Zebra crossings on:

- Wiltshire Drive, Wallsend – at a point 42 metres south-east of its junction with the access road to Redesdale Primary School;
- Ennerdale Road, Cullercoats – at a point 8 metres south of its junction with Farringdon Road.

The proposals will increase safety for all road users and contribute to ensuring that highway conditions are conducive to support greater usage of cycling, walking and wheeling

Further details relating to the order are available to view on the Council's website www.northtyneside.gov.uk (Statutory Notices). If you wish to object to the proposals you should send the grounds for your objection in writing to the undersigned or via email to democraticsupport@northtyneside.gov.uk by 16 September 2026 after below. Any objections received may be published as part of any reports to councillors on the matter.

Dated: 27 August 2026

Director of Environment, Quadrant, Silverlink North, Cobalt Business Park, NE27 0BY

Traffic & Roads

THE BOROUGH COUNCIL OF GATESHEAD
(JUNIOR AND MINI GREAT NORTH RUNS 2026)
(GATESHEAD QUAYS AREA)
TEMPORARY TRAFFIC REGULATION ORDER 2026

NOTICE IS HEREBY GIVEN that on 26 August 2026, the Borough Council of Gateshead made an Order, following the consent of the Secretary of State and in exercise of the powers conferred by Section 16A - 16C of the Road Traffic Regulation Act 1984. The Order is required to enable the holding of a series of events as detailed in Schedule 1 below, and for the safety of participants and spectators in those events. The effect of the Order, which commences at 15:00 on Friday 11 September 2026 and is valid until 19:00 on Saturday 12 September 2026, is to prohibit all vehicles (except authorised vehicles, participants and personnel involved in the Event and emergency services vehicles on duty) from proceeding along or Waiting, Loading or Stopping along the lengths of carriageway specified in Schedule 2 below. And a prohibition to all pedestrians and cyclists along the lengths of footway and cycleways as set out in Schedule 3 below. The prohibitions as set out in the Schedules below will be operative at such times and to such extent as may be indicated by the display of traffic signs. Signed alternative routes will be in place whilst the prohibitions are in place.

Dated: 27 August 2026

Angela Simmons-Mather, Chief Legal Officer, Gateshead Council, Civic Centre, Regent Street, Gateshead, NE8 1HH.

HW/077312

SCHEDULE 1

Event	Duration
Great North 5K	11 September 2026 (1 day) 15:00 - 21:00
Mini and Junior Great North Runs	12 September 2026 - (1 day) 06:00 - 19:00

SCHEDULE 2
Road Closures and No Waiting, Stopping or Loading

Area	Prohibition
South Shore Road	From a point 106 metres west of its junction with Mill Road in a westerly direction to its junction with Hillgate.
Hillgate	From its junction with South Shore Road to its junction with Bridge Street.
Hillgate Quay access road	For its entire length.
Bottle Bank	From its junction with High Street in a northerly direction for 101 metres.
Bridge Street	For its entire length.
Swing Bridge	For its entire length.
Pipewellgate	For its entire length.
Centrelink - Autumn Drive to Pipewellgate	For its entire length.
Rabbit Banks Road	For its entire length.
Gateshead Millennium Bridge and approach footpaths	For its entire length.

SCHEDULE 3
Footway/Cycleway Closures

Area	Prohibition
Riverside Footway From Riverside Row to Redheugh Bridge	From its junction with Autum Drive to its junction with Riverside X Footway from Redheugh Bridge to Pipewellgate X.
Riverside X Footway from Redheugh Bridge to Pipewellgate X	For its entire length.

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Traffic & Roads

national highways

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14
THE A1 TRUNK ROAD (SEATON BURN INTERCHANGE TO STANNINGTON INTERCHANGE) (TEMPORARY RESTRICTION AND PROHIBITION OF TRAFFIC)

NOTICE IS HEREBY GIVEN that National Highways Limited intends to make an Order on the A1 Trunk Road, in Northumberland, to enable surfacing works to be carried out in safety.

The works are expected to start at 8pm on Wednesday 23 September 2026 for 11 weeks, or until completed.

The effect of the Order will be, for 24 hours a day, at times during the works, to impose a temporary:

(i) 40mph speed restriction on the A1 northbound carriageway from 850 metres south of the exit slip road at Seaton Burn Interchange (Junction 80) to the entry slip road at Stannington Interchange, a distance of 7350 metres;

(ii) 10mph speed restriction on the A1 northbound carriageway from the exit slip road at Seaton Burn Interchange to the entry slip road at Stannington Interchange, a distance of 6500 metres;

(iii) 40mph speed restriction on the A1 southbound carriageway from 850 metres north of the exit slip road at Stannington Interchange to the entry slip road at Seaton Burn Interchange, a distance of 7450 metres; and

(iv) 10mph speed restriction on the A1 southbound carriageway from the exit slip road at Stannington Interchange to the entry slip road at Seaton Burn Interchange, a distance of 6600 metres.

The 10mph limit will only apply when, for safety reasons, traffic has to be escorted through the works by a highway maintenance vehicle.

It will be necessary, for 24 hours a day, at times during the works, to;

(v) close the laybys adjacent to the A19 northbound carriageway approximately 1350 metres south of Seaton Burn roundabout(which will be used as an abnormal load holding area); A1 northbound carriageway approximately 445 metres north of Seven-mile Overbridge (Great North Road); A1 northbound carriageway approximately 630 metres north of Shotton Overbridge (Blagdon Lane); A1 southbound carriageway approximately 600 metres north of the exit slip road at Stannington Interchange (which will be used as an abnormal load holding area); A1 southbound carriageway approximately 600 metres north of the exit slip road at Shotton Interchange; and A1 southbound carriageway approximately 450 metres south of Shotton Overbridge (Blagdon Lane);

(vi) close the bus stop adjacent to the A1 northbound carriageway approximately 310 metres north of the entry slip road at Blagdon Interchange; and

(vii) ban cyclists and pedestrians from the carriageway as described above in (ii) and (iv).

It will also be necessary, between 8pm and 6am, at times during the works, to close the A1:

(viii) carriageway as described above in (ii) and (iv); and

(ix) northbound entry and southbound exit slip roads at Seaton Burn Interchange; northbound entry slip road at Blagdon Interchange (Great North Road); northbound exit slip road at Stannington (Old Road); northbound exit and southbound entry slip roads at Stannington Interchange; and southbound exit slip road at Shotton Interchange (Great North Road).

During the closures suitably signed alternative routes will be available at all times.

Traffic management will be in force 24 hours a day and traffic signs will indicate the extent of the restrictions (which will not apply to emergency service vehicles or special forces vehicles) and prohibitions (which will not apply to emergency service vehicles or vehicles being used in connection with the said works or for winter maintenance, to anyone engaged in the said works, or traffic officer purposes). Access will be maintained at all times to premises and properties which are accessible from, and only from, the A1. The Order comes into force on 22 September 2026 and has a maximum duration of eighteen months.

The contact for any further information about this notice is Adam Smith. For enquiries, please contact the National Highways Customer Contact Centre on 03001235000 or info@nationalhighways.co.uk

RICHARD FOXTON, National Highways, 2 City Walk, LEEDS, LS11 9AR.

CITY OF NEWCASTLE UPON TYNE
WAVERDALE AVENUE AREA

(i) **The City of Newcastle upon Tyne (Waiting Restrictions and On Street Parking Places) Order 2026 (Waverdale Avenue Area Variation TROST24) Order 2026**

NOTICE IS HEREBY GIVEN that on the 20th August 2026 the Council of the City of Newcastle upon Tyne made an Order under Sections 1, 2, 4 and Part IV of Schedule 9 of the Road Traffic Regulation Act 1984 and the Traffic Management Act 2004, and of all other enabling powers, which amends the City of Newcastle upon Tyne (Waiting Restrictions and On Street Parking Places) Order 2026 ("the 2026 Order").

The effect of the variation Order which will come into operation on the 1st September 2026 is to introduce no waiting at anyvtime restrictions (double yellow lines) at -

(a) the junction of Ennerdale Road and Weardale Avenue, and

(b) on a section of Waverdale Avenue (at the entrance to Walker Riverside Academy).

(ii) **Construction of Road Humps - Waverdale Avenue**

The construction of road humps (speed cushions) in **Waverdale Avenue will also be proceeded with**, in exercise of powers under Section 90A of the Highways Act 1980, details of which were advertised in the Journal newspaper on the 7th July 2026.

If you wish to view the documents relating to the Order and Notice (including the draft Order, Notice, plan, a copy of the 2026 Order, the new map tiles and a statement of the Council's reasons for proposing to make the Order), please email a request to streetworks@newcastle.gov.uk Alternatively, please telephone (0191) 2787878 to request a copy of the documents. The documents may also be viewed free of charge at The Arches reception, Newcastle Civic Centre, Barras Bridge, Newcastle upon Tyne, NE1 8QH between 9am and 4.30pm, Monday to Friday.

If you wish to question the validity of the above Order or of any of its provisions on the grounds that it or they are not within the powers conferred by the Act or that any relevant requirements have not been complied with in relation to the Order **you may, within six weeks from the 20th August 2026**, apply to the High Court for this purpose.

Dated: 27 August 2026
L Scott, Service Manager Democratic Services, Civic Centre, Newcastle upon Tyne, NE1 8QH

CITY OF NEWCASTLE UPON TYNE
(BEACONSFIELD STREET)
TEMPORARY TRAFFIC
REGULATION ORDER 2026

1. **NOTICE IS HEREBY GIVEN** that the Council of the City of Newcastle upon Tyne intend, not less than seven days from the date of this Notice, to make an Order under Section 14 of the Road Traffic Regulation Act 1984, the effect of which will be to prohibit any vehicular traffic to proceed on Beaconsfield Street from its junction with Stanhope Street to its junction with Walter Terrace.
2. The alternative route for traffic will be signed on site as required.
3. The order is required to allow works to be carried out on or near the highway.
4. Exemptions will be provided for vehicles engaged in the said works.
5. The Order will come into operation on 1 October 2026 at 09:30 and will continue, as and when the relevant traffic signs are displayed, up to 31 December 2026 at 15:30 or until the proposed works are completed, whichever is the earlier.
6. Further information may be obtained by emailing Trafficregulationorders@newcastle.gov.uk or telephoning the Council's Traffic Management section on (0191) 2787878.

Dated: 27 August 2026

L Scott, Service Manager Democratic Services, Civic Centre, Newcastle upon Tyne, NE1 8QH

THE BOROUGH COUNCIL OF GATESHEAD
(KINGSWAY NORTH JUNCTIONS, GATESHEAD)
TEMPORARY TRAFFIC REGULATION ORDER 2026

Notice is hereby given that on 26 August 2026 the Borough Council of Gateshead made an Order under section 14(1) of the Road Traffic Regulation Act 1984 the effect of which will be to temporarily prohibit vehicles from proceeding along the lengths of highway as Schedule below. The Order is required to facilitate the construction of raised tables on the highway. The Order will come into force at 19:00 hours on 02 September 2026. The maximum duration of the Order will be 18 months; however, the works are expected to be completed by 05:00 hours on 06 September 2026. The prohibitions will be in place overnight between the hours of 19:00 and 05:00 on each operative day. During the works all vehicles (except vehicles associated with the works and emergency service vehicles on duty) will be prohibited from proceeding along the above road until the works are completed or at such times and to such extent as may from time to time be indicated by the display of traffic signs. During the works there will be a signed diversion in place.

Dated: 27 August 2026
Angela Simmons-Mather, Chief Legal Officer, Gateshead Council, Civic Centre, Regent Street, Gateshead, NE8 1HH

Schedule

Location	Description
Third Avenue	From its junction with Kingsway North in an easterly direction for a distance of 50 metres.
Fifth Avenue	
Seventh Avenue	
Ninth Avenue	
Eleventh Avenue	

THE BOROUGH COUNCIL OF GATESHEAD
(SANDY LANE/THOMAS STREET BACK, EIGHTON BANKS)
TEMPORARY TRAFFIC
REGULATION ORDER 2026

Notice is hereby given that on 26 August 2026 the Borough Council of Gateshead made an Order under section 14(1) of the Road Traffic Regulation Act 1984 the effect of which will be to temporarily prohibit vehicles from proceeding along Sandy Lane Nos. 2-60 and Thomas Street Back from the rear of the gable end of No. 2 Sandy Lane in a northeasterly direction for a distance of 16 metres. The Order is required to facilitate excavation works to renew a hydrant. The Order will come into force on 01 September 2026. The maximum duration of the Order will be 18 months; however, the works are expected to be completed by 04 September 2026. During the works all vehicles (except vehicles associated with the works and emergency service vehicles on duty) will be prohibited from proceeding along the above road until the works are completed or at such times and to such extent as may from time to time be indicated by the display of traffic signs. During the works there will be a signed diversion in place.

Dated: 27 August 2026
Angela Simmons-Mather, Chief Legal Officer, Gateshead Council, Civic Centre, Regent Street, Gateshead, NE8 1HH

THE BOROUGH COUNCIL OF GATESHEAD
(BLACKHILL CRESCENT, GATESHEAD)
TEMPORARY TRAFFIC
REGULATION ORDER 2026

Notice is hereby given that on 26 August 2026 the Borough Council of Gateshead made an Order under section 14(1) of the Road Traffic Regulation Act 1984 the effect of which will be to temporarily prohibit vehicles from proceeding along Blackhill Crescent from a point 55 metres northeast of the junction with Aycliffe Avenue in a north-easterly then north-westerly direction for a distance of 126.5 metres. The Order is required to facilitate CCTV survey and sewer cleansing works. The Order will come into force at 09:00 hours on 01 September 2026. The maximum duration of the Order will be 18 months; however, the works are expected to be completed by 16:00 hours on 01 September 2026. During the works all vehicles (except vehicles associated with the works and emergency service vehicles on duty) will be prohibited from proceeding along the above road until the works are completed or at such times and to such extent as may from time to time be indicated by the display of traffic signs. During the works there will be a signed diversion in place.

Dated: 27 August 2026
Angela Simmons-Mather, Chief Legal Officer, Gateshead Council, Civic Centre, Regent Street, Gateshead, NE8 1HH

THE BOROUGH COUNCIL OF GATESHEAD
(ROEHEDGE, LEAM LANE - FOOTPATH CLOSURE)
TEMPORARY TRAFFIC
REGULATION ORDER 2026

Notice is hereby given that on 26 August 2026 the Borough Council of Gateshead made an Order under section 14(1) of the Road Traffic Regulation Act 1984 the effect of which will be to temporarily prohibit pedestrians from proceeding along the footpath at the front of properties 5 to 11 Roehedge from the gable end of property 5 Roehedge in an easterly direction for 32.5 metres. The Order is required to facilitate works to existing electrical services. The Order will come into force on 1 September 2026. The maximum duration of the Order will be 6 months; however, the works are expected to be completed by 4 September 2026. During the works all pedestrians (except operatives associated with the works and emergency service operatives on duty) will be prohibited from proceeding along the above footpath until the works are completed or at such times and to such extent as may from time to time be indicated by the display of traffic signs. During the works there will be a signed diversion in place.

Dated 27th August 2026
Angela Simmons-Mather, Chief Legal Officer, Gateshead Council

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THE BOROUGH COUNCIL OF GATESHEAD
(MOUNT COURT BIRTLEY - FOOTPATH CLOSURE)
TEMPORARY TRAFFIC
REGULATION ORDER 2026

Notice is hereby given that the Borough Council of Gateshead proposes to make an Order under section 14(1) of the Road Traffic Regulation Act 1984 the effect of which will be to temporarily prohibit pedestrians from proceeding along the footpath between Mount Court and Aspen Close:-

a. from 85 Mount Court in a northeasterly direction for 40 metres,

b. from 95 Mount Court in a northerly direction for 42 metres.

The Order is required to facilitate works on behalf of M Group Telecoms. The Order will come into force on 14 September 2026. The maximum duration of the Order will be 6 months; however, the works are expected to be completed by 18 September 2026. During the works all pedestrians (except operatives associated with the works and emergency service operatives on duty) will be prohibited from proceeding along the above footpath until the works are completed or at such times and to such extent as may from time to time be indicated

Dated 27 August 2026
Angela Simmons-Mather, Chief Legal Officer, Gateshead Council, Civic Centre, Regent Street, Gateshead, NE8 1HH
IKEN/77319

THE BOROUGH COUNCIL OF GATESHEAD
(SOUTH SHORE ROAD CAR PARK - FOOTPATH CLOSURE)
TEMPORARY TRAFFIC
REGULATION ORDER 2026

Notice is hereby given that on 26 August 2026 the Borough Council of Gateshead made an Order under section 14(1) of the Road Traffic Regulation Act 1984 the effect of which will be to temporarily prohibit pedestrians from proceeding along the footpath west of South Shore Road Car Park for its entire length. The Order is required for public safety to facilitate refurbishment works being undertaken to The Kittiwake Tower. The Order will come into force on 01 September 2026, and the maximum duration of the Order will be 6 months. During the works all pedestrians (except operatives associated with the works and emergency service operatives on duty) will be prohibited from proceeding along the above footpath until the works are completed or at such times and to such extent as may from time to time be indicated by the display of traffic signs. During the works there will be a signed diversion in place.

Dated: 27 August 2026
Angela Simmons-Mather, Chief Legal Officer, Gateshead Council, Civic Centre, Regent Street, Gateshead, NE8 1HH

THE COUNCIL OF THE BOROUGH OF NORTH TYNESIDE

(PROHIBITION AND RESTRICTION OF WAITING AND LOADING) (CONSOLIDATION) ORDER 2026 (ON STREET PARKING PLACES) (CONSOLIDATION) ORDER 2026 (SPEED LIMITS) (CONSOLIDATION) ORDER 2026 VARIATION ORDER 2026

North Tyneside Council gives notice that it proposes to make variation orders under Sections 1, 2, 4, 32, 35, 82, 83, 84 and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984 and all other enabling powers. The effect of the orders, if made, will be to vary the following orders as detailed below:

A. the North Tyneside (Prohibition and Restriction of Waiting and Loading) (Consolidation) Order 2026, so that:

1. no waiting at any time restrictions be introduced on the following lengths of road:

a) Ballast Hill Road, North Shields
- Both sides, from its junction with the access to Royal Quays Marina Boatyard, to a point 16 metres south of that junction;
- North side, from its junction with the access to Royal Quays Marina Boatyard, to a point 38 metres east of that junction;
- South side, from its junction with the access to Royal Quays Marina Boatyard, to a point 52 metres east of that junction.

b) David Street, Wallsend
- Both sides, from its junction with John Street, to a point 5 metres east of that junction;
- North side, from a point 3 metres west of its junction with Lisle Street, to a point 3 metres east of that junction;
- North side, from a point 4 metres west of its junction with Wilson Street, to a point 3 metres east of that junction.

c) John Street, Wallsend
- Both sides from its junction with North Road, to a point 9 metres south of that junction;
- East side, from a point 5 metres north of its junction with David Street, to a point 4 metres south of that junction;
- West side, from a point 7 metres north of its junction with David Street, to a point 5 metres south of that junction;

d) Lisle Street, Wallsend on both sides, from its junction with David Street, to a point 3 metres north of that junction.

e) Marden Avenue, Cullercoats on its North side, from a point 3 metres west of its junction with St Oswin's Avenue, to a point 6 metres east of that junction.

f) North Road, Wallsend on its South side, from a point 6 metres west of its junction with John Street, to a point 7 metres east of that junction.

g) Saker Place, Wallsend on its South side, from its junction with John Street, to a point 3 metres west of that junction.

h) Station Road, Cullercoats on its South side, from a point 3 metres west of its junction with St Oswin's Avenue, to a point 3 metres east of that junction.

i) St Oswin's Avenue, Cullercoats
- Both sides, from its junction with Station Road, to a point 3 metres south of that junction;
- East side, from a point 2 metres north of its junction with the unnamed road to the north of Marden Avenue (east) to a point 2 metres south of that junction;
- East side, from a point 2 metres north of its junction with the unnamed road to the south of Station Road (east) to a point 2 metres south of that junction;
- East side, from its junction with Marden Avenue, to a point 6 metres north of that Junction;
- West side, from a point 2 metres north of its junction with the unnamed road to the north of Marden Avenue (west) to a point 2 metres south of that junction;
- West side, from a point 2 metres north of its junction with the unnamed road to the south of Station Road (west) to a point 2 metres south of that junction;
- West side, from its junction with Marden Avenue, to a point 7 metres north of that Junction.

j) Town Square, Wallsend on its North side, from its junction with John Street, to a point 5 metres west of that junction.

k) Un-named road off Wiltshire Drive forming the access road to Redesdale Primary School, Wallsend on its South side, from its junction with Wiltshire Drive to a point 7 metres west of that junction.

l) Un-named road to the north of Marden Avenue (west) on both sides, from its junction with St Oswin's Avenue, to a point 5 metres west of that junction.

m) Wilson Street, Wallsend on both sides, from its junction with David Street, to a point 4 metres north of that junction.

n) Wiltshire Drive, Wallsend
- North-east side, from a point 61 metres south-east of its junction with Farndale to a point 95 metres south-east of that junction;
- South-west side, from its junction with the access road to Redesdale Primary School to a point 23 metres south-east of that junction.

2. no waiting at any time restrictions on the following road be amended so that they apply to the following extent:

a) Wiltshire Drive, Wallsend on its North side, from its junction with Station Road to a point 110 metres north west of that junction.

3. no waiting at any time restrictions on the following lengths of road be revoked:

a) Un-named road off Wiltshire Drive forming the access road to Redesdale First School, Wallsend on its South side, between its junction with Wiltshire Drive in a westerly direction for a distance of 15 metres;

b) Wiltshire Drive, Wallsend on its South-west side, between its junction with the access road to Redesdale First School and a point 23 metres south-east of its junction with the access road to Redesdale First School.

4. No waiting between 8am and 6pm, Monday to Saturday restrictions be introduced on the following length of road:

a) John Street, Wallsend on its West side, from a point 27 metres south of its junction with North Road to a point 76 metres south of that junction.

5. No stopping on school entrance markings between 8.15am - 9.15am and 3pm - 4pm, Monday to Friday restrictions be introduced on the following length of road:

a) Un-named access road between Whitehouse Lane and the access to Whitehouse Primary School, North Shields on both sides, from its junction with Whitehouse Lane to a point 68 metres east of that junction.

6. No stopping on school entrance markings between 8.15am - 9.15am and 3pm - 4pm, Monday to Friday restrictions be amended so that they apply to the following extent:

a) Nelson Terrace, Percy Main (Percy Main Primary School) on its West side, from a point 31 metres north of its northern junction with Nelson Crescent to a point 27 metres south of that junction.

7. No stopping on school entrance markings between 8.15am - 9.15am and 3pm - 4pm, Monday to Friday restrictions on the following lengths of road be revoked:

a) Blanchland Terrace, North Shields on its East side, from a point 20 metres south of its junction with Preston Avenue to a point 81 metres south of that junction.

b) Preston Avenue, North Shields on both sides, from its junction with Blanchland Terrace to a point 124 metres east of that junction.

c) Whitehouse Lane, North Shields on both sides, from a point opposite the eastern boundary of no.163 to a point 26 metres east of the eastern boundary of no.163.

d) Wiltshire Drive, Wallsend (Redesdale Primary School)
- Access road to Redesdale Primary School – both sides from a point 10 metres west of its junction with Wiltshire Drive to a point 86 metres west of that junction;
- West side from a point 23 metres south of its junction with the access road to Redesdale Primary School to a point 67 metres south of that junction.

8. No stopping on school entrance markings between 7am and 5am, Monday to Friday restrictions be introduced on the following lengths of road:

a) Wiltshire Drive, Wallsend (Redesdale Primary School)
- Access road to Redesdale Primary School on its North side from its junction with Wiltshire Drive to a point 86 metres west of that junction;
- Access road to Redesdale Primary School on its South side from a point 7 metres west of its junction with Wiltshire Drive to a point 86 metres west of that junction;
- West side from its junction with the access road to Redesdale Primary School to a point 6 metres north-west of that junction.

9. No stopping on school entrance markings between 8am and 5am, Monday to Friday restrictions be introduced on the following lengths of road:

a) Blanchland Terrace, North Shields (King Edward Primary School) on its East side, from a point 20 metres south of its junction with Preston Avenue to a point 81 metres south of that junction.

b) Preston Avenue, North Shields (King Edward Primary School) on both sides, from its junction with Blanchland Terrace to a point 124 metres east of that junction.

10. No Loading and Unloading at any Time on All Days be introduced on the following lengths of road:

a) Wiltshire Drive, Wallsend
- North-east side, from a point 61 metres south-east of its junction with Farndale to a point 95 metres south-east of that junction;
- South-west side, from its junction with the access road to Redesdale Primary School to a point 23 metres south-east of that junction.

b) Un-named road off Wiltshire Drive forming the access road to Redesdale Primary School, Wallsend on its South side, from its junction with Wiltshire Drive to a point 7 metres west of that junction.

B. the North Tyneside (On Street Parking Places) (Consolidation) Order 2026, so that:

1. Limited Waiting without parking charges – Monday to Saturday 8am to 6pm - 2 hours no return within 4 hours – be introduced on the following:

a) David Street, Wallsend
- North Side, from a point 3 metres east of its junction with Wilson Street to a point 22 metres east of that junction;
- North side, from a point 3 metres east of its junction with Lisle Street to a point 38 metres east of that junction;
- North side, from a point 5 metres east of its junction with John Street to a point 35 metres east of that junction;
- South Side, from a point 5 metres east of its junction with John Street to a point 129 metres east of that junction.

b) John Street, Wallsend
- East side, from a point 4 metres south of its junction David Street to a point 22 metres south of that junction;
- East side, from a point 9 metres south of its junction with North Road to a point 92 metres south of that junction;
- West side, from a point 5 metres south of its junction with David Street to a point 39 metres south of that junction;
- West side, from a point 7 metres north of its junction with David Street to a point 17 metres north of that junction;
- West Side, from a point 9 metres south of its junction with North Road to a point 27 metres south of that junction.

2. Limited Waiting without parking charges – All days 8am to 6pm - 2 hours no return within 4 hours – be introduced on the following:

a) St Oswin's Avenue, Cullercoats
- East side, from a point 2 metres north of its junction with the unnamed road to the north of Marden Avenue (east) to a point 87 metres north of that junction;
- East side, from a point 2 metres north of its junction with the unnamed road to the south of Station Road (east) to a point 22 metres north of that junction;
- East side, from a point 6 metres north of its junction with Marden Avenue to a point 25 metres north of that junction;
- West side, from a point 2 metres north of its junction with the unnamed road to the north of Marden Avenue (west) to a point 88 metres north of that junction;
- West side, from a point 2 metres north of its junction with the unnamed road to the south of Station Road (west) to a point 21 metres north of that junction;
- West side, from a point 7 metres north of its junction with Marden Avenue to a point 25 metres north of that junction.

3. Streets for the purpose of the issue of Permits and Vouchers on the following lengths be introduced so that they apply as follows:
- Town Square Nos. 1-6 to be added to WD3 zone.
- All David Street to be added to WD3 zone.
- All John Street to be added to WD3 zone.
- All St Oswin's Avenue to be added to CC2 zone.

C. the North Tyneside (Speed Limits) (Consolidation) Order 2026, so that:

1. 40mph speed limit restriction be amended so that it applies to the following extent:

a) Whitley Road (A191), Benton from a point 50 metres north east of its junction with (A186) Station Road to a point 150 metres south west of its junction with Chollerton Drive.

(N.B. the remainder of A191 Whitley Road will consequently be subject to a 30mph speed limit)

Further details of the proposals may be examined in the documents available on the Council's website www.northtyneside.gov.uk (Statutory Notices). If you wish to object to the proposals, you should send the grounds for your objection in writing to the undersigned or via email to democraticsupport@northtyneside.gov.uk by 16 September 2026. Any objections received may be published as part of any reports to councillors on the matter.

If you need us to do anything differently (reasonable adjustments) to help you access our services, including providing this information in another language or format, please contact democraticsupport@northtyneside.gov.uk or telephone 0191 643 6500.

Dated: 27 August 2026

Director of Environment, Quadrant, The Silverlink North, Cobalt Business Park, NE27 0BY

Planning

City of Newcastle upon Tyne Town and Country Planning Act 1990Planning (Listed Buildings and Conservation Areas) Act 1990 Town and Country Planning (Development Management Procedure) (England)Order 2015

I give notice that the following application(s) have been made to the City of Newcastle upon Tyne. You can look at the application(s), plans and other submitted documents on our website at www.newcastle.gov.uk/viewplanning or by using a PC at the City Library, First Floor, Charles Avison Building, 33 New Bridge Street West, Newcastle upon Tyne, NE1 8AX between 10:00am and 4:30pm Monday to Friday. You can make comments online or in writing to Development Management, Civic Centre, Newcastle upon Tyne, NE1 8QH. Please quote the appropriate reference number. Anonymous comments will not be taken into account, so please state your name, address and postcode. Any comments you make will be scanned and made publicly available to view on our website.

If a householder application is refused planning permission and an appeal is lodged against the decision any comments made about the application will be sent to the Secretary of State and there will be no further opportunity to comment at the appeal stage.

Comments about the following applications must be received by Friday 18th September 2026.

Reference: 2026/0257/01/LBC
Address: 24 Lancaster Street, Newcastle Upon Tyne, NE4 6EU
Proposal: Listed Building Application: Erection of two single storey extensions to rear.
Applicant: Mr Andrew WhiteReference: 2026/1316/01/DET
Address: St John Vianney Catholic Primary School Hillhead Road, Newcastle Upon Tyne NE5 1DN
Proposal: Erection of a new 2 storey school building, refurbishment of retained school building, reconfigured and increased parking provision, associated hard and soft landscaping, new cycle storage, bin store and new substation.
Applicant: Galliford Try Construction LimitedReference: 2026/1011/01/LBC
Address: 3A Greenfield Place, Newcastle Upon Tyne, NE4 6AX
Proposal: Listed Building Application: Refurbishment of kitchen, including the provision of space for a washing machine and tumble dryer, installation of a new decentralised mechanical extract ventilation (dMEV) fan, installation of sleeved air bricks to provide high- and low-level ventilation to the gas meter cupboard, andinternal redecoration of walls, ceilings and timber joinery as amended by details submitted on the 19/08/2026.
Applicant: Mr Dave Nisbet
Reference: 2026/1097/01/LBC
Address: 18, Carlton Terrace, Jesmond Road West, Newcastle Upon Tyne, NE2 4PD
Proposal: Listed Building Application: Replacement of glazed sash windows to rear elevation with like for like double glazed.
Applicant: Mr David Barron
Reference: 2026/1297/01/LBC
Address: 7 Carlton Terrace, Jesmond Road West, Newcastle Upon Tyne, NE2 4PD
Proposal: Listed Building Application: Erection of single storey rear extension and replacement of window to rear garage following demolition of existing orangery.
Applicant: R Robson
Reference: 2026/1311/01/LBC
Address: Orchard Street Tunnel Orchard Street, Newcastle Upon Tyne
Proposal: Cleaning, priming and application of public artwork to the Orchard Street Tunnel walls.
Applicant: Ms A Czigler (Creative Central NCL, Newcastle City CouncilReference: 2026/1322/01/LBC
Address: Serenity Bridal Ltd, 73A Westgate Road, Newcastle Upon Tyne, NE1 1SG
Proposal Listed Building Application: Replacement of timber sash kitchen window with like-for-like unit to rear elevation.
Applicant: Harvey Bower (Bowson Venture Limited)
Reference: 2026/1269/01/DET
Address: Leazes Park Entrance Off Richardson Road, Newcastle Upon Tyne, NE2 4BJ
Proposal: Widening of entrance to park at Richardson Road entrance, including demolition and reinstatement of boundary wall and metal railings on both sides, repair and repositioning of stone pillars and relocation of 2 existing drop bollards and addition of 2 further bollards.
Applicant: Mr Steve Scott (Newcastle City Council)

Louise Sloan, Assistant Director Planning, City of Newcastle upon Tyne

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Racing

Autumn meetings to be delayed

BRITISH Horseracing Authority bosses are contingency planning with trainers and racecourses as fears grow about the impact of the summer drought on the autumn jumps fixture list.

Director of racing Richard Wayman said talks were ongoing between racing professionals about whether summer jumping courses could extend their season as traditional winter tracks in hard-hit regions struggle to provide safe ground.

"We are obviously concerned about the impact of the lack of rain over the last few months and I'd say particularly from the perspective of jump racing, which is obviously due to move up a gear in the next few weeks," said Wayman.

"These are pretty exceptional conditions that we are looking at and we are therefore in the process of working with both trainers and racecourses to understand what we might be able to do differently in the next few weeks.

"We have had some racecourses that have been watering through the summer and racing through the summer so we may be looking at extending their fixtures a bit later this year.

"There may be other racecourses who are unable to start when they would like to start. The answer is it's a challenging situation but we are going to work in a flexible way."

Several areas in the country have experienced drought conditions but BHA chief executive Brant Dunshea warned it is not an issue Britain faces alone, with Europe struggling with brutally hot conditions this summer.

Dunshea will seek to discuss the role of pacemakers in the sport at the next IFHA get together, with the BHA boss not ruling out seeking international harmonisation of regulations following several controversial incidents this summer.

The role of team tactics, pacemakers and horses running on their merits has been questioned both at Royal Ascot and York last week.

"Pacemakers is a regular topic that comes up and I was actually chatting at York last week with a number of leading trainers about the issue," said Dunshea.

FFOS LAS TODAY

Going: Good-good to firm in places
Draw: Little effect.

2.37 *MORGAN'S ARMY FIGHTING SPIRIT NURSERY (5) (2-Y-O) 6f Winner £4,187 (7 run) SSR*

1	(6)	246	**RHODES RUNNER** (19) R Beckett 9-9	Rossa Ryan	91
2	(2)	000	**WILD TERRAIN** (27) H Palmer 9-9 (D)	D Muscutt	99
3	(7)	731	**DOWNONMAINSTREET** (21) M Bell 9-8	David Egan	95
4	(4)	122	**TANGO HOTEL** (41) G Scott 9-8 (C)	Liam Wright (3)	96
5	(1)	431	**LAYLATY** (26) Harry Charlton 9-7 (D)	L Edmunds	96
6	(5)	785	**MINZAAL TIME** (22) R Hughes 9-3	F Marsh	70
7	(3)	734	**SEED YA LATER** (10) J Channon 9-2	K Shoemark	95

BETTING: 2 Downonmainstreet, 9-4 Laylaty, 5 Tango Hotel, 10 Wild Terrain, Rhodes Runner, 12 Seed Ya Later, Minzaal Time.
2025: BORN SLIPPY 9 5, Callum Hutchinson 10-3 (R Spencer), drawn (6), 6 ran.

FORM GUIDE: DOWNONMAINSTREET 1-1fav Made all, pushed along and edged left 1f out, clear inside final 110 yards, kept on, won at Chepstow 5f 2yo ffl nov stks (4) gf beating Rogue Dakota by 3l, 4 ran. **LAYLATY** 9-4fav In touch in mid-division, switched left and headway over 1f out, went second inside final furlong, soon challenging, stayed on well, led close home, won at Lingfield 6f 2yo hcp 0-75 (5) gf beating Rogue Imperial by shd, 7 ran. **TANGO HOTEL** 3-1 Prominent, shaken up over 1f out, led 1f out, headed final 110yds, held by winner, 2nd of 5, 1 3/4l behind Brandenburg at Hamilton 6f 2yo hcp 0-75 (5) gf in Jul. **RHODES RUNNER** 20-1 Led, pushed along and headed 2f out, weakened over 1f out, 6th of 7, 7l behind Eabha at Newmarket 7f 2yo hcp 0-85 (4) gf. **WILD TERRAIN** 33-1 Awkward start, raced far side, midfield, ridden over 2f out, weakened over 1f out, 15th of 18, 13l behind Revels at Goodwood 6f 2yo hcp (2) gf in Jul. **MINZAAL TIME** 28-1 Led, uncontested, ridden 2f out, headed over 1f out, weakened 1f out, 5th of 8, 8l behind Off The Peg at Kempton 7f nov stks (3) pol. **SEED YA LATER** 11-2 Wore hood to post, held up in rear, carried wide on bend over 2f out, hung left and made modest headway over 1f out, plugged on, 4th of 8, 7l behind Trust Yourself at Wolverhampton 6f 2yo hco 0-75 (5).

3.07 *SHIRGAR WELSH BUTTER MAIDEN STAKES (GBB RACE) (4) (2-Y-O) 6f Winner £5,400 (6 run) SSR*

1	(6)	5	**CHANNEL ISLANDS** (47) P Evans 9-7	D Keenan	—
2	(3)		**CORBIE ROCK** J Chapple-Hyam 9-7	R Clutterbuck	—
3	(2)	8	**NATIVE CHIEF** (22) J Butler 9-7	David Egan	—
4	(4)	43	**TUMISHI** (33) J Fanshawe 9-7	D Muscutt	70
5	(1)	233	**WAR GAMING** (24) G Scott 9-7	Rossa Ryan	99
6	(5)		**DUCHESS OF IMMATIN** G Boughey 9-2	K Shoemark	—

BETTING: 7-4 Duchess Of Immatin, 5-2 War Gaming, 3 Tumishi, 6 Corbie Rock, 16 Native Chief, 50 Channel Islands.
2025: ART LOVER 9 7, Cieren Fallon 9-4 (W Haggas), drawn (11), 10 ran.

FORM GUIDE: DUCHESS OF IMMATIN Blue Point filly out of Spring Sunshine. **WAR GAMING** 7-4 Tracked front pair, pushed along over 2f out, waiting for gap well over 1f out, switched right approaching final furlong, found nil and eased, 3rd of 4, 7l behind Reflect On Glory at Ripon 6f 2yo nov stk (4) gd. **TUMISHI** 13-2 Prominent in second, pushed along 2f out, kept on one pace and lost a place closing stages, 3rd of 9, 2 1/4l behind Never Enough at Ascot 6f 2yo mdn (2) gf in Jul. **CORBIE ROCK** Dark Angel colt out of All The Time. **NATIVE CHIEF** 9-1 Held up behind leaders, ridden 2f out, weakened quickly over 1f out, last of 8, 19l behind Off The Peg at Kempton 7f nov stks (3) pol. **CHANNEL ISLANDS** 50-1 Close up, pushed along and outpaced halfway losing position, dropped away tamely, 5th of 6, 25l behind Undiscovered at Salisbury 7f 2yo nov stk (3) gf in Jul.

3.37 *CJCH SOLICITORS CLASSIFIED STAKES (6) 6f Winner £3,454 (9 run) SSR*

1	(8)	364	**COAST** (22) S Dixon 7-9-9 (D6)	K O'Neill	79
2	(6)	686	**DIAMONDSINTHESAND** (30) A Wintle 9-9-9 (CD2)	Taryn Langley (5)	70
3	(2)	525	**MACARONE** (18) G Harris 5-9-9 (D2)	Rossa Ryan	92
4	(4)	545	**OUTER EDGE** (42) C Mason 5-9-9 (D)	G Mangan	99
5	(3)	240	**SUNDIATA KEITA** (10) J & R Flint 4-9-9	Taylor Fisher	99
6	(7)	-52	**DEMETRIS MOUFLON** (80) B Millman 3-9-6	L Edmunds	82
7	(9)	736	**MAYFLOWER ROCK** (13) D Cunha 3-9-6	David Egan	99
8	(5)	997	**RIDGER** (14) Ollie Sangster 3-9-6	S Donohoe	99
9	(1)	345	**ROGUE REBELLION** (18) R Harris 3-9-6	D Muscutt	92

BETTING: 7-2 Demetris Mouflon, 4 Sundiata Keita, 5 Outer Edge, 6 Macarone, 8 Mayflower Rock, Diamondsinthesand, 10 Rogue Rebellion, 12 Coast, 14 Ridger.
2025: DIAMONDSINTHESAND 8 9 9, Taryn Langley(5) Evens Fav (A Wintle), drawn (6), 7 ran.

SARABAND		MAJOR BET
DOWNONMAINSTREET	2.37	LAYLATY
CORBIE ROCK	3.07	DUCHESS OF IMMATIN
DEMETRIS MOUFLON	3.37	SUNDIATA KEITA
LUSAKA	4.07	LAST FLIGHT
BLUE HERCULES	4.37	WINDAY
TAKEITORLEAVEIT	5.07	SYMPHONY'S SONG

4.07 *ROLY POLY EVENTS RACE OF HOPE HANDICAP (6) 2m Winner £3,454 (9 run) SSR*

1	(6)	204	**GOOD ONYA MATE** (13) M Bell 4 10-2	K Shoemark	99
2	(3)	123	**GOLDEN FLAME** (35) T Faulkner 8 10-2 (CD)	Zoe Lewis (7)	97
3	(1)	443	**LUSAKA** (49) J & R Flint 8 10-2 (C)	Taylor Fisher	97
4	(8)	323	**MERRIJIG** (41) J Berry 8 10-0 (D2)	G Mangan	93
5	(9)	732	**SNEAKY BLINDER** (9) R Stephens 5 9-8	Rossa Ryan	70
6	(4)	343	**BEAUNE** (9) B J Llewellyn & Robert Williams 4 9-7	Harry Vigors (5)	94
7	(7)	233	**SIMIYANN** (16) I Williams 6 9-6 (CD)	R Kavanagh (3)	97
8	(5)	533	**LAST FLIGHT** (19) James Horton 3 8-8	S Donohoe	70
9	(2)	688	**MAKE A SPLASH** (19) T Ward 3 8-2	K O'Neill	70

BETTING: 9-4 Last Flight, 5 Lusaka, 6 Merrijig, 7 Simiyann, Golden Flame, 8 Sneaky Blinder, Beaune, 12 Good Onya Mate, 50 Make A Splash.
2025: STAR OF JUPITER 4 9 5, Rhys Clutterbuck 7-1 (M Loughnane), drawn (6), 11 ran.

4.37 *BNI ELLI MAIDEN STAKES (GBB/GBBPLUS RACE) (3) 1m 4f Winner £6,480 (6 run) SSR*

1	(1)	025	**BLUE HERCULES** (19) W Muir & C Grassick 3 9-7	L Edmunds	99
2	(4)	57	**PACIFIC STORM** (69) D Menuisier 3 9-7	David Egan	70
3	(5)	44	**PHANTOM RECON** (69) G Scott 3 9-7	D Keenan	83
4	(3)	30-	**WINDAY** E Mullins (IRE) 3 9-7	Rossa Ryan	—
5	(6)	34	**NESWICK** (14) M Tregoning 3 9-2	D Muscutt	—
6	(2)		**SAAFFYA** E Walker 3 9-2	K Shoemark	—

BETTING: 2 Blue Hercules, 9-4 Winday, 9-2 Phantom Recon, 6 Saaffya, 8 Neswick, 20 Pacific Storm.
2025: No corresponding race.

FORM GUIDE: BLUE HERCULES 10-1 Raced keenly in second, pushed along well over 1f out, faded 1f out, 5th of 10, 4 1/2l behind Archers Bay at Ascot 1m 4f 3yo hcp 0-95 (3) gf. **WINDAY** 33-1 14th of 16, 21l behind Cape Orator at ParisLongchamp(FR) 1m 2yo stk gs in Oct. **PHANTOM RECON** 4-1 Held up towards rear, headway 4f out, ridden over 2f out, kept on one pace from over 1f out, 4th of 10, 15l behind Treble Nine at Goodwood 1m 6f mdn stks (3) gd in Jun. **SAAFFYA** Masar filly out of Anaamil. **NESWICK** 7-2 Chased leaders, fourth and outpaced 2f out, kept on inside final 110 yards, 4th of 9, 3 1/2l behind Dove Tale at Lingfield 1m 2f (3) pol. **PACIFIC STORM** 16-1 Always towards rear, pushed along throughout, never in contention, 7th of 10, 18l behind Treble Nine at Goodwood 1m 6f mdn stks (3) gd in Jun.

5.07 *MORGAN'S MAGIC APPRENTICE HANDICAP (6) 1m 2f Winner £3,454 (10 run) SSR*

1	(10)	294	**FAST STEPS** (24) B Millman 8 9-13 (D3)	Charlie Tucker (7)	95
2	(2)	533	**SYMPHONY'S SONG** (18) I Williams 4 9-11	R Kavanagh	79
3	(3)	212	**TAKEITORLEAVEIT** (31) J Portman 3 9-9	D J Murphy (5)	89
4	(7)	343	**REVICH** (41) A Wintle 10 9-9	Taryn Langley (3)	99
5	(8)	646	**BRAVE LEADER** (31) T Ward 3 9-7	Liam Wright	70
6	(9)	156	**SAHM NAIF** (18) James Horton 3 9-6 (D2)	Doubtful	99
7	(4)	062	**GRAND PIER** (71) W Greatrex 3 9-6	Harry Vigors (3)	92
8	(1)	0-7	**TALES OLD AS TIME** (50) E Smyth-Osbourne 3 9-5	Ashley Lewis	—
9	(5)	463	**THE ANTHONY GOVER** (16) Dr R Newland 3 9-5	Charlie Bell (7)	89
10	(6)	-74	**HOTEL CALIFORNIA** (31) D Menuisier 3 9-4	Mason Paetel	79

BETTING: 9-4 Grand Pier, 5 Symphony's Song, 6 The Anthony Gover, Revich, 8 Hotel California, Fast Steps, 10 Takeitorleaveit, 14 Brave Leader, 16 Others.

LINGFIELD TODAY

Going: Standard
Draw: Little effect.

2.22 *FOLLOW ATTHERACES ON X NURSERY (6) (2-Y-O) 1m Winner £3,664 (11 run) SSR*

1	(2)	964	**NO MORE PINO** (8) Charlie Pike 9-9	S M Levey	99
2	(3)	805	**PRINCE KAMEO** (26) Sir M Prescott 9-8	J Gilligan	90
3	(9)	803	**TEN OF CLUBS** (17) J Osborne 9-5	S Osborne	84
4	(6)	237	**HAMDANI MOKHATER** (17) James Horton 9-5	J Mitchell	70
5	(1)	762	**BOLLENGO BOY** (17) E J-Houghton 9-4 (BF)	C Bishop	87
6	(10)	859	**WHISKEY GALORE** (28) M Bell 9-3	T Marquand	—
7	(11)	314	**MAGICAL LIFE** (10) J S Moore 9-2 (D)	M Ghiani	99
8	(7)	066	**KISS CAM** (14) R Hughes 9-2	C Fallon	95
9	(8)	048	**GOBLET** (52) H Morrison 9-1	R Hornby	81
10	(5)	995	**ALLABOUTTHELUNCH** (17) E Smyth-Osbourne 8-3	O Tubb (5)	88
11	(4)	068	**HAILSTONES IN MAY** (42) R Hughes 8-3	T Heard	—

BETTING: 3 No More Pino, 9-2 Bollengo Boy, 5 Magical Life, 7 Kiss Cam, 8 Whiskey Galore, 10 Hamdani Mokhater, 12 Prince Kameo, Ten Of Clubs, 16 Others.

2.52 *NATIONAL RACEHORSE WEEK MAIDEN FILLIES' STAKES (3) (2-Y-O) 1m Winner £6,480 (5 run) SSR*

1	(3)	7	**BOOMSHAKALAK** (50) Zoe Hawkins 9-2	C Hutchinson	—
2	(1)	032	**KIAH** (26) B Meehan 9-2	T Marquand	—
3	(2)	04	**PLEASE DON'T GO** (15) R Hughes 9-2	C Fallon	99
4	(5)	5	**SCRAPPETALENE** (20) C Johnston 9-2	R Hornby	—
5	(4)	55	**THURITHA** (15) D M Simcock 9-2	S M Levey	99

BETTING: 13-8 Kiah, 5-2 Please Don't Go, 7-2 Thuritha, 4 Scrappetalene, 50 Boomshakalak.

FORM GUIDE: KIAH 14-1 Led, headed 2f out, pushed along over 1f out, outpaced by winner inside final furlong, kept on, 2nd of 7, 2 1/4l behind Spirited Gesture at Newmarket 7f 2yo ffl nov stks (3) gf. **PLEASE DON'T GO** 12-1 Took keen hold, towards rear, pushed along over 2f out, headway and switched right over 1f out, went fourth well inside final furlong, kept on, 4th of 12, 2 3/4l behind Coaxed at Kempton 7f (3) pol. **THURITHA** 66-1 Tracked leaders, pushed along over 2f out, unable to quicken over 1f out, no impression but kept on inside final furlong, 5th of 12, 3l behind Coaxed at Kempton 7f (3) pol. **SCRAPPETALENE** 40-1 Raced in rear of mid-division, ridden over 2f out, hampered and not clear run over 1f out, soon kept on, minor headway inside final furlong, 5th of 9, 4l behind Silver Sovereign at Haydock 7f 2yo ffl nov stks (3) gd. **BOOMSHAKALAK** 18-1 Wore hood to post, always behind, last of 7, 43l behind Golden Oasis at Chepstow 7f 2yo mdn (4) gf in Jul.

3.22 *DOWNLOAD THE AT THE RACES APP NOVICE STAKES (4) 1m Winner £5,400 (7 run) SSR*

1	(1)	1-	**ENOCH** (335) J & T Gosden 3 9-11	W Buick	—
2	(3)		**IRISH SPRING** K Jewell 4 9-10	J Haynes	—
3	(6)	7	**PANIOLO CREEK** (58) Kieran Burke 5 9-10	Josephine Gordon	—
4	(4)	1-4	**BLACK CHIFFON** (22) A Balding 3 9-6	R Hornby	99
5	(2)	8	**CLASSY NIGHT** (22) Harry Eustace 3 9-4	Kaiya Fraser	74
6	(5)	35	**COLONNADE** (22) S & E Crisford 3 9-4	J Mitchell	95
7	(7)	8-	**OPEN TO OFFERS** (295) W Greatrex 3 9-4	E Greatrex	70

BETTING: 4-6 Enoch, 9-4 Black Chiffon, 9-2 Colonnade, 50 Classy Night, 66 Irish Spring, 100 Open To Offers, Paniolo Creek.

FORM GUIDE: ENOCH 4-1 Held up in last trio, closer in 4th near side rail 2f out, got through against rail and quickened to challenge inside final furlong, led inside final 110 yards, won going away, won at Newmarket 7f mdn stks (4) gf in Sep beating Battle Apple by 1 1/4l, 8 ran. **BLACK CHIFFON** 11-4 Pressed leader, ridden to lead 2f out, weakened inside final furlong, 4th of 13, 3l behind Najidi Storm at Kempton 1m nov stk (4) pol. **COLONNADE** 4-1 Held up behind leaders, ridden over 2f out, headway to chase leaders over 1f out, no extra inside final furlong, 5th of 13, 5l behind Najidi Storm at Kempton 1m nov stk (4) pol. **CLASSY NIGHT** 200-1 Slowly into stride, towards rear, ridden over 2f out, never in contention, 8th of 13, 17l behind Najidi Storm at Kempton 1m nov stk (4) pol.

SARABAND		MAJOR BET
BOLLENGO BOY	2.22	NO MORE PINO
KIAH	2.52	PLEASE DON'T GO
ENOCH	3.22	BLACK CHIFFON
ISLE OF LISMORE	3.52	STYLE KING
SUNSET IN PARIS	4.22	FREEDOM BAY
ROYAL COUNTY GLORY	4.55	KING CHERRY

IRISH SPRING Postponed gelding out of Santiburi Spring. **OPEN TO OFFERS** 200-1 Slowly away, always in rear, ridden over 2f out, no impression over 1f out, 8th of 9, 17l behind Fort Rock at Kempton 7f nov stks (4) pol in Nov. **PANIOLO CREEK** 150-1 Dwelt, always towards rear, last of 7, 39l behind Aleatrix at Salisbury 1m 2f mdn stks (3) gf in Jun.

3.52 *FREE TIPS ON ATTHERACES.COM HANDICAP (5) 5f Winner £4,187 (6 run) SSR*

1	(3)	077	**DESERT TREASURE** (34) W Haggas 3 9-10 (D2)	T Marquand	—
2	(6)	541	**ISLE OF LISMORE** (65) R Cowell 8 9-8 (D7)	J Mitchell	—
3	(4)	504	**GENERAL ASSEMBLY** (47) C Hobson 5 9-4 (D4)	M Ghiani	99
4	(5)	646	**MICK'S SPIRIT** (52) C Allen 8 9-3 (CD10)	J Gilligan	78
5	(2)	246	**LAZZAR** (13) C Wallis 4 9-3 (C2)	R Hornby	96
6	(1)	122	**STYLE KING** (10) C Dwyer 4 9-2 (BF, C)	H Davies	70

BETTING: 11-8 Isle Of Lismore, 2 Style King, 5 Desert Treasure, 8 General Assembly, 16 Mick's Spirit.

FORM GUIDE: ISLE OF LISMORE 6-5fav Handy in second, led under 2f out and soon pushed along, ridden inside final furlong and drifted right approaching 110yds out, ran on and just held on towards finish, won at Ffos Las 5f hcp 0-75 (5) gd in Jun beating Brazen Idol by nk, 5 ran. **STYLE KING** 5-2fav Taken down early wearing hood, took keen hold, soon led, ridden along over 1f out, headed inside final furlong, no extra towards finish, 2nd of 10, 1/2l behind Blue Force at Wolverhampton 6f hcap 0-70 (5). **DESERT TREASURE** 12-1 Wore earplugs to post, led, ridden over 1f out, headed 1f out, soon weakened, 7th of 9, 6l behind Killavia at Ascot 5f ffls hcp 0-85 (4) gf in Jul. **GENERAL ASSEMBLY** 16-1 Wore hood and went early to post, pushed along 2f out, kept on one pace, 4th of 11, 2 3/4l behind Secret Mistral at Chester 5f hcp 0-75 (5) gd in Jul.

4.22 *SKY SPORTS RACING SKY 415 CLASSIFIED STAKES (6) 1m 2f Winner £3,664 (14 run) SSR*

1	(10)	132	**FREEDOM BAY** (24) Zoe Hawkins 4 9-9	C Hutchinson	91
2	(5)	560	**IFTIKHAAR** (124) J R Jenkins 7 9-9	M Ghiani	91
3	(4)	549	**KAARESS** (24) M Attwater 5 9-9 (CD)	K Fox	77
4	(9)	805	**KEV** (15) W Muir & C Grassick 4 9-9	T Marquand	95
5	(1)	872	**LADY AIYANA** (16) Mrs I G-Leveque 4 9-9	B Sayette	82
6	(11)	445	**PRIDE EYE** (9) M Rimell 4 9-9 (BF)	R Hornby	99
7	(14)	443	**ROGERS DREAM** (27) Gihan Amolda 5 9-9	Doubtful	82
8	(12)	659	**SENSEOFENTITLEMENT** (100) P Butler 6 9-9	J Mitchell	73
9	(6)	529	**SHARMA D'AMOUR** (110) D Coakley 4 9-9 (C)	G Bass	70
10	(13)	456	**SUNSET IN PARIS** (50) J R Jenkins 8 9-9 (CD3)	H Davies	77
11	(7)	498	**TASKHEER** (72) G & J Moore 8 9-9 (C2)	P Bradley	89
12	(3)	66R	**VERSATILE** James Owen 5 9-9 (BF, D)	Josephine Gordon	75
13	(2)	552	**ERNIE MCCREW** (9) J S Moore 3 9-2	Millie Wonnacott (5)	93
14	(8)	057	**MARYLAND STAR** (24) D Ivory 3 9-2	J F Egan	91

BETTING: 7-2 Freedom Bay, 4 Pride Eye, 6 Ernie Mccrew, Sharma D'amour, 7 Lady Aiyana.

4.55 *SKY SPORTS RACING VIRGIN 512 HANDICAP (6) (3-Y-O) 7f Winner £3,664 (12 run) SSR*

1	(9)	592	**ROYAL COUNTY GLORY** (7) Jack Jones 9-9 (BF, D)	C Fallon	89
2	(6)	5-6	**MELODICAL** (20) E Walker 9-9	T Marquand	—
3	(8)	236	**CREDIT FORGEDD IT** (12) S Dow 9-9	S M Levey	99
4	(11)	4-7	**IRISH FUSILIER** (83) G & J Moore 9-9	R Hornby	—
5	(5)	676	**KING CHERRY** (7) S C Williams 9-6	M Ghiani	88
6	(12)	-83	**TWILIGHT BABY** (39) G Kelleway 9-6	S Osborne	79
7	(4)	786	**EBN SABT** (14) B Lund 9-4 (C)	Jack Doughty	95
8	(7)	376	**REAL GOLD** (14) R Cook & J Bridger 8-11	J Leavy	95
9	(10)	739	**LESLEY BUCKLEY** (58) S Pearce 8-9	R Dawson	75
10	(3)	6-4	**AUDERE** (28) D Ivory 8-9	J F Egan	—
11	(1)	687	**POWER CUT** (9) C Banham 8-9	J Haynes	70
12	(2)	563	**RUIZ** (9) S Dow 8-9	T Heard	75

BETTING: 2 Royal County Glory, 5 Melodical, 6 King Cherry, 8 Credit Forgedd It, Ruiz, 12 Twilight Baby, Irish Fusilier, 14 Power Cut, 16 Others.

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Town Queen can reign over Carlisle

TOWN Queen can back up her impressive victory last time out with success on her handicap debut in the Christmas Community Raceday 13th Dec Handicap for Karl Burke at Carlisle.

The Spigot Lodge handler appears to have another good sort with the Blue Point filly, who started her career with three successive second-placed finishes before tasting victory at Southwell in June.

Her third runner-up effort was of particular note as she only found Machadadorp, an authoritative winner at the Ebor Festival last week and now rated 96, too good and her sole triumph was also eyecatching.

She finished two lengths clear of Veil Of Clouds, who subsequently won by six lengths at Lingfield earlier this month.

Those two bits of form indicate Town Queen, who cost €160,000, has plenty of room for improvement from an opening mark of 75.

Another handicap debutant who appeals is Charlie Johnston's Kanzi in the Colin Parker Raceday 1st Nov Nursery Handicap. Kanzi was a comfortable second on his racecourse debut at at Ayr and went one better when shedding his maiden tag by two and a half lengths as the odds-on favourite at Lingfield.

A mark of 79 is what the Ghaiyyath filly has to work with on her return to turf, but the step up to a mile on her last start certainly helped and it is hard to look past her in Cumbria.

In-form Sir Mark Prescott sees Saratosa Blue Blue make her course debut in the Celebrating National Racehorse Week 2026 EBF Novice Stakes. A half-sister to winners Manatee Mehmas and Tiva, she cost 175,000 guineas for the Lloyd Webbers and with Prescott flying at the moment with four winners from his last eight runners this Blue Point filly should be in the mix.

Brian Meehan's Kiah has improved with each run and can get her nose in front in the Celebrate National Racehorse Week Maiden Fillies' Stakes.

After finishing down the field on her first start, the Australia juvenile has placed on her last two appearances and had only Spirited Gesture, whose unbeaten start was extended to two last week, ahead of her at Newmarket.

Enoch piques intrigue ahead of his long-awaited return for John and Thady Gosden in the Download The At The Races App Novice Stakes. The three-year-old son of Frankel made a winning start to his career at Newmarket last year, but has not been seen since.

Clarehaven have already proven they can get their crop in peak form after a lengthy absence following Trawlerman's heroic effort in the Gold Cup at Royal Ascot, so Enoch should be be ready to go after 355 days away.

James Doyle has one ride on the card at Southwell and his Market Leader looks the obvious pick in the Follow @at.the.races On Instagram Novice Stakes. The Wathnan Racing-owned two-year-old, trained by Burke, was last seen finishing a four-length fifth in a valuable race at Glorious Goodwood and a return to novice company should be enough for the half-brother of Croupier to get on the winning thread.

SELECTIONS
CARLISLE: 2.00 Up The Jazz, 2.30 Sarasota Blue Blue, 3.00 Kanzi, 3.30 TOWN QUEEN (NAP), 4.00 Cotai Starlight, 4.30 Hansteen, 5.00 Annandale.
FFOS LAS: 2.37 Downonmainstreet, 3.07 Corbie Rock, 3.37 Demetris Mouflon, 4.07 Lusaka, 4.37 Blue Hercules, 5.07 Takeitorleaveit.
LINGFIELD: 2.22 Bollengo Boy, 2.52 Kiah, 3.22 Enoch, 3.52 Isle Of Lismore, 4.22 Sunset In Paris, 4.55 Royal County Glory.
NEWTON ABBOT: 4.42 St Just In Time, 5.12 Knightsbridge, 5.42 Buxted Reel, 6.12 Gore Point, 6.42 My Girl Katie, 7.12 Thickthorn Tom, 7.42 Beorma.
SOUTHWELL: 6.00 Heretic, 6.30 Shades Of May, 7.00 Haaderr, 7.30 Market Leader, 8.00 Nour, 8.30 Massimo Blue, 9.00 Captain Cairney.
NAVAN: 1.44 Supreme Lord, 2.14 Amiata, 2.44 Better Yet, 3.14 Leadlight, 3.44 Minaun View, 4.15 Comfort Line, 4.49 Chicago Moon, 5.24 Miss Crinshawn.
DOUBLE: Town Queen and Kanzi.

Karl Burke

Racing

CARLISLE TODAY

Going: Good
Draw: Low numbers have a slight advantage in races up to a mile, high best when the ground is soft.
Jackpot meeting

2.00 AJA NOVICE FLAT AMATEUR JOCKEYS' HANDICAP (5) 1m 1f Winner £3,229 (9 run) RTV

1 (1) 604 **TITIAN** (65) J Camacho 8 11-5 ..... Mr Jack Loughnane (3) 87
2 (4) 275 **UP THE JAZZ** (13) R & P Fahey 5 11-4 (C, D) ..... Miss Isla Clarkson (3) 99
3 (6) 451 **SANAFI ZABEEL** (16) J Goldie 5 11-4 (D) ..... Miss Kayleigh Williams 96
4 (8) 508 **PEDRO THE POET** (93) N Richards 5 11-3 ..... Mr Harvey James (3) 70
5 (7) 354 **EPIDAVROS** (16) K Scott 5 11-2 (C, D) ..... Mr Freddie Robson 99
6 (5) 575 **SPIRIT CATCHER** (17) P Kirby 7 10-12 (BF, D) ..... Mr Daniel Perrin (3) 92
7 (3) 880 **EAGLES DREAM** (33) T Davidson 4 10-8 .. Mrs Tracy Gundry (3) 74
8 (2) 764 **JEWEL MAKER** (3) T Easterby 11 10-2 (CD) ..... Miss Rebecca Burley 89
9 (9) 204 **ON THE BUBBLE** (23) Gary Rutherford 5 10-0 ..... Miss K Ruddy (3) 99

BETTING: 10-11 Sanafi Zabeel, 5 Spirit Catcher, 6 Epidavros, 12 Jewel Maker, Up The Jazz, 16 Titian, On The Bubble, Pedro The Poet, 33 Eagles Dream.

FORM GUIDE: SANAFI ZABEEL 11-10fav Made all, ridden and found extra when pressed over 1f out, readily, won at Hamilton 1m hcp 0-70 (5) gd beating Quiet Resolve by 1 3/4l, 9 ran. **SPIRIT CATCHER** 10-3fav Prominent, pushed along 3f out, kept on, not pace to challenge, 5th of 11, 2 1/4l behind West Tyrone at Ayr 1m 2f hcp 0-65 (6) gs. **EPIDAVROS** 9-1 Prominent on outer, ridden over 2f out, challenged winner over 1f out, kept on same pace inside final furlong, dropped to fourth near finish, 4th of 9, 2 1/4l behind Sanafi Zabeel at Hamilton 1m hcp 0-70 (5) gd. **JEWEL MAKER** 18-1 Rear of midfield, headway from over 1f out, chased leaders inside final 110yds, ran on and just failed for third towards finish, 4th of 13, 4 1/2l behind Miserrerald at Musselburgh 1m hcp (6) gd. **UP THE JAZZ** 10-1 Towards rear, pushed along well over 2f out, headway 2f out, ridden 1f out, kept on, never on terms, 5th of 15, 1 1l behind Military Leader at Thirsk 1m hcp 0-75 (5) gd. **ON THE BUBBLE** 10-1 Took keen hold, prominent, ridden and dropped to fourth over 3f out, kept on same pace over 1f out, 4th of 8, 10l behind Halimede at Catterick 1m 4f hcp 0-60 (6) gf. **PEDRO THE POET** 20-1 Towards rear, 10th halfway, no impression last 2f, 8th of 12, 8l behind Kilcrea Rock at Dundalk 1m 3f stks pol in May. **TITIAN** 16-1 Raced in last pair, progress into third 2f out, ridden over 1f out, soon hung right, lost third and no extra near finish, 4th of 5, 5l behind Percy's Daydream at Beverley 1m 2f hcp 0-80 (4) gf in Jun. **EAGLES DREAM** 25-1 Chased leaders, ridden over 2f out, weakened from over 1f out, 11th of 13, 21l behind Bearwith at Newcastle 1m 2f app hcp 0-65 (6) in Jul.

2.30 NATIONAL RACEHORSE WEEK 2026 EBF NOVICE STAKES (3) (2-Y-O) 6f Winner £7,020 (11 run) RTV

1 (4) **AUGHAVANNON** S Waugh 9-7 ..... Amie Waugh (3) —
2 (11) **BENBECULA** K Ryan 9-7 ..... K Stott —
3 (2) **BLAZING INFERNO** E Bethell 9-7 ..... D Tudhope —
4 (1) **FIVE YEARS** K R Burke 9-7 ..... P-L Jamin —
5 (3) **MEHMAS STAR** K R Burke 9-7 ..... S James —
6 (6) 473 **OR ANOTHER** (42) K Scott 9-7 ..... J Hart 94
7 (5) 7 **RASLAN** (86) R & P Fahey 9-7 (BF) ..... D Nolan 70
8 (10) 8 **SANKHUM GALAXY** (22) B Haslam 9-7 ..... O Stammers —
9 (8) 31 **PROSPERITY ANGEL** (20) B Haslam 9-6 ..... A Mullen 99
10 (7) **SARASOTA BLUE BLUE** Sir M Prescott 9-2 ..... L Morris —
11 (9) 8 **STRIKING FORCE** (48) R & P Fahey 9-2 ..... B McHugh 70

BETTING: 11-4 Mehmas Star, 7-2 Benbecula, 11-2 Blazing Inferno, 8 Prosperity Angel, Five Years, Sarasota Blue Blue, 10 Raslan, 12 Or Another, 20 Others.

2025: HARDY'S HERO 9 7, Cieren Fallon 13-8 Fav (W Haggas), drawn (1), 10 ran.

FORM GUIDE: MEHMAS STAR Mehmas colt out of Sh Boom. **BENBECULA** Space Traveller colt out of Burmese Waltz. **BLAZING INFERNO** Starspangledbanner colt out of Fragrant Storm. **FIVE YEARS** Starman colt out of Muraaqaba. **PROSPERITY ANGEL** 33-1 Wore hood to post, tracked leaders, shaken up over 1f out, led final 110yds, ran on, won at Thirsk 5f 2yo ffl mdn (4) gd beating My Maria by 3/4l, 11 ran. **SARASOTA BLUE BLUE** Blue Point filly out of Sarasota Bay. **RASLAN** 6-4fav In touch with leaders, ridden over 2f out, weakened entering final furlong, last of 7, 12l behind Boleto at Pontefract 6f 2yo mdn (4) gd in Jun. **OR ANOTHER** 9-1 Reared in stalls and slowly away, always behind, last of 3, 8l behind Call Nicki at Hamilton 5f 2yo hcp 0-85 (4) gf in Jul. **STRIKING FORCE** 12-1 Midfield, shaken up over 2f out, soon weakened quickly, last of 8, 16l behind Betty Boop at York 6f 2yo ffl nov stks (2) gf in Jul. **AUGHAVANNON** Inns Of Court gelding out of Glitter Bay. **SANKHUM GALAXY** 66-1 Dwelt in rear, ridden over 2f out, soon hampered, weakened over 1f out, last of 8, 25l behind Bugzy at Pontefract 6f 2yo mdn (4) gf.

3.00 COLIN PARKER RACEDAY 1ST NOV NURSERY (4) (2-Y-O) 1m Winner £5,496 (5 run) RTV

1 (1) 423 **TEN CLARETS** (35) K R Burke 9-9 (BF) ..... P-L Jamin 99
2 (4) 21 **KANZI** (19) C Johnston 9-9 (D) ..... C Shepherd 70
3 (5) 341 **BINCIMBAL** (13) Harry Charlton 9-5 ..... C Rodriguez 94
4 (2) 113 **EMERALD BAY** (21) G Scott 8-11 ..... P J McDonald 99
5 (3) 537 **AURORA VALKYRIE** (27) K Scott 8-4 ..... Rhys Elliott (5) 90

BETTING: 6-4 Kanzi, 9-4 Bincimbal, 7-2 Ten Clarets, 13-2 Emerald Bay, 20 Aurora Valkyrie.

FORM GUIDE: KANZI 8-11fav Raced wide early, made all, pushed along 2f out and forged on, ridden 1f out, stayed on, always doing enough, won at Lingfield 1m (4) pol beating Ozone Friendly by 2 1/2l, 6 ran. **BINCIMBAL** 12-1 Soon raced in third, pushed along to make headway 2f out, ran on well inside final furlong, led entering final 110yds, ran on (trainer said front running tactics may not have suited colt last time at Salisbury), won at Epsom Downs 7f 2yo hcp 0-75 (5) gf beating Wise And Wonderful by nk, 5 ran. **TEN CLARETS** 11-8fav Led, pushed along 3f out, hung right and bumped rival over 1f out, ridden when headed inside final furlong, weakened inside final 110yds, 3rd of 5, 3 1/2l behind Shadow King at Doncaster 6f 2yo hcp 0-85 (4) gf in Jul. **EMERALD BAY** 9-2 In touch in rear, ridden over 2f out, soon outpaced, kept on inside final furlong, went third final strides, 3rd of 5, 4 1/2l behind Woodhay Wayfarer at Newmarket 1m 2yo hcp 0-75 (5) gf. **AURORA VALKYRIE** 11-4 Midfield, ridden over 3f out, never pace to challenge, last of 7, 11l behind Bluestone Lady at Musselburgh 7f 2yo hcp 0-65 (6) gd in Jul.

3.30 CHRISTMAS COMMUNITY RACEDAY 13TH DEC HANDICAP (4) (3-Y-O) 6f Winner £5,496 (10 run) RTV

1 (9) 617 **ROGUE ATTRACTION** (30) E Bethell 9-9 (CD) ..... D Tudhope 93
2 (5) 187 **INVINCIBLE BOY** (33) R & P Fahey 9-5 (D) ..... B McHugh 96
3 (8) -00 **RIKKI TIKI TAVI** (61) K Ryan 9-5 ..... K Stott 70
4 (3) 045 **HERE FOREVER** (52) D & N Barron 9-5 (D) ..... D Nolan 91
5 (1) 439 **GO VINCE GO** (12) T Easterby 9-4 (D2) ..... S B Kirrane 93
6 (2) 31 **TIP FOSTER** (83) D & N Barron 9-3 ..... C Beasley 93
7 (6) 707 **ZARVALI** (13) Roger Fell 9-3 ..... C Shepherd 94
8 (4) 221 **TOWN QUEEN** (70) K R Burke 9-2 (D) ..... S James 95
9 (7) 456 **KODY B** (43) Craig Lidster 9-0 (D) ..... P J McDonald 88
10 (10) 839 **TRUST AMY** (41) G Hanmer 8-10 (D) ..... A Mullen 99

BETTING: 6-4 Town Queen, 4 Tip Foster, 6 Rogue Attraction, 8 Here Forever, Go Vince Go, 14 Zarvali, Invincible Boy, 25 Kody B, Rikki Tiki Tavi, 33 Trust Amy.

2025: TOP JUGGLER 8 13, Dale Swift 10-1 (S Spencer), drawn (10), 11 ran.

FORM GUIDE: TOWN QUEEN 11-10fav Made all, shaken up over 2f out, ridden over 1f out, drifted left inside final furlong, kept on well, won at Southwell 6f (4) in Jun beating Veil Of Clouds by 2l, 11 ran. **TIP FOSTER** 9-2 Travelled strongly, prominent, pushed along to lead over 2f out, soon faced challenge, headed over 1f out, rallied strongly inside final furlong, led towards finish, gamely, won at Thirsk 7f mdn stks (5) gd in Jun beating Indefensible by 3/4l, 10 ran. **ROGUE ATTRACTION** 14-1 Raced far side, mid-division, waited with, pushed along over 1f out and ran on final 110yds, never threatened, 7th of 20, 4l behind Sing The Blues at Goodwood 6f fills hcp 0-95 (3) gd in Jul. **GO VINCE GO** 15-2 Prominent near side, pushed along over 1f out, kept on but no pace to challenge towards finish, 9th of 20, 2l behind Woodstock at Ripon 6f hcp 0-80 (4) gd. **HERE FOREVER** 50-1 Held up in rear, waited with and switched right 2f out, ridden 1f out, progress final furlong, took fifth final strides, 5th of 17, 2 1/4l behind Manila Scouse at Ayr 6f hcp 0-85 (4) gd in Jul. **INVINCIBLE BOY** 12-1 Held up towards, not much room briefly after 1f, ridden over 2f out, soon hung left, some headway over 1f out, no impression, 7th of 12, 10l behind Flight Control at York 7f 3yo hcp 0-80 (4) gf in Jul. **ZARVALI** 17-2 Wore red hood to post, towards rear, pushed along over 2f out, never showed, 7th of 8, 10l behind Raging Raj at Thirsk 7f 3yo hcp 0-80 (4) gd. **KODY B** 33-1 Midfield, asked for effort over 2f out, soon held, 6th of 8, 5l behind The Good Biscuit at Catterick 6f hcp 0-80 (4) gf in Jul. **RIKKI TIKI TAVI** 22-1 Wore hood to post, towards rear, always behind, 12th of 14, 19l behind Hallo Spaceboy at York 6f 3yo hcp 0-85 (4) gd in Jun. **TRUST AMY** 50-1 Mounted in chute and wore hood to post, midfield, ridden over 2f out, soon beaten, last of 9, 18l behind Hungarian at Wolverhampton 7f hcp 0-85 (4) in Jul.

CAPTAIN BECHER		THE MARQUIS
UP THE JAZZ	2.00	SANAFI ZABEEL
SARASOTA BLUE BLUE	2.30	BENBECULA
KANZI (NB)	3.00	TEN CLARETS
TOWN QUEEN (NAP)	3.30	TOWN QUEEN
COTAI STARLIGHT	4.00	SUPREMISSY
HANSTEEN	4.30	RIDDIKULUS
ANNANDALE	5.00	FALAISE BLANC

4.00 LADIES NIGHT 2027 ON SALE NOW HANDICAP (6) 5f Winner £3,402 (14 run) RTV

1 (12) 608 **IMPRESSOR** (6) Phillip Makin 9 9-9 (D4) ..... S James 93
2 (8) 00- **CAPE SOVEREIGN** (315) R Menzies 4 9-8 ..... Doubtful —
3 (2) 165 **BIBENDUM** (22) J Camacho 5 9-8 (D2) ..... R Sexton 97
4 (1) 709 **HVAR** (52) J & S Quinn 3 9-7 ..... J Hart 70
5 (7) 761 **WITHOUT FLAW** (23) Miss T Jackson 5 9-6 (D3) ..... Joanna Mason 95
6 (3) 233 **HARRY MOLE** (19) Steph Hollinshead 4 9-5 ..... D Costello 97
7 (5) 145 **COTAI STARLIGHT** (16) K Scott 3 9-5 ..... K Stott 97
8 (6) 894 **OPAL STORM** (3) B Rothwell 6 9-4 (CD2) ..... F McManoman 97
9 (13) 726 **NEVER DARK** (6) I Jardine 9 9-4 (D9) ..... A Jary (3) 93
10 (9) 113 **CRAFTY SPIRIT** (30) J Wainwright 5 9-3 (BF, D2) ..... B McHugh 95
11 (10) 194 **SUPREMISSY** (6) I Jardine 3 9-3 (D) ..... A Mullen 99
12 (14) 497 **KEEP THE GOLD** (19) M Dods 4 9-3 ..... C Beasley 99
13 (11) 557 **KYBER CRYSTAL** (6) R Menzies 7 8-12 (D5) ..... P J McDonald 88
14 (4) 587 **ROYAL DUKE** (3) R M Smith 5 8-9 (D3) ..... Rhys Elliott (5) 92

BETTING: 4 Without Flaw, 9-2 Crafty Spirit, 6 Supremissy, 7 Harry Mole, 8 Bibendum, 12 Opal Storm, Never Dark, Royal Duke, Impressor, 14 Others.

2025: CHIEF OF STATE 4 9 6, Callum Rodriguez 11-2 (B Haslam), drawn (2), 14 ran.

FORM GUIDE: WITHOUT FLAW 3-1 Went to post early, held up in rear, pushed along 3f out, headway entering final furlong, led entering final 110yds, always doing enough towards finish, won at Catterick 5f hcp 0-55 (6) gf beating Gwen Tennyson by 1l, 7 ran. **CRAFTY SPIRIT** 9-4fav Dwelt start, held up in rear, pushed along and bit short of room over 1f out, headway when in clear final furlong, kept on, 3rd of 9, 1 3/4l behind Azuinthejungle at Beverley 5f hcp 0-70 (5) gf in Jul. **SUPREMISSY** 22-1 Tracked front pair, pushed along well over 1f out, kept on, always just held, 4th of 10, 3/4l behind Thistle Nil at Hamilton 5f hcp 0-65 (6) gs. **HARRY MOLE** 11-2 Mounted chute and went to post early, chased leaders, ridden 3f out, kept on same pace final furlong, 3rd of 12, 4l behind South Parade at Ayr 5f hcp 0-65 (6) gd. **BIBENDUM** 10-1 Held up in rear, ridden over 1f out, kept on and went fifth towards finish, 5th of 9, 6l behind Great at Pontefract 5f hcp 0-70 (5) gf. **IMPRESSOR** 17-2 Mid-division, pushed along 2f out, hung left and weakened over 1f out, 8th of 10, 4l behind Thistle Nil at Hamilton 5f hcp 0-65 (6) gs. **NEVER DARK** 12-1 Led, ridden 1f out, soon headed and one pace, 6th of 10, 1 3/4l behind Thistle Nil at Hamilton 5f hcp 0-65 (6) gs. **OPAL STORM** 9-1 Wore hood in parade ring, midfield, pushed along and headway over 1f out, took second 1f out, outpaced inside final 100yds, weakened towards finish, 4th of 10, 2 1/2l behind Lady Bouquet at Musselburgh 5f hcp 0-55 (6) gd. **ROYAL DUKE** 8-1 Towards rear, ridden to make headway towards centre from over 1f out, outpaced inside final 110yds, weakened towards finish, 7th of 10, 3 1/2l behind Lady Bouquet at Musselburgh 5f hcp 0-55 (6) gd. **COTAI STARLIGHT** 9-1 In rear, squeezed out start, pushed along and outpaced over 2f out, ridden 2f out, headway over 1f out, no impression until stayed on near finish, 5th of 7, 6l behind Tanjen at Hamilton 5f app hcp 0-60 (6) gd. **KEEP THE GOLD** 18-1 Went left start, held up in rear, ridden over 2f out, kept on final 110yds, no danger, 7th of 12, 5l behind South Parade at Ayr 5f hcp 0-65 (6) gd. **KYBER CRYSTAL** 40-1 Close up, pushed along well over 1f out, faded inside final furlong, 7th of 10, 2 1/2l behind Thistle Nil at Hamilton 5f hcp 0-65 (6) gs. **HVAR** 22-1 Prominent, raced towards centre, outpaced over 1f out, soon weakened, last of 9, 17l behind Lamlash Bay at Ripon 6f 3yo hcp 0-65 (6) gd in Jul.

4.30 RACING AGAIN WEDNESDAY 9TH SEPT HANDICAP (DIV 2) (6) 1m 3f Winner £3,402 (10 run) RTV

1 (4) 970 **HILL O RUE** (52) K Ryan 4 9-12 (C) ..... K Stott 70
2 (3) 753 **DR RIO** (15) D Carroll 10 9-11 ..... Z Wheatley 91
3 (2) 557 **TAYLORMADE LAD** (38) M Dods 4 9-10 (CD) ..... C Beasley 99
4 (6) 28- **VAMPIRE SLAYER** D Bourke 6 9-9 ..... D Nolan —
5 (10) 326 **OFF SPIN** (39) T Easterby 4 9-5 ..... S B Kirrane 96
6 (9) 122 **HANSTEEN** (23) J & S Quinn 3 9-3 (BF) ..... J Hart 94
7 (7) 412 **RIDDIKULUS** (12) G Tuer 3 9-0 ..... O Stammers 93
8 (1) 278 **SPEECHMAN** (23) P Kirby 6 8-12 ..... T Kiely-Marshall (5) 84
9 (8) 445 **STAR OF MARKINCH** (27) Gary Rutherford 10 8-12 ..... Rhys Elliott (5) 83
10 (5) 705 **DUE TO SHINE** (27) B Ellison 3 8-4 ..... F McManoman —

BETTING: 5-2 Hansteen, 3 Riddikulus, 9-2 Dr Rio, 11-2 Vampire Slayer, 10 Taylormade Lad, Off Spin, 20 Hill O Rue, 25 Star Of Markinch, Speechman, 33 Due To Shine.

FORM GUIDE: HANSTEEN 8-11fav Took keen hold, led, ridden and headed 2f out, briefly lost second over 1f out, soon outpaced by winner, 2nd of 8, 5l behind Halimede at Catterick 1m 4f hcp 0-60 (6) gf. **RIDDIKULUS** 6-1 Soon raced on second, edged left 7f out, pushed along to chase winner inside final furlong, kept on, always held towards finish, 2nd of 13, 1l behind Saxon Grace at Ripon 1m 2f hcp 0-60 (6) gd. **DR RIO** 12-1 Slowly away, took keen hold, held up in midfield, switched left and ridden 2f out, headway over 1f out, kept on and went third towards finish, 3rd of 8, 3 1/2l behind Ciao Capo at Beverley 1m 2f hcp 0-70 (5) gf. **VAMPIRE SLAYER** 13-2 Dwelt, mid-division, closed into fourth 3f out, ridden and weakened under 2f out, 8th of 12, 18l behind Mr Zippi at Newcastle 1m 4f hcp 0-60 (6) in Dec. **OFF SPIN** 13-2 Midfield, ridden and some headway over 2f out, soon weakened, 6th of 8, 10l behind Pisanello at Redcar 1m 1f hcp (6) gf in Jul. **TAYLORMADE LAD** 7-1 Prominent, pushed along 3f out, outpaced over 1f out, weakened inside final furlong, 7th of 10, 7l behind Phantom Shadow at Ayr 1m 2f hcp 0-60 (6) gf in Jul. **HILL O RUE** 33-1 Midfield, niggled along 5f out, stumbled and rider lost irons 4f out, soon lost position and well beaten, last of 12, 25l behind Royal Blaze at Ayr 1m 2f hcp 0-65 (6) gd in Jul. **SPEECHMAN** 28-1 Midfield, ridden 3f out, briefly went third 2f out, soon weakened, 8th of 9, 19l behind Free World at Catterick 2m hcp 0-60 (6) gf. **STAR OF MARKINCH** 50-1 In rear, ridden well over 3f out, headway over 2f out, plugged on inside final furlong, 5th of 9, 9l behind Sophiesticate at Musselburgh 1m 5f hcp (6) gd in Jul. **DUE TO SHINE** 66-1 Mid-division, switched right and effort 3f out, outpaced 2f out, hung left and no impression on leaders over 1f out, 5th of 10, 9l behind Wicklow Way at Newcastle 1m 2f Classified Stakes (3yo+) (6) in Jul.

5.00 RACING AGAIN WEDNESDAY 9TH SEPT HANDICAP (DIV 2) (6) 1m 3f Winner £3,402 (9 run) RTV

1 (9) 403 **IDYLLIC** (17) W Storey 5 9-12 (CD) ..... G Fairley 95
2 (1) 288 **RORY'S GOLD** (27) S Waugh 4 9-10 ..... Amie Waugh (3) 99
3 (8) 334 **ANNANDALE** (45) J Goldie 8 9-10 (BF, D) ..... Lauren Young (5) 96
4 (2) 594 **LIGHTNING GALAXY** (17) M Dods 4 9-6 ..... C Beasley 99
5 (7) -49 **FARABOVE THE LIMIT** (17) Phillip Makin 3 9-3 ..... S James 87
6 (5) 524 **HEY HAVANA** (8) G Harker 3 9-2 (BF) ..... P J McDonald 95
7 (6) 732 **FALAISE BLANC** (16) K Scott 4 8-13 ..... J Dickson (5) 96
8 (3) 499 **ZEBRA STAR** (19) R M Smith 6 8-12 ..... S B Kirrane 95
9 (4) 555 **ALCANZOR** (12) T Easterby 3 8-4 ..... F McManoman 70

BETTING: 10-3 Falaise Blanc, 7-2 Idyllic, 4 Hey Havana, 5 Annandale, 6 Lightning Galaxy, 14 Rory's Gold, Zebra Star, 16 Farabove The Limit, 25 Alcanzor.

FORM GUIDE: FALAISE BLANC 5-1 Chased leaders, ridden over 2f out, led over 1f out, kept on well inside final furlong, headed near finish, 2nd of 8, hd behind Satyress at Hamilton 1m 4f hcp 0-55 (6) gd. **IDYLLIC** 5-1 Mid-division on outer, pushed along and improved over 2f out, ridden in fourth over 1f out, stayed on, not quite pace to challenge, 3rd of 12, 3/4l behind Naturalia at Ayr 1m 2f hcp 0-65 (6) gs. **HEY HAVANA** 11-8fav Towards rear, pushed along to make headway from 2f out, disputed second inside final furlong, lost two places inside final 110yds, 4th of 9, 3 1/2l behind Supreme Dancer at Carlisle 7f Maiden Handicap (3yo+) (6) gs. **ANNANDALE** 9-4fav Took keen hold in touch, ridden 2f out, stayed on without threatening, 4th of 6, 4 1/2l behind Glasses Up at Ayr 1m 5f app hcp (5) gf in Jul. **LIGHTNING GALAXY** 33-1 Close up, led 3f out, pushed along and headed 2f out, battled on, no extra closing stages, 4th of 12, 2 1/4l behind Naturalia at Ayr 1m 2f hcp 0-65 (6) gs. **RORY'S GOLD** 9-1 Prominent, ridden over 2f out, soon weakened, 8th of 9, 20l behind Coramento at Newcastle 7f hcp (6) in Jul. **ZEBRA STAR** 14-1 Wore hood to post, took keen hold, midfield, ridden over 2f out, weakened final furlong, 9th of 12, 7l behind Patrick Street at Ayr 1m 2f Classified Stakes (3yo+) (6) gd. **FARABOVE THE LIMIT** 40-1 Rear mid-division, pushed along well over 2f out, never on terms, 9th of 11, 4l behind West Tyrone at Ayr 1m 2f hcp 0-65 (6) gs. **ALCANZOR** 25-1 Midfield, ridden and dropped to rear 3f out, minor headway over 1f out, 5th of 7, 10l behind Is She Now at Doncaster 1m 6f hcp 0-60 (6) gf.

NEWTON ABBOT TODAY

Going: Good-good to firm in places

4.42 NATIONAL RACEHORSE WEEK MAIDEN HURDLE (4) 2m 2f 110yds Winner £5,446 (6 run) SSR

1 2/3 **ST JUST IN TIME** (12) Harry Derham 6 11-4 ..... Paul O'Brien 99
2 2P4 **WAIT AT THE GATE** (42) D Bridgwater 7 11-4 ..... B J Powell 70
3 232 **IWANTTOBREAKFREE** (36) D Skelton 4 11-0 ..... H Skelton 79
4 0-5 **NIGHTFLYER** (77) J & A O'Neill 4 11-0 ..... Jonjo O'Neill Jr 77
5 -44 **MARIA MES** (45) J Snowden 5 10-11 ..... G Sheehan 70
6 53- **MORISSETTE** (116) D Summersby 6 10-11 ..... B Carver —

BETTING: 11-10 Iwanttobreakfree, 2 St Just In Time, 8 Nightflyer, 10 Maria Mes, 12 Wait At The Gate, 25 Morissette.

2025: WHATYOUWAITINGFOR 4 11 0, Sam Twiston-Davies 6-4 Fav (N & W Twiston-Davies), 7 ran.

FORM GUIDE: IWANTTOBREAKFREE 15-8 Prominent, ridden to chase winner after 2 out, kept on but no chance with winner, 2nd of 9, 10l behind Provision at Worcester 2m mdn hdl (4) gd in Jul. **ST JUST IN TIME** 3-1 Mid-division, closed into third before 2 out, ridden before last, ran on one pace, 3rd of 7, 5l behind Try Them at Perth 2m mdn hdl (4) gd. **NIGHTFLYER** 18-1 Mid-division, awkward 1st, pushed along 2 out, never involved, 5th of 9, 17l behind Shamsat at Worcester 2m mdn hdl (4) gd in Jun. **MARIA MES** 9-2 In rear, ridden well before 3 out, lost touch after 3 out, never competitive, last of 4, well behind God Of Fire at Newton Abbot 2m 2f mdn hdl (4) gf in Jul. **WAIT AT THE GATE** 25-1 Towards rear, pushed along into fourth before 3 out, no further progress, 4th of 7, 18l behind Square D'alboni at Worcester 2m nh nov hdl (4) gd in Jul. **MORISSETTE** 5-1 Mid-div, prog to disp 2nd, qckndd bef 3out, ev ch when jnd ldr last, just failed, 3rd of 11, 1l behind Back In Favour at Stowlin 3m ire ptp in May.

5.12 WOTTON PRINTERS NEWTON ABBOT NOVICES' HANDICAP CHASE (5) 3m 2f Winner £4,225 (5 run) SSR

1 253 **PREMIER FANTASY** (39) Nick Schofield 7 12-0 ..... J Quinlan 87
2 4P- **BETTER OFF ALONE** (165) M Keighley 7 12-0 ..... F Keighley (5) 96
3 114 **KNIGHTSBRIDGE** (42) J & A O'Neill 6 11-9 (BF) ..... Jonjo O'Neill Jr 99
4 -1P **LYNSEY LARUE** (75) Mrs C Williams 7 10-6 ..... C Ring 96
5 453 **FLASHY BOY** (7) R L Llewellyn 9 10-2 ..... Charlie Price 70

BETTING: 6-4 Knightsbridge, 3 Premier Fantasy, 7-2 Flashy Boy, 6 Better Off Alone, 10 Lynsey Larue.

FORM GUIDE: KNIGHTSBRIDGE 5-2fav In rear, pushed along before 4 out, plugged on past beaten rivals, never involved, 4th of 8, 27l behind Henry Box Brown at Worcester 2m 7f hcp 0-100 (5) gd in Jul. **PREMIER FANTASY** 6-1 Rear mid-division, headway 16th, took third 4 out, pushed along 2 out, no impression when hit last, 3rd of 7, 11l behind My Girl Katie at Newton Abbot 3m 2f hcp chs 0-105 (5) gf in Jul. **FLASHY BOY** 7-2 Held up towards rear, mid-division 9th, headway when mistake 3 out, chased leaders going well after 2 out, ridden approaching last, kept on one pace run in, 3rd of 6, 4 1/2l behind Glenmalure Flyer at Stratford 3m 3f hcp 0-100 (5) gf. **BETTER OFF ALONE** 14-1 Prominent, disputed second behind clear leader after 7th, pushed along and lost ground before 14th, outpaced before mistake 4 out, soon pulled up, in a race won by Express Surprise at Chepstow 3m hcp ch 0-110 (4) sft in Mar, 11 ran. **LYNSEY LARUE** 20-1 Always behind, struggling before 8th, pulled up before 9th, in a race won by Daring Plan at Uttoxeter 3m nov hcp chs 0-100 (5) gd in Jun, 10 ran.

5.42 ITUS EVENT SUPPORT SERVICES NOVICES' LIMITED HANDICAP HURDLE (5) 2m 1f Winner £3,961 (7 run) SSR

1 09- **RUN AWAY JOE** (224) F O'Brien 6 11-12 ..... T Broughton (3) 70
2 823 **BUXTED REEL** T Lacey 7 11-7 ..... S Sheppard 92
3 137 **MOST WANTED** (40) D Bridgwater 8 11-6 ..... B J Powell —
4 355 **LINDEN LANE** (39) Mrs C Williams 6 11-4 ..... Miss E Williams (7) 99
5 96P **PIVOTAL DAYS** (36) S Hosie 4 11-3 ..... E Collier (5) 96
6 246 **ASK PETER** (39) A Honeyball 7 11-1 ..... J Robottom (10) 97
7 5-4 **ESTATE PLANNING** (72) B J Llewellyn & Robert Williams 5 11-1 ..... B R Jones 88

BETTING: 15-8 Busted Reel, 4 Most Wanted, Ask Peter, 9-2 Linden Lane, 6 Estate Planning, 20 Run Away Joe, 33 Pivotal Days.

CAPTAIN BECHER		THE MARQUIS
ST JUST IN TIME	4.42	ST JUST IN TIME
KNIGHTSBRIDGE	5.12	PREMIER FANTASY
BUXTED REEL	5.42	LINDEN LANE
GORE POINT	6.12	GORE POINT
MY GIRL KATIE	6.42	MY GIRL KATIE
THICKTHORN TOM	7.12	THICKTHORN TOM
DONNIE AZOFF	7.42	DONNIE AZOFF

FORM GUIDE: BUXTED REEL 4-1 Chased leaders, made headway after 3 out, ridden next, no impression on first two approaching last, plugged on, 3rd of 10, 8l behind Cawthorne Banker at Uttoxeter 2m hcp hdl 0-100 (5) gd in Jul. **ASK PETER** 14-1 Prominent, pushed along before 2 out, soon weakened, 6th of 8, 13l behind Getmyfriend at Newton Abbot 2m 1f mares mdn hdl (4) gf in Jul. **MOST WANTED** 7-1 Prominent, mistake 4 out, soon ridden and lost position, no impression in rear 3 out, 7th of 8, well behind Mr Mcwhinny at Market Rasen 2m 1f hcp 0-100 (5) gd in Jul. **LINDEN LANE** 9-1 Mid-division, went third at 4th, lost position 3 out, soon well held, 5th of 8, 23l behind Mi Sueno at Newton Abbot 2m 2f hcp hdl 0-100 (5) gf in Jul. **ESTATE PLANNING** 5-1 Held up in rear, headway after 2 out, soon ridden, went fourth before last, plugged on without threatening, 4th of 12, 17l behind Mayday Games at Stratford 2m nov hcap hdl (5) gd in Jun. **RUN AWAY JOE** 80-1 Midfield, hit 1st, dropped towards rear after 3 out, soon struggling, tailed off from 2 out, 9th of 13, well behind Mr Zee at Wincanton 1m 7f hcp hdl 0-100 (5) sft in Jan. **PIVOTAL DAYS** 12S-1 Midfield, struggling and pulled up before 3 out, in a race won by The Grayster at Worcester 2m 4f hcp hdl 0-105 (5) gd in Jul, 13 ran.

6.12 MD ELITE CLEANING HANDICAP CHASE (GBB RACE) (2) 2m Winner £13,202 (6 run) SSR

1 -44 **BREAKING COVER** (39) A Honeyball 8 12-0 (CD2) ..... C Barnent (5) 99
2 645 **CENTARA** (39) P Nicholls 8 11-12 (CD4) ..... P Hanlon (5) 70
3 212 **OBSESSEDWITHYOU** (39) J Snowden 7 11-10 (D6) ..... G Sheehan 83
4 111 **GORE POINT** (5) A Honeyball 6 11-9 (CD3) ..... S Twiston-Davies 75
5 P23 **ICE IN THE VEINS** (58) S-J Davies 6 10-12 (D2) ..... J Best 83
6 -21 **GOWER PRINCE** (12) J & A O'Neill 8 10-7 (D) ..... R McLernon 82

BETTING: 11-8 Gore Point, 3 Gower Prince, 7-2 Obsessedwithyou, 8 Breaking Cover, 10 Centara, 33 Ice In The Veins.

2025: CENTARA 7 11 5, J Tizzall (5) 9-4 (P Nicholls), 6 ran.

FORM GUIDE: GORE POINT 13-8 Soon raced in share of second, tracked leaders from 8th, took second 3 out, led 2 out, went clear before last, ran on well, readily, won at Newton Abbot 2m nov hcap ch (3) gd beating Ice Jet by 5l, 4 ran. **GOWER PRINCE** 12-1 Handy in second, hit 5th, led approaching 3 out, pushed along 2 out and drew clear, ran on well, readily, won at Market Rasen 2m 1f hcp chs 0-110 (4) gd beating Miss Denver by 9l, 8 ran. **OBSESSEDWITHYOU** 6-5 Tracked leader, ridden to chase winner after 2 out, kept on but no match for winner, 2nd of 4, 7l behind Edelak at Stratford 2m nh nov hdl (3) gf in Jul. **BREAKING COVER** 7-2 Raced in fourth, asked for effort after 2 out, went third before last, lost third and no extra run-in, 4th of 5, 4l behind Sir Tivo at Stratford 2m 1f hcp chs (2) gf in Jul. **CENTARA** 6-1 Took keen hold in touch, ridden after 2 out, no impression, last of 5, 34l behind Sir Tivo at Stratford 2m 1f hcp chs (2) gf in Jul. **ICE IN THE VEINS** 14-1 Led, pushed along and headed before 2 out, lost second before last, no extra, last of 3, 26l behind Captain Cool at Stratford 2m 1f nov Limited hcap ch (3) gf in Jun.

6.42 COMPWIZ LTD - IT SOLUTIONS FOR BUSINESS HANDICAP HURDLE (5) 3m 2f 105yds Winner £4,489 (7 run) SSR

1 314 **FINAL ENTRY** (42) D Pipe 5 12-0 (CD) ..... Rian Corcoran (5) 93
2 -14 **JACK THE SAVAGE** (53) L Horsfall 9 11-11 (D) ..... S Bowen 93
3 -11 **MY GIRL KATIE** (5) G Harris 9 11-8 (CD3) ..... C Ring —
4 -76 **TOUCHWOODEXPRESS** (57) N & W Twiston-Davies 7 11-4 (CD) ..... S Twiston-Davies 99
5 /36 **ALBERTS BAY** (92) Miss J Du Plessis 9 10-13 ..... J Best 70
6 278 **MAN OH MAN** (5) D Summersby 7 10-10 ..... B Carver 96
7 347 **BLUE SIAM** (4) S Hosie 4 10-5 ..... E Collier (5) 96

BETTING: 5-4 My Girl Katie, 3 Final Entry, 4 Jack The Savage, 10 Blue Siam, 14 Touchwoodexpress, 20 Alberts Bay, Man Oh Man.

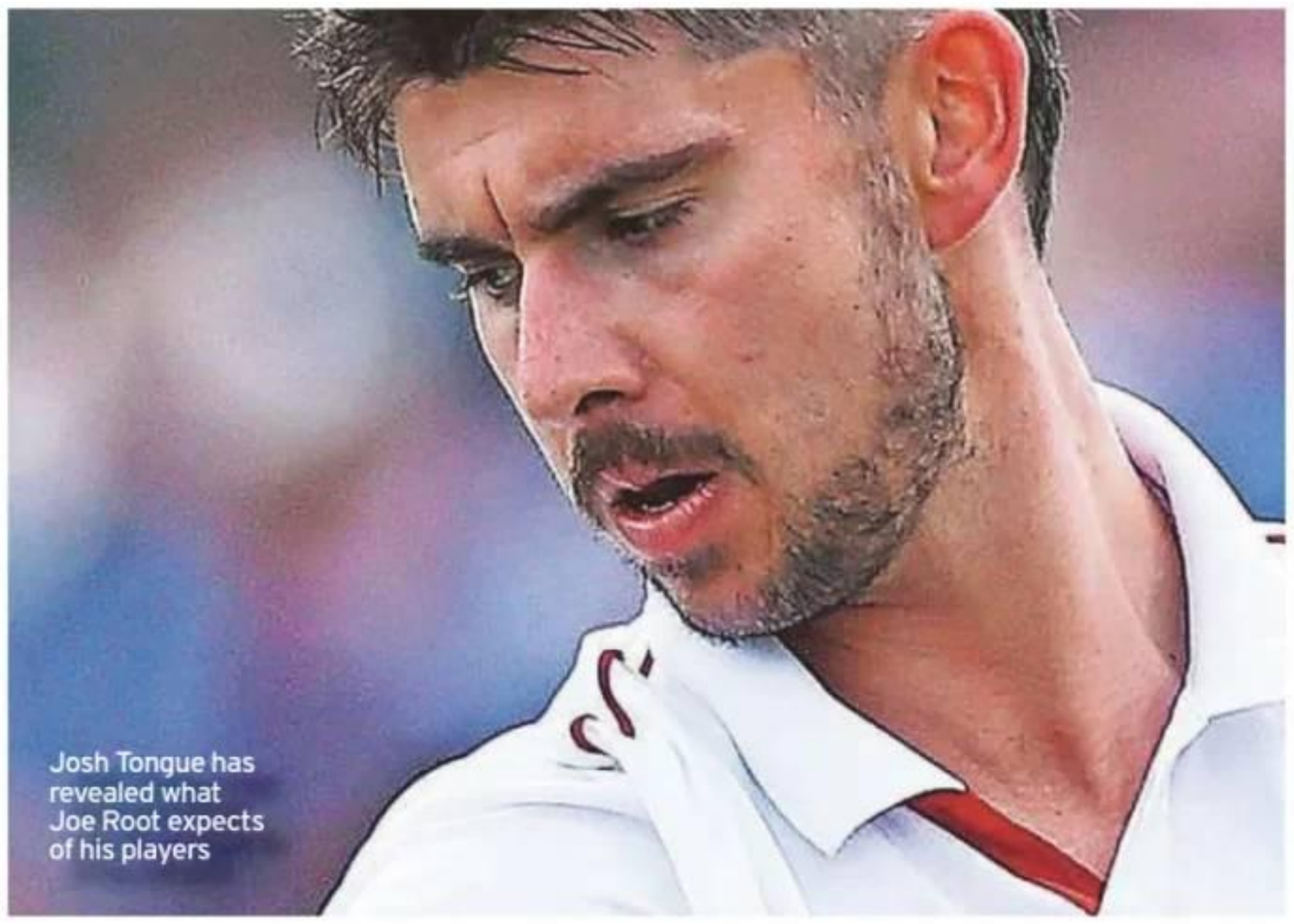
2025: FADED FANTASY 6 11 12, Jack Tudor 9-2 (Christian Williams), 10 ran.

FORM GUIDE: MY GIRL KATIE 15-8fav Held up in rear, headway to close on leading trio before 14th, took second before 3 out, travelled strongly and led last, quickly went clear run-in, readily, won at Newton Abbot 3m 2f cond hcap ch (

Sport

Root's message 'loud and clear', says Tongue

CRICKET
BY RORY DOLLARD


Josh Tongue has revealed what Joe Root expects of his players

JOSH Tongue says straight-talking England captain Joe Root has left his players in no doubt about the standards of behaviour he expects as they look to shore up their image.

Root cut a disgruntled figure on Tuesday as he dealt with the fallout from the latest alcohol-related incident to affect the team, describing himself as 'hacked off' by the episode that saw seamer Brydon Carse briefly arrested outside a Derby nightspot on suspicion of being drunk and disorderly.

He was axed from the squad pending the outcome of an investigation by the Cricket Regulaor, leading Root to hold a 'robust' conversation with the squad ahead of today's second Rothesay Test against Pakistan, setting out his stall having returned as skipper just a couple of weeks ago.

And Tongue admits the message has been heard loud and clear after a 10-month period that has been punctuated by unwanted headlines about off-field conduct.

"We had a chat before training yesterday, as Joe said. It was a very good conversation and he made it clear what he expects from us," he said.

"He's been around the England dressing room for plenty of years now, he knows what it takes to be the top professional and I think we've just got to do the best we can moving forward.

"I think we've just got to make sure we're as professional as we can be. Obviously things have happened and we need to try and move on from them to show all the youngsters growing up wanting to play for England that it's an amazing place to be.

"Playing for England is obviously a privilege. We want to give the next generation the best place that they can be really."

Tongue is one of eight centrally contracted players who have been involved in or present at late night incidents in recent times. He was out with white-ball captain Harry Brook and Jacob Bethell in Wellington when the former was hit by a bouncer the day before an ODI, though the Cricket Regulator found Tongue had no case to answer as he was not in the matchday squad.

In the intervening time the 28-year-old has become one of the team's most reliable performers, making a positive impact on an otherwise torrid Ashes campaign and establishing himself a first choice across all three formats this summer. "I just tried to move on from that (Wellington) situation really and focus on the cricket.

"It's an absolute privilege to play for England, especially walking out and thousands of people watching you," he said.

"Things have been happening off the field but I've been personally trying to sort of forget about it and try and play as best cricket as I can for England and try to put England in best positions to win games of cricket.

"That's why we're here and that's what we want to do for the fans."

McIlroy gets in swing of change

GOLF Rory McIlroy has welcomed the PGA Tour's decision to introduce match play to the Tour Championship, saying the change could provide a more exciting finish to the season.

The new structure will begin in 2028 and will see the season end with a two-week match play event staged at different venues.

PGA Tour chief executive Brian Rolapp announced the plans on Tuesday ahead of this week's Tour Championship at East Lake in Atlanta.

"I think the PGA Tour and the Future Competition Committee and Brian and everyone involved have really taken on board what the fans have been calling for and have wanted, which is match play," McIlroy told a press conference.

"Brian took me through the plan last week for the first time. I didn't really know anything about it.

"It's certainly different. But it's cool. I think they've taken a big swing, and conceptually, I think I really like it."

The new season-ending structure will begin with a 90-player, 72-hole stroke play event.

The points leader at the end of that

Rory McIlroy

tournament will be crowned the season-long champion, while the top 32 in the standings will qualify for the Tour Championship.

Those 32 players will be split into eight groups of four. Each player will face the other three in their group, with the top two advancing to the second week.

The final 16 will then compete over four rounds of match play. Their records will determine the final standings, with the two undefeated players meeting for the title.

"I think all the incentives are there, and the regular season champion is going to be adequately rewarded after that final stroke-play event, and then the Tour Championship match play is going to be completely different," continued six-time major champion McIlroy.

"It's sort of a departure, but I do think it'll be a great thing."

Star duo see off British couple before defeat

TENNIS Star pairing Serena Williams and Carlos Alcaraz defeated Britain's Lloyd Glasspool and his partner Erin Routliffe before losing in the quarter-finals of the US Open mixed doubles.

Williams – a 23-time grand slam singles champion – made her return to tennis in June at the age of 44, while seven-time major winner Alcaraz, 22, had been off the tour since April nursing a wrist injury.

The high-profile duo, *right*, embraced after capitalising on a third match point at Arthur Ashe Stadium to secure a 5-3 4-1 victory in just under an hour.

"I never expected to be back on this court," said Williams.

"It's just a really cool moment, I never thought this would happen." Alcaraz double-faulted on the first point en route to dropping the opening service game and admitted to feeling some nerves.

"I was out for almost five months and I almost forgot how it feels stepping out on the court once again," said the Spaniard.

"She (Williams) made it really easy for me – just to try to enjoy it and go for it every time."

Williams and Alcaraz were subsequently denied a semi-final spot by a 5-4 (4) 4-1 loss to fourth seeds Flavio Cobolli and Belinda Bencic.

Earlier, top seeds Novak Djokovic and Aryna Sabalenka suffered a first-round exit after surrendering a one-set lead to lose to Britain's Henry Patten and Czech player Katerina Siniakova.

Patten and Siniakova – two of the world's top-ranked doubles players – overcame some early nerves to complete a 1-4 4-2 10-2 comeback victory.

Djokovic, a 24-time grand slam singles champion, including four US Open titles, was aced by Siniakova on match point in the tie-break.

Patten, 30, told Sky Sports: "It wasn't looking very good for a while. In this format, we played one bad game and all of a sudden the first set's gone.

"We knew the same was possible in the second set and we played an amazing tie-break." Patten and Siniakova were later beaten 5-4 (6) 4-5 (3) 10-8 by Gael Monfils and Elina Svitolina.

Olympic gold hero to leave her mark

EQUESTRIAN Laura Collett is relishing the opportunity to leave a serious mark at this year's Defender Burghley Horse Trials.

The two-time Olympic gold medallist returns with 13-year-old Bling after the mare's impressive debut at the five-star event 12 months ago, where the pair finished 10th.

With another trip to Lincolnshire looming between September 3-6, Collett, who won team eventing gold and individual eventing bronze at the recent FEI World Championships, is targeting more success on home soil.

"I'm really excited to go back now I know I've got a proper Burghley horse," said Collett, who hails from Cheltenham.

"I always thought she [Bling] was, but last year she gave me a brilliant ride, and we can build on that."

Bling's first Burghley appearance was a step into the unknown for the horse, but she came through that test on eventing's most demanding stage with flying colours.

Cricket

Carse poised for a return with Durham

By NICK LOUGHLIN

AFTER BEING DROPPED BY ENGLAND, PACEMAN TO PLAY FOR HIS COUNTY

Brydon Carse has been playing in The Hundred for SunRisers Leeds and should be back in the Durham side today at Chester-le-Street
ALEX BROADWAY - ECB/ECB VIA GETTY IMAGES

BRYDON CARSE has been included in the Durham squad after being dumped by England this week.

The fast bowler was involved in an incident in Derby on Saturday night, which saw him being handcuffed by police.

He was with some Durham team-mates celebrating their comprehensive win in Derby which keeps them well ahead at the top of the County Championship's second tier.

Carse was filmed by a member of the public while he was detained briefly on suspicion of "being drunk and disorderly" outside Molly Malone's Irish Tavern in the early hours of Sunday morning.

He was instantly dropped from the Test squad for today's second Test against Pakistan at Lord's.

The incident is being investigated by the Cricket Regulator – the sport's disciplinary body – regarding a possible disrepute charge. Carse is centrally contracted by the ECB and England Test skipper Joe Root said on Tuesday he was 'hacked off' and 'disappointed' at events.

But Carse is free to play for Durham as they take on Gloucestershire at the Riverside with a 30-point advantage at the top.

Gloucestershire have a single win to their name this season and sit bottom of the table. They have this week signed former Durham bowler Mitchell Killeen from Essex. Ben Raine is back in the Durham squad following the successful birth of his wife's second child.

Head coach Ryan Campbell said of last week's win: "Obviously it was a really good result for us.

"Everyone is saying the way we've played four day cricket all year that we're just going to romp home in the last six games but we don't feel that.

"We know we have to respect every team we play against and losing the semi-final of the One Day Cup hurt the team but the way the lads showed up, even losing the toss in tough conditions in that first innings when I thought Alex Lees and Graham Clark were outstanding.

"We thought 280 was well above par with our bowling attack and at the end of the day that was the difference because when they get going they are pretty good.

"That second innings, I thought Matthew Potts, if there's anyone around the country who doesn't think that boy can play Test cricket they are absolutely crazy because that pressure he brought along with his ability to nip the ball both ways and never miss the spot is outstanding."

He added: "That was probably Ben McKinney's best innings that he's played for Durham because we were none for one, the ball was nipping all over the shop and he showed his ability to knuckle down and be disciplined outside the off stump but if you gave him anything he was ruthless."

Durham squad: Colin Ackermann, Kasey Aldridge, David Bedingham, Brydon Carse, Graham Clark, Alex Lees*, Ben McKinney, Duanne Olivier, Callum Parkinson, Matthew Potts, Will Rhodes, Luke Robinson, Ollie Robinson+, Ben Stokes.

FOOTBALL

'Striker can handle' top flight physicality

FULHAM boss Alvaro Arbeloa backed new signing Gonzalo Garcia to cope with the increased physicality of the Premier League after moving to Fulham from Real Madrid.

The striker scored on his debut in Monday's 3-2 defeat to Chelsea, reacting quickest to head in after Timothy Castagne's drive had been beaten out by Robert Sanchez.

Despite a difference in the treatment of attacking players in England compared with Spain, his manager is expecting a quick adaptation. Arbeloa said: "This is a very physical league. Defenders can contact with the strikers more than in LaLiga, where maybe the strikers are more protected. But he did an amazing job.

"He can run, he can protect the ball, he can help us in many areas of our game. And obviously he can score goals, that's the most important thing for strikers.

"I'm so happy with him because he knows he will do a lot of good things during the season."

Villa look to offload Martinez to Chelsea

CHELSEA have been offered the chance to sign Aston Villa goalkeeper Emiliano Martinez by his representatives, the Press Association understands.

Villa are looking to offload the World Cup winner following the acquisition of Japan international Zion Suzuki, who they consider to be their long-term number one.

A deal to sell Martinez to Juventus fell through earlier in August and he was not in the squad for the 4-0 defeat to Brighton on the Premier League's opening weekend. Chelsea's goalkeeping situation has been under renewed scrutiny following Robert Sanchez's poor performance in Monday's 3-2 win against Fulham when he was badly at fault in allowing a tame shot from Josh King to squeeze through him.

The club are understood to be considering whether to act to replace Sanchez with Martinez before the transfer window closes.

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Football

Ahoka happy to link with his Congolese pal Sadiki

By SAM ALLEN
Football Writer
sam.allen@reachplc.com

Congo international Noah Sadiki is a friend of new signing Jules Ahoka, below

JULES Ahoka is hoping to lean on others at Sunderland to help him settle in, but admits he was impassioned to join the club with the sales pitch he was given.

The Congolese midfielder moved to Black Cats on a long-term deal from Belgian side Royal Antwerp, having excelled for his nation's U20 side in the prestigious Toulon tournament over the summer.

DR Congo finished fourth in the competition, and Ahoka was a standout performer, earning him a spot in the first team at Royal Antwerp at the start of their season before a swoop by Sunderland.

> "I'm really happy to be here with Noah – he's a good friend, and that's really useful"
> Jules Ahoka on team-mate Noah Sadiki

Sporting director Florent Ghisolfi said the club monitored Ahoka closely before signing him, and once the approach was made, it was an easy decision for the player.

"It's an exciting start for me," said Ahoka. "I've always watched the Premier League on TV, and I'm thrilled to be here. Now, it's up to me to give everything I can to help the club go as far as possible.

"The sporting director and the coach spoke to me about the expectations and ambitions of the club and how I could be an important part of that, playing and gaining confidence as a player.

"Everyone I spoke to believed I would be a good fit at this club and I would be looked after, and even though it is an English club, there are other French speakers in the club to help me settle. So it was an easy decision."

Despite still being so young and moving to another foreign nation in Europe, far away from home, he believes the experience he has already picked up on the continent should serve him well with this latest move.

Ahead of Sunday's first Premier League home game of the season against Fulham, Ahoka explained: "At first, it was difficult for me to come from Africa and play in Europe, but I applied myself to the process and overcame those hurdles. I worked hard in training, started the season and played well.

"I played in four matches [for Antwerp], and the team played well in those matches that I was involved in, so people started to talk about me, and then Sunderland came in for me. It was all done quickly, and I'm here now, and I'm ready."

The midfielder will also have a familiar face alongside him at Sunderland, with fellow DR Congo player Noah Sadiki already established within the squad.

There are also others who can help him settle in, namely, skipper Granit Xhaka, who did an excellent job in his first season of bringing a much-changed Sunderland team together quickly.

"I'm really happy to be here with Noah – he's a good friend, and that's really useful," added Ahoka.

"We didn't get to play together for the Congo national team, as they had left for the tournament before I was subsequently called up, but I'm really happy to get together now.

"I've still got a lot of learning to do, so I can do that from watching how Granit and Noah play as I learn to adapt. The mental side of the game is so important, and if you're not in a good shape mentally, then you aren't going to achieve anything, so that is an area I want to strengthen, amongst others.

"On the pitch is is important to develop collective strength with the rest of the team an communication is a big part of that."

City shell out an £85m fee for teenager

MANCHESTER City have completed the £85.6m signing of Lille midfielder Ayyoub Bouaddi.

The 18-year-old Morocco international has signed a five-year contract at the Etihad Stadium.

The deal is worth an initial £81m with the rest of the fee made up in potential add-ons.

Bouaddi's arrival increases manager Enzo Maresca's midfield options following the recent departures of Rodri and Tijjani Reijnders, with Nico Gonzalez also poised to leave for Newcastle.

He is City's second major summer signing after the £116m capture of Elliot Anderson from Nottingham Forest. The fee makes him the most expensive teenager in Premier League history.

Bouaddi, *pictured*, who impressed during Morocco's run to the World Cup quarter-finals, has made 96 appearances for Lille since breaking into their first team at the age of 16.

That made him the youngest player in the club's history and, after helping Lille to third in Ligue 1 last season, he now sees City as the ideal place to continue his development.

"Manchester City are, for me, the best club in the world," he told the club's media channels.

"It's a dream to be here and be able to call myself a City player. I have spent most of my life working hard to become the best player I can be and reach the top. I've watched City for many years, and I love their style of play. City always try and play quality football and they have shown they are winners – this club feels like it's built to win. The squad is world class and Enzo (Maresca) is a top manager.

"I have plenty of improving to do, I am only 18."

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Anthony Elanga's goal against Liverpool on Sunday was in sharp contrast to how he began his first season with Newcastle
GEORGE WOOD/GETTY IMAGES

Composed finish by Elanga was in stark contrast to his debut

FRONT MAN'S FAILURES FADE AFTER FIRING HOME

By SEAN MCCORMICK
Newcastle United football writer
sean.mccormick@reachplc.com

WHEN Anthony Elanga raced through on goal in the fourth minute of Newcastle's 2-2 draw against Liverpool on Sunday it felt like a huge moment.

It was 12 months ago on his debut where he was faced with a similar chance against Aston Villa on his debut for the Magpies. Sandro Tonali's through-ball split the Villa back line and Elanga raced on to the ball before seeing his effort from point blank range saved by Marco Bizot.

The £55m summer signing would go on to struggle in his first season on Tyneside, looking a shadow of the player who had grabbed six goals and 12 assists the season previously with Nottingham Forest.

Despite scoring a brace against Barcelona in the Champions League and a goal in the Carabao Cup semi-final against Manchester City, the Swedish international netted zero Premier League goals in his first season for the Magpies.

That miss at Villa Park felt like a sliding doors moment and there was an inescapable sense of de ja vu on Sunday when that chance presented itself.

Elanga had enjoyed a fantastic World Cup, scoring twice as Sweden qualified for the knock-out stages before losing to France, and has looked electric during pre-season, too.

In order for that positive momentum to continue he had to take his chance on Sunday, and he did just that, sprinting 61 yards to beat Milos Kerkez to Will Osula's through ball before rifling his effort across Alisson and into the bottom left-hand corner.

> Elanga has run 61 yards before he touches the ball. The first touch is sensational and the finish is brilliant
> Jamie Carragher

It not only gave Newcastle an early lead but an insight into how Matthias Jaissle wants to get the best out of the 24-year-old this season – using his electric pace to Newcastle's advantage.

The Magpies want to be aggressive and front-footed in their press and they want to be ruthlessly efficient when they recover possession. Jaissle wants his team to be as close to the goal as quickly as possible. Elanga will be key in that.

He started on the right hand side of Newcastle's 4-2-3-1 formation with Yoane Wissa playing in the number 10 role behind Will Osula up front. But Wissa and Osula's work off the ball was notable and it actually allowed Elanga to 'cheat' a bit defensively in order to make him their principal threat going forward.

Wissa was involved in more duels than any other Newcastle player on the pitch (19) and won more fouls (four) than any of his team-mates. His industry took him everywhere on the pitch and Osula worked back, too, to help his team-mates.

It meant Elanga's average position was the highest forward of all of Newcastle's players on the day, allowing the Magpies to keep him as an outlet for their counter-attacks.

But even when he was deeper, he still affected things going forward, as his goal displayed. He had to travel from deep inside his own half to latch on to the ball, leaving Kerkez for dead before firing Newcastle ahead.

The manner in which he did so even had Sky Sports pundit Jamie Carragher comparing him to Thierry Henry.

"Look at Elanga and the distance he has got to make up on Kerkez," Carragher said on Monday Night Football. "It reminds me of Thierry Henry against me so I can't say too much – but Elanga has run 61 yards before he touches the ball. The first touch is sensational and the finish is brilliant as well."

According to Opta, Elanga and Wissa were Newcastle's best players on the day, both scoring 7.84 on their points metric ratings system.

Having failed to score in 32 Premier League appearances last season, managing to do so in the opening game this season should give him huge belief and a platform to build on heading into the rest of the campaign.

When opportunity knocked for Knox, the firm went all in

NEWCASTLE United donned their new home kit for the first time in a competitive fixture over the weekend as they played out an entertaining 2-2 draw with Liverpool at St James' Park.

And that also meant they wore kits with their main kit sponsor, Knox Hydrate, emblazoned on the front of their shirts for the first time in what is the first of a three-year £60m deal for them to be the front of shirt sponsor.

That deal came after the club's training ground was rebranded as the Knox training centre after they also struck a deal to be the sponsor of Newcastle's Benton base.

As such, their presence in Newcastle is being continually felt, with Knox beginning to be rolled out across the UK. It has been noted by eagle-eyed fans on social media that, in press conferences, head coach Matthias Jaissle has been drinking a can of Knox and ensuring the label is visible for the TV cameras.

But across the last couple of weeks, Knox co-founder Ethan Hughes, CEO John Schaefer and director of global marketing Mark Jacobs have been ingratiating themselves into Tyneside life.

The trio were present for the Visit Malta Weekender in pre-season, with Newcastle's men taking on Bayer Leverkusen and Strasbourg and Newcastle's women facing Inter Milan.

The Knox chiefs first took in a match at St James' Park in January when the Magpies beat PSV 3-0 in the Champions League but they will now start to become more recognisable and frequent visitors to the stadium.

They were there for Newcastle's pulsating 2-2 draw with Liverpool, too, rounding off a trip where they spoke to fans in the city's pubs and restaurants – putting £1,000 behind the bar in the Dubliner pub on the Quayside over the weekend.

They also played a role in the Newcastle United Business Club event in the stadium earlier this week, while also speaking to reporters ahead of a media game that was put on at the training ground last week.

As well as Newcastle, Knox also have a high-profile partnership with the UFC (Ultimate Fighting Championship), owing largely to the fact that mixed martial artist and former UFC middleweight world champion Dricus Du Plessis is a co-founder of the company.

After Sela's multimillion-pound deal came to an end at the end of last season, and the efforts they made to put on light displays for supporters and sponsor the Stack complex outside of the stadium, Knox had a big act to follow. But they have made a positive start to following in those footsteps across the last couple of weeks.

Head coach Matthias Jaissle has kept the Knox brand front and centre in press conferences
SERENA TAYLOR/NEWCASTLE UNITED VIA GETTY IMAGES

NUFC

Neave – I'll take loan move for game time

NEWCASTLE United forward Sean Neave has hinted he would be open to a loan move in the next week in order to get regular senior football.

The 19-year-old outgrew under-21s football last season, scoring 16 goals at youth level as well as being involved in several matchday squads with the senior side.

Neave made his Newcastle debut as a substitute in a Champions League win over Qarabag last term and backed it up by making his Premier League debut from the bench in a 2-0 defeat to Fulham on the final day of the season.

It was after that game in Craven Cottage back in May that he first hinted he felt he was ready for a loan move this season and, when being interviewed after being presented with a Premier League match ball to commemorate his first appearance in the competition, he has reiterated that desire.

"I want to be playing senior football week-in, week-out even if that's a loan or getting dipped in and out of games here, trying to impress the gaffer," Neave told Newcastle's official website.

"Whatever it is, I just want to be playing football. That's my passion and I hope this season goes well."

Neave has impressed Matthias Jaissle during pre-season and featured in five out of seven Newcastle friendlies, scoring in a 3-0 win over Darlington back in July.

Neave played only the first 45 minutes of the under-21s' 3-1 defeat to Tottenham on Monday and is expected to be involved in this evening's Carabao Cup second round clash against West Brom.

He will hope for some minutes to put him in the shop window with, as we reported last week, a number of EFL clubs hovering to take him on loan this season.

Sean Neave

Pressure's off for Jaissle as Magpies look to stabilise

Matthias Jaissle

By LEE RYDER
Chief Newcastle writer
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MATTHIAS Jaissle doesn't need to get credit in the bank with Newcastle United fans after impressing already during the early stages of his tenure.

When asked if he could transfer the magic of winning cups in Saudi Arabia and Austria to English shores, he simply admitted: "It would be nice."

Responding with clipped answers is already a stand-out feature of his dealings with the Press, and it became pretty evident he won't be holding court with reporters like Eddie Howe did between 2021 and 2026 from his early media briefings.

> **In the short-term, simple wins and signs of progress, win will be the order of the day**

One Toon insider told us that his press conferences in the Saudi Pro League, while in charge of Al-Ahli, were short affairs, with Jaissle essentially delivering a couple of statements without being questioned before a polite farewell.

But strict rules in the Premier League demand more time of top-flight head coaches and a league deadline of around 1pm to conclude the press conference on a Friday to satisfy broadcasters.

Howe held his press conferences at 9am on Fridays, but Jaissle opted for a Thursday afternoon at 4pm last week, and this week it is set to take place at 6pm for a teatime slot. The reason it will take place at this time is down to the team training later on the back of the West Brom game, and Jaissle will hope to be in good fettle by then.

Newcastle have a free hit at domestic success with no European action this season.

Rewind to last season, and the official internal aim of the Magpies was to get into the Champions League, something that was posted on the training ground wall 12 months ago. That particular message did not age well as Newcastle spluttered to 12th place in the Premier League with no Europe or any cup success to sing about.

If we are to take anything from what CEO David Hopkinson said in March, when Howe was under fire, you'd expect that a realistic aim for Jaissle this season is a Europa Conference League spot. If he betters that, by lifting a trophy, or qualifies for the Europa League or, dare I say it, the Champions League, he's had an amazing first campaign in charge.

Bearing in mind he has penned a four-year contract, a season of stability and perhaps a top 10 spot would also be tolerated, but that will be all about how he goes about his business.

The board can't expect too much after a summer of change and a new policy of signing youngsters, but they can at least aim high.

That is all long-term stuff, but in the short-term, simple wins and signs of progress, win will be the order of the day.

Howe 'earmarked for England job', say ex-Premier League stars

EDDIE Howe has been earmarked for the England job after Thomas Tuchel, it has been claimed.

Howe stunned Newcastle fans in the summer by leaving after almost five years in the job. While his last season was a disappointment, the former Bournemouth boss remains highly regarded in the game, having led the Magpies to Carabao Cup glory in 2025 and the Champions League.

He is now taking a break from the game to spend time with his family, but the 48-year-old will have plenty to offer the game when he returns to the dugout. According to Premier League legends Paul Scholes and Dion Dublin, his next job will be with his country.

The pair were responding to a question on The Good, The Bad and The Football show about whether Howe could be the next Manchester United manager. Dublin said: "I think England before Man United. I think they've earmarked him for England."

Scholes agreed but added that the prospect of Howe managing Man United wasn't completely out of the question if Michael Carrick's tenure goes wrong. Scholes said: "If it's a complete disaster for Michael, it wouldn't be the biggest shock in the world, would it?"

However, he pointed out that international management was no longer an older manager's game, adding: "International managers are becoming younger and younger. It used to be you'd get to 60 [and you'd think] 'I can have a nice little 10 days each month'."

Howe will have to wait before potentially landing the England job, with Tuchel's contract with the FA expiring after Euro 2028, which will be held around the UK, with St James' Park hosting five matches.

Gonzalez flies in for his medical at Magpies

CITY STARLET SET TO BE CLUB'S SEVENTH SIGNING

By SEAN MCCORMICK AND DAVID CHARLESWORTH, PA
sean.mccormick@reachplc.com

NICO Gonzalez has arrived in Newcastle to complete the final details of his move from Manchester City.

The 24-year-old Spanish midfielder is set to cost the Magpies up to £52m, according to reports.

Gonzalez, who joined City from Porto at the end of the 2025 winter transfer window, is a defensive midfielder and could help bolster the Newcastle midfield.

He started 17 Premier League matches for City last season, making a further eight appearances as a substitute. He would be Newcastle United's seventh senior signing of the summer transfer window.

After the exits of Bruno Guimaraes and Sandro Tonali in midfield this summer, Newcastle want to add some Premier League experience in the middle of the park alongside their current midfield options.

Gonzalez, 24, will arrive with plenty of excitement having come through Barcelona's academy before excelling in Portugal with FC Porto. The Spaniard joined City in February last year after Pep Guardiola pushed through a move before the summer window and he dubbed Gonzalez a 'mini Rodri'.

He has made 59 appearances for City in that time, scoring four goals – including a screamer in their FA Cup semi-final win over Southampton last term, and has had varying levels of success at the Etihad Stadium.

So are Newcastle getting a top class midfielder or a Manchester City cast-off? We spoke to the Manchester Evening News' Manchester City reporter Simon Bajkowski to get the lowdown on Gonzalez.

What type of player is Gonzalez, and what can Newcastle fans expect?

"He's a tenacious midfielder with an eye for a pass who will give everything. He played and played and played during the most difficult part of the season for City last season, until his body gave up on him, and he did it because Pep Guardiola and the team needed him.

"He is exactly what you would expect from a player who was brought through in La Masia and then went to play for Sergio Conceicao's Porto, mixing control on the ball with a bite out of possession. But he ultimately never convinced enough on either front at City."

City fought hard to sign Gonzalez last year. What did they see in him?

"Not to take anything away from the signing but they were in desperate need of a midfielder with Rodri ruled out for the season and other options falling by the wayside.

"Gonzalez was seen as somebody who could take on that role and had Guardiola raving after just one game that he was a mini-Rodri, only for him to fall out of favour after a few months."

How would you assess his 18 months at City, and why is he moving on?"

Really weird. It has been a strange time at City anyway with so much change at the club but Gonzalez is probably the strangest. For nearly half a season he was the most important player yet months later he wasn't making matchday squads.

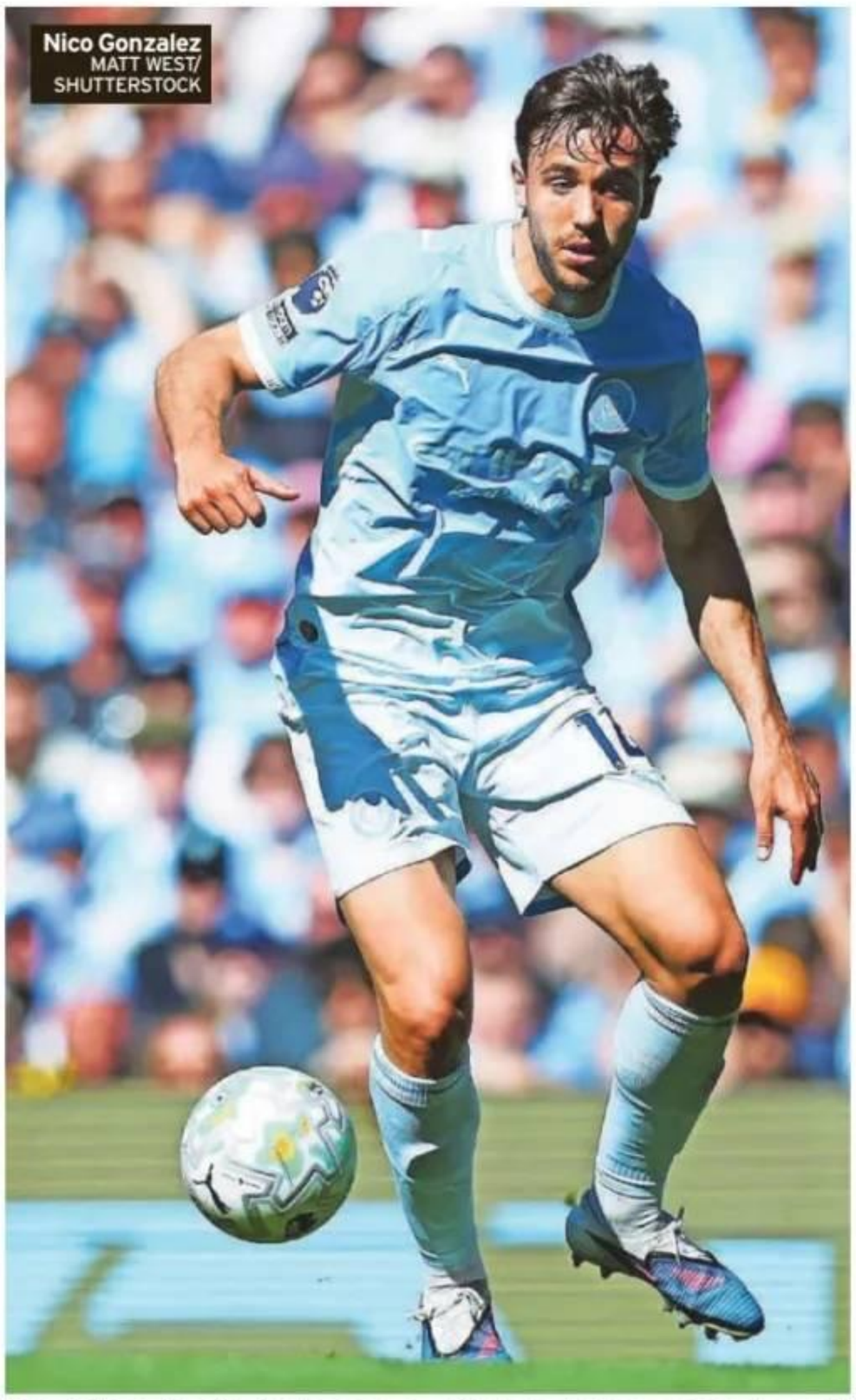
"Out of all the departures this summer as well, he is the only one that didn't really want to leave. He was happy enough on the pre-season tour and said he'd be happy to stay even as a squad player and contribute to whatever success he could at the Etihad."

Do you think he will be a success at Newcastle?

"He definitely can be. The stats will say he is among the best in the league in some important metrics for a midfielder and he has the attitude to keep improving.

"He is only pretty young still as well, it should not be forgotten. Obviously Newcastle have had a big summer of change as well though so it may not be the best environment for him to be thrown straight into.

"There will be lots of City fans hoping he does well because he has served the club well in his short time in Manchester."



Nico Gonzalez MATT WEST/ SHUTTERSTOCK

Sterling charged after M-way crash

FORMER England forward Raheem Sterling has been charged with dangerous driving and possession of nitrous oxide after a crash involving a Lamborghini on the motorway, police have said.

Hampshire and Isle of Wight Constabulary said the charges followed a single-vehicle collision on the M3 southbound, near Minley interchange, on May 28.

The 31-year-old is accused of dangerous driving, possession of nitrous oxide for wrongful inhalation and failing to provide a specimen.

The force said that no other vehicles were involved in the collision and no injuries were reported.

Sterling, from Berkshire, is due to appear at Basingstoke Magistrates' Court for a hearing on September 15.

He scored 20 goals in 82 appearances for England, helping Gareth Southgate's side reach the 2018 World Cup semi-finals and the final of Euro 2020.

He came through the academy at QPR before joining Liverpool, where he made his senior debut.

Sterling, who was born in Kingston, Jamaica, moved to Manchester City in 2015 and won four Premier League titles, five League Cups and the FA Cup in 2019.

He left for Chelsea in 2022 but after falling out of favour spent the 2024-25 season on loan at Arsenal.

After leaving Stamford Bridge, Sterling joined Dutch club Feyenoord on a short-term deal until the end of the season.

He is currently without a club.

In the 2021 Queen's Birthday Honours, Sterling was made an MBE for services to racial equality in sport after fronting anti-racism and discrimination campaigns and speaking out strongly against racism on and off the pitch for several years.

It came amid controversy over England fans booing players taking the knee at matches as a gesture against intolerance.

Jean-Philippe Mateta of Crystal Palace

Villans make a move for Palace striker Mateta

ASTON Villa have submitted a bid for Crystal Palace striker Jean-Philippe Mateta, although it falls below the London club's valuation of the France international, according to The Athletic.

Villa are also close to agreeing a £59.8m deal for Chelsea and Senegal striker Nicolas Jackson, as reported by French outlet Foot Mercato.

And Nottingham Forest are in talks with Corinthians over a move for 20-year-old Brazil midfielder Andre, according to the Mail.

Meanwhile, Chelsea defender Axel Disasi has joined Crystal Palace on loan for the season.

The 28-year-old has been part of a group training separately from the main Chelsea squad having spent last season on loan at West Ham.

He was told at the start of the 2025-26 campaign he had no future at Stamford Bridge. He went on to impress at the London Stadium after moving in January, but could not prevent the club's relegation to the Championship.

Nottingham Forest winger Dilane Bakwa has signed for Lille on a season-long loan. Bakwa played 24 times in a difficult first season at the City Ground following his 2025 transfer from Bordeaux. He now returns to his homeland where he will spend the campaign in Ligue 1.

Raheem Sterling, pictured in April last year

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Cats linked to Grealish and close in on Paixao

NICK LOUGHLIN

SUNDERLAND are looking into a deal for Manchester City outcast Jack Grealish.

The attacker is one of a number of wide options the Black Cats are considering as they boost their squad ahead of Tuesday's transfer deadline.

Brazilian winger Igor Paixao is also set for a move to Sunderland from Marseille.

The Cats have made an offer to sign 30-year-old Grealish on loan. He has one year left on his contract at the Etihad Stadium and Sunderland are keen to turn any loan deal into a permanent transfer next summer.

They would partially cover Grealish's reported £300,000 a week wages – which is what Everton did when he was on loan at the Hill Dickinson Stadium last season. The Toffees reportedly covered 75% of his wage.

He appeared 22 times under David Moyes and scored twice, but a foot injury cut his season short and he was not included in England's World Cup squad. A return to Everton is a possibility.

Man City boss Enzo Maresca has not ruled out a sale in the coming days and said at the weekend after Grealish was introduced as a substitute against Bournemouth: "He is here and it is my duty to coach Jack and to try to get the best. Then it is one more week to go and we will see what happens. Not only with Jack but also other players."

Meanwhile, the Black Cats have reportedly agreed personal terms with Paixao and look poised to beat Leeds United to his signature.

Leeds have long been linked with the 26-year-old, and were following his progress at Feyenoord before he left the Dutch league for France, but Sunderland now are in pole position.

Marseille need to reduce their wage bill and move players on after missing out on Champions League qualification, freeing up Sunderland to jump in.

Paixao, *pictured*, is one of Marseille's more exciting players, someone who is described as 'making a difference' to their team. He has made 43 appearances for Marseille, weighing in with 12 goals and eight assists across all competitions.

The Black Cats have been targeting an additional winger throughout the summer, but after becoming frustrated with attempts to land Geny Catamo of Sporting, attention is now on Paixao and Grealish.

ROOTING OUT TROUBLE

> Joe Root, left, and Rob Key of England on the dressing room balcony at Lord's yesterday. Josh Tongue has revealed what Root expects of his players, in the fallout from the latest alcohol-related incident to affect the team. Page 38 Philip Brown

> Nico Gonzalez celebrates scoring for Man City in November

Magpies say Hola! to Gonzalez

NICK LOUGHLIN

NICO Gonzalez is set to complete his move to Newcastle United from Manchester City. The 24-year-old Spanish midfielder will cost the Magpies up to £52m.

Gonzalez, who joined City from Porto at the end of the 2025 winter transfer window, is a defensive midfielder and is viewed as someone to add some strength to the Newcastle engine room in the absence of Bruno Guimaraes, who has moved to Arsenal, and Joelinton who is sidelined with injury. The Brazilian is expected back in mid-September, with the game at Leeds on September 14 the target.

Gonzalez started 17 Premier League matches for City last season, making a further eight appearances as a substitute and was viewed as a key performer by many at the Etihad Stadium. He will be Newcastle's seventh addition of the summer, after winger Bazoumana Toure, Dutch midfielder Sean Steur, French midfielder Aladji Bamba, Bosnian full-back Amar Dedic and goalkeepers Lukas Hornicek and Ewen Jaouen.

Newcastle have lost two other key performers – winger Anthony Gordon and midfielder Sandro Tonali, who have joined Barcelona and Tottenham respectively.

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